tmux and screen cheat-sheet
^ means ctrl+, so ^x is ctrl+x. M- means alt+, so M-x is alt+x

Action	tmux	screen
start a new session	tmux **or** tmux new **or** tmux new-session	screen
re-attach a detached session	tmux a (attach **or** attach-session)	screen -r
re-attach an attached session (detaching it from elsewhere)	tmux a -d (attach -d **or** attach-session -d)	screen -dr
re-attach an attached session (keeping it attached elsewhere)	tmux a (attach **or** attach-session)	screen -x
re-attach a detached session (multiple sessions)	tmux a -t <session id>	screen -r (<named session> **or** <sessionnumber>)
detach from currently attached session	^b d **or** ^b :detach	^a d **or** ^a :detach
rename-window to newname	^b , <newname> **or** ^b :rename-window <newname>	^a A <newname>
list windows	^b w	^a w
list windows in a menu	^b w	^a "
go to window #	^b #	^a #
go to last-active window	^b l	^a l
go to next window	^b n	^a n
got to previous window	^b p	^a p
help (keybindings)	^b ?	^a ?
list sessions	^b s **or** tmux ls **or** tmux list-sessions	screen -ls
create a new shell in current session	^b c	^a c
exit current shell/window	^d	^d
split horizontal	^b "	
split vertical	^b %	
switch to other pane	^b o	
kill the current pane	^b x **or** (logout/^D)	
break the curren t pane out (to form new window)	^b !	
show time	^b t	

Trust manpages more than us. This document is old and not very up-to-date.