



Institut de Recherche en Informatique de Toulouse

Vers une utilisation "sobre" des centres de données

Les sciences sociales à la rescousse de l'informatique

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About me

- Maël Madon, 2nd year PhD student
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- Supervisors:
 - Georges Da Costa
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Context

Global

ICT industry



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Efficiency in data centers

- Energy efficiency (virtualization, workload consolidation, DVFS...)
- Use of renewable energies (workload adaptation to power envelope, geographic load shifting, ...)
- Data center environment (cooling management, waste heat utilization, use of batteries)



Efficiency techniques

Before

After







Sufficiency

(fr: "sobriété")

"A set of measures and daily practices that **avoid demand** for energy, materials, land and water while delivering **human well-being for all within planetary boundaries**." (IPCC, 2022)



Kate Raworth's "donut"

Sufficiency in data centers?

- Environmental ceiling \rightarrow LCA
- Social foundations \rightarrow social sciences
- Previous works:
 - **simulation** (EuroPar'22): understand how the user submission behavior affects the load in a data center
 - **qualitative study** (ICT4S'23?): digital sufficiency in flexible work



The study: Digital Sufficiency in Flexible Work

Definitions & goal

• Digital Sufficiency¹

any strategy aimed at reducing the *demand* for digital devices or services

• Case of flexible working

a way of working that suits an employee's needs, for example having flexible start and finish times, or working from home

How much and which cloud usage is "sufficient" for flexible work?





Research questions

- What do we do on our computers? Which tasks are cloud-based?
- Among the cloud-based tasks, which ones are perceived as *necessary*, and under which circumstances?
 - identify tactics toward sufficiency





Qualitative research method

Data collection

- 3 focus groups
- 2 companies
- 11 participants



Focus group

List the tasks that you do on your computer/phone in your working day.



For each cloud-based daily task **Could you do without?**

- If yes, how?
- If no, why?

Which of them are cloud-based?



Imagine now: **"Superfluous" tasks can be enabled/disabled**

- do you see potential **benefits**?
- and any **challenges**?



Data analysis



Notebooks / Digital Sufficiency

🖹 Pages 👒 Coding 💻 Memos

Focus Group A

Maël Madon 58 days ago · Show only my coding

- #1 [What is flexible work for you? (9:54→17:24)]
- #2 Mod1: instead of, like, talking about just the phone and our personal use, focus on our work use and try to, like, think about the digital technologies that we use and, like, how it was 10 years ago, why... is that necessary? Superfluous? and stuff. So we will start with a round the table. So, I know that you answered the form already but I just want to know what is flexible work for you, how is your working week organized? ... So whenever someone wants to...
- #3 P2(Y): So I'm mostly working from home. I think, 80%, and one day here

work_setting / work_location/home

- #4 P1(Rm): that's 4 out of 5 days, right?
- #5 P2(Y): yeah, that's flexible work for me because I can.. we do have a daily standup and a specific time so you need to be there. But other from that I can do whatever I want: if I want to work, I can work, if I want to do groceries I do that. So that's kind of flexible work for me as a definition.

- #6 Mod1: any other locations? Home and office, right? P2(Y): yeah, that's it
- #7 Mod1: you want to note them down? Two words, left colum, "work location" Mod2: yeah

choice_of_location / task_driven/task_locality
Coding by Mael Madon 17 days ago · Remove
work_setting / work_hours/flexible
Coding by Mael Madon 58 days ago · Remove

Results

List of digital usages

Categories of cloud-based tasks:

- 1. interactive (needs constant access)
- 2. offline with regular synchronization
- 3. off-cloud

Suggestion towards sufficiency:

Moving from (1) to (2) or from (2) to (3)

Task	#	
email	9	
messaging	6	
planning	5	
online meeting	6 5 5 4	
phone		
reviewing	4	
project management	4	
data analysis	4	
preparing presentation	3	
giving presentation	4 4 3 3 3 2 2 1	
gathering information (internal)	3	
gathering information (external)	3	
writing time	2	
writing documents	2	
watching video	1	
taking notes	1	
online training	1	
online presence	1	
creating visuals	1	
brainstorming	1	
attending digital event	1	

Work setting

Reasons to choose a location:

- task driven
- opportunistic driven
- no choice

Choice of tasks driven by location:

- location highly interchangeable
- tasks in the train:
 - individual tasks (email, reading up, ...)
 - no meeting

Suggestion towards sufficiency:

Planning ahead for quality work in the appropriate environment

Suggestion towards sufficiency:

Working from constrained environments allows progressing on individual tasks while reducing digital usage to the essential

Zooming in: online meetings

Necessary	Superfluous
Save travel time To keep human contact Easier to arrange For team work Camera for facial expressions 	Too many meetings Too long meetings Recurring meetings Duplication of channels

Suggestion towards sufficiency:

Understand the nature of the service rendered by the task = what should be focused on for sufficient use

Tactics towards sufficiency

- 48 tactics extracted from the focus group discussions
- Example:

Tactic	Goal	Classification
set mailbox quotas	countering data accumulation	system-oriented
block focus time in agenda	increasing focus	human-oriented
prepare before meeting	rationalizing meetings	human-oriented
give more freedom to employees to use their device	avoid overconsumption	context-oriented

Discussion

Dimensions of digital sufficiency

- Multi-dimensional
- Multi-stackholder
 - \circ producer/developer
 - \circ seller/provider
 - private user
 - $\circ \quad \ \ organizational \, user$
 - policy regulator
 - civil society



Credits

- icons: <u>www.flaticon.com</u> and <u>www.vecteezy.com</u>
- images: <u>www.pexels.com</u>