



noisy quantum channel.

Now want to transmit quantum states

Rk:  $W$  is not necessarily communication link, it can be the memory of a quantum computer.

Def: An  $(M, \epsilon)$  quantum code  $(E, D)$  for a quantum channel  $W: L(A) \rightarrow L(B)$  is given by:

$$\left. \begin{array}{l} \cdot E: L(Q) \rightarrow L(A) \\ \cdot D: L(B) \rightarrow L(\hat{Q}) \end{array} \right\} \text{quantum channels}$$

$$\text{with } \dim(Q) = \dim(\hat{Q}) = M$$

$$\text{and } 1 - \epsilon \leq \int F\left(14 \times 14, D \circ W \circ E(14 \times 14)\right)^2 d\psi$$

normalized unitarily invariant measure  
unit vectors in  $Q$

Rk: \* For classical information, replace measure  $d\psi$  with uniform distribution over a fixed basis. In that case, we may assume  $F \in \{0, 1\}$

\* Other measures are also possible:  $F \geq 1 - \epsilon \nmid 14$   
All can be related.

\* It is not a priori clear that "interesting" encodings exist. In fact, because of "no-cloning" unclear how to add redundancy to improve error.

Def: The quantum capacity of  $\mathcal{W}$  is defined

$$Q(\mathcal{W}) = \lim_{\epsilon \rightarrow 0} \lim_{n \rightarrow \infty} \frac{\max \{ \log M : \exists (M, \epsilon) \text{ code for } \mathcal{W}^{\otimes n} \}}{n}$$

Ex:

•  $\mathcal{W}(S) = \text{Tr}(S) \sigma$  ← fixed state.

If  $(\mathcal{E}, \mathcal{D})$  is an  $(M, \epsilon)$  code then for

$$\int \langle \psi | \mathcal{D} \circ \underbrace{\mathcal{W} \circ \mathcal{E}}_{\sigma} (|\psi\rangle\langle\psi|) d\psi \geq (1 - \epsilon)$$

$$\int \langle \psi | \mathcal{D}(\sigma) | \psi \rangle d\psi \geq (1 - \epsilon)$$

$$\text{Tr} \left( \int |\psi\rangle\langle\psi| d\psi \cdot \mathcal{D}(\sigma) \right) \geq (1 - \epsilon)$$

By unitary invariance,  $\int |\psi\rangle\langle\psi| d\psi = \frac{I_{\mathcal{H}}}{M}$

$$\text{So } M \leq \frac{1}{(1 - \epsilon)}$$

and  $Q(\mathcal{W}) = 0$  as expected.

The definition of average fidelity might seem complicated to compute but it is actually simple.

Will use instead the channel fidelity  $F_c$

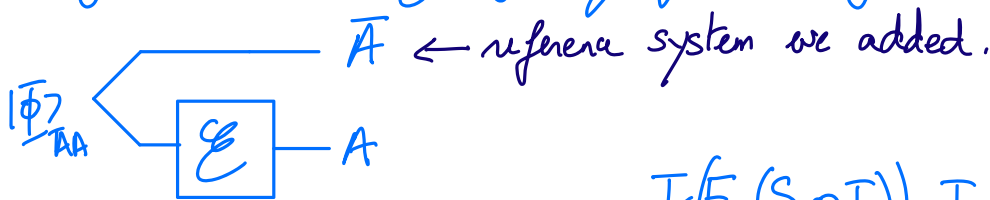
Prop: For a quantum channel  $\mathcal{E}: L(A) \rightarrow L(A)$  we have

$$\int \langle \psi | \mathcal{E}(|\psi\rangle\langle\psi|) | \psi \rangle d\psi = \frac{d \cdot F_c(\mathcal{E}) + 1}{d+1} \quad d = \dim A.$$

where  $F_c(\mathcal{E}) := \langle \Phi_{AA} | (\mathbb{I}_A \otimes \mathcal{E})(|\Phi\rangle\langle\Phi|_{AA}) | \Phi \rangle_{AA} = \frac{1}{d^2} \sum_{a,a'} \langle a | \mathcal{E}(|a\rangle\langle a'|) | a' \rangle$

where  $|\Phi\rangle_{AA} = \frac{1}{\sqrt{d}} \sum_a |a\rangle_a$ .

Average  $\simeq$  evaluating fidelity for a single state  $|\Phi\rangle_{AA}$



$$\text{Tr}_{\bar{A}}(S_{\bar{A}} \otimes T_A) = \text{Tr}(ST). \quad F(|\psi\rangle\langle\psi|) = \langle \psi | \psi \rangle$$

Proof:

Flip operator on  $A \otimes A$ :  $F = \sum_{a,a'} |a\rangle\langle a'| \otimes |a'\rangle\langle a|$

$$\int \text{Tr}(|\psi\rangle\langle\psi| \cdot \mathcal{E}(|\psi\rangle\langle\psi|)) d\psi = \int \text{Tr} \left( \mathbb{F}_{AA} |\psi\rangle\langle\psi|_A \otimes \mathcal{E}(|\psi\rangle\langle\psi|_A) \right) d\psi$$

Haar measure

$$\mathbb{E} f(U) = \mathbb{E} f(UV) \text{ for any } V$$

$$= \int \text{Tr} \left( (\mathbb{I}_A \otimes \mathcal{E}^*) (F) |\psi\rangle\langle\psi| \otimes |\psi\rangle\langle\psi| \right) d\psi.$$

$$= \text{Tr} \left( (\mathbb{I}_A \otimes \mathcal{E}^*) (F) \int U |0\rangle\langle 0| U^* \otimes U |0\rangle\langle 0| U^* dU \right)$$

Compute the integral

arbitrary fixed state  $\uparrow$   
 $U$  chosen from Haar measure on unitary group

$$\int (U \otimes U) (|0\rangle\langle 0| \otimes |0\rangle\langle 0|) U^* \otimes U^* dU = \alpha \mathbb{I}_{AA} + \beta \mathbb{F}_{AA} \quad (\text{from representation theory})$$

$\uparrow$  commutes with any  $V \otimes V$  (Schur-Weyl duality)

$\alpha, \beta$  can be found by computing  $\text{Tr}(\cdot)$  and  $\text{Tr}(F \cdot)$

We get 
$$\int (U \otimes U) (|0\rangle\langle 0| \otimes |0\rangle\langle 0|) U^\dagger \otimes U^\dagger dU = \frac{1}{d(d+1)} (\mathbb{I}_{AA} + F_{AA})$$

Back to our calculation

$$\begin{aligned} &= \text{Tr} \left( \left( \mathbb{I}_A \otimes \mathcal{E} \right) (F_{AA}) \cdot \frac{1}{d(d+1)} (\mathbb{I}_{\bar{A}\bar{A}} + F_{\bar{A}\bar{A}}) \right) \\ &= \frac{1}{d(d+1)} \text{Tr} \left( F_{\bar{A}\bar{A}} \mathbb{I}_{\bar{A}} \otimes \mathcal{E}(\mathbb{I}_A) \right) \\ &\quad + \frac{1}{d(d+1)} \sum_{a,a'} \text{Tr} (|a\rangle\langle a| \otimes |a'\rangle\langle a'| (\mathbb{I}_A \otimes \mathcal{E})(F_{AA})) \\ &= \sum_{a,a'} \text{Tr} (|a\rangle\langle a| \otimes |a'\rangle\langle a'| |a'\rangle\langle a'| \otimes \mathcal{E}(|a\rangle\langle a|)) \\ &= d^2 \langle \Phi | \mathcal{E}(|\Phi\rangle\langle\Phi|) | \Phi \rangle \end{aligned}$$

$$= \frac{1}{d+1} + \frac{d}{d+1} F_c(\mathcal{E})$$

Prk: If  $\mathcal{E}(S) = \sum_n K_n S K_n^\dagger$  then

$$\begin{aligned} F_c(\mathcal{E}) &= \frac{1}{d^2} \sum_{a,a'} \sum_n \langle a | K_n | a \rangle \langle a' | K_n^\dagger | a' \rangle \\ &= \frac{1}{d^2} \sum_n \text{Tr}(K_n) \text{Tr}(K_n^\dagger) = \frac{1}{d^2} \sum_n |\text{Tr}(K_n)|^2. \end{aligned}$$

Ex: Perfect classical channel:  $\{|x\rangle\}_{x \in X}$  basis

$$\mathcal{W}(S) = \sum_x |x\rangle\langle x| S |x\rangle\langle x|$$

measures and saves outcome "x".

Easy: classical capacity  $C(\mathcal{W}) = \log |X|$ .

Expect this channel is **not useful** for transmitting quantum information.



Compute  $F_c(D \circ W \circ E)$  and show it cannot be close to 1 for  $M \geq 2$ .

Can write  $D \circ W \circ E(S) = \sum_{k,l,\alpha} D_k |\alpha\rangle\langle\alpha| E_l S E_l^\dagger |\alpha\rangle\langle\alpha| D_k^\dagger$

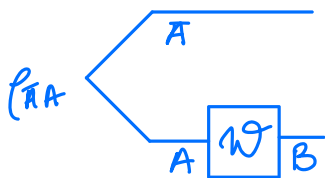
$$\begin{aligned} \text{So } M^2 F_c(D \circ W \circ E) &= \sum_{k,l,\alpha} |\text{Tr}(D_k |\alpha\rangle\langle\alpha| E_l)|^2 \\ &= \sum_{k,l,\alpha} |\langle\alpha| E_l D_k |\alpha\rangle|^2 \\ &\leq \sum_{k,l,\alpha} \langle\alpha| E_l E_l^\dagger |\alpha\rangle \langle\alpha| D_k^\dagger D_k |\alpha\rangle \quad (\text{Cauchy-Schwarz}) \\ &= \sum_k \text{Tr}(E_k E_k^\dagger) \quad \text{Using } \sum_l D_l^\dagger D_l = I \\ &= \dim Q = M. \quad \text{and } \sum_l E_l^\dagger E_l = I \end{aligned}$$

So  $F_c(D \circ W \circ E) \leq \frac{1}{M}$ .

Def (Coherent information).

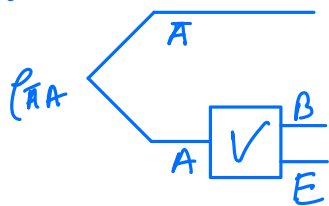
For a channel  $W: L(A) \rightarrow L(B)$ , the coherent information is defined as

$$I_c(W) = \max_{\rho_{AA}} -H(\bar{A}|B)_{(\rho_{AA} \otimes W)(\rho_{AA})}$$



- Rk's:
- $\omega \mapsto -H(\bar{A}|B)_\omega$  is convex so maximum is achieved on extreme points i.e. pure states. Can restrict to  $\rho_{AA}$  pure.
  - As all purifications of  $\rho_A$  in  $\bar{A}$  are related by a unitary on  $\bar{A}$  and  $-H(\bar{A}|B)$  is invariant under unitaries on  $\bar{A}$  we can choose a fixed purification of  $\rho_A$ .

- By considering a Stinespring representation, there exists an isometry  $V: A \rightarrow B \otimes E$  (ie  $V^*V = I_A$ )



for  $\rho_{AA} = |\psi\rangle\langle\psi|_{AA}$  pure

After applying the channel:

$$\omega_{ABE} = (I_A \otimes V) \rho_{AA} (I_A \otimes V^*) \text{ is also pure}$$

$$= (I_A \otimes V) |\psi\rangle\langle\psi| (I_A \otimes V^*)$$

$$-H(\bar{A}|B)_{\omega} = -H(\bar{A}B)_{\omega} + H(B)_{\omega} = \underbrace{-H(E)_{\omega}}_{\omega_{ABE} \text{ is pure}} + H(B)_{\omega}$$

$$\text{So } I_C(\omega) = \max_{\rho_A} H(B)_{V\rho_A V^*} - H(E)_{V\rho_A V^*}$$

$I_C(\omega)$  large: output of the channel  $\omega$  has more entropy than environment.

Note that this expression does not depend on choice of dilation  $V$  as they are all related by a unitary on  $E$ .

Ex: For any channel  $\omega$ ,  $I_C(\omega) \geq 0$ .

Choose  $\rho_{AA} = |0\rangle\langle 0|_A \otimes |0\rangle\langle 0|_A$  where  $|0\rangle \in A$  an arbitrary unit vector.

$$\omega_{AB} = |0\rangle\langle 0|_A \otimes \omega(|0\rangle\langle 0|)$$

$$-H(\bar{A}|B)_{\omega} = -H(\bar{A}B)_{\omega} + H(B)_{\omega} = \underbrace{-H(A)_{\omega}}_{=0} - H(B)_{\omega} + H(B)_{\omega} = 0$$

Eraser channel  $\omega: L(\mathbb{C}^2) \rightarrow L(\mathbb{C}^3)$  ↑ eraser symbol

$$\omega(S) = (1-p)S + p \text{Tr}(S) |e\rangle\langle e|$$

$$\rho_{AA} = |\psi\rangle\langle\psi|_{AA} \quad \text{with} \quad |\psi\rangle_{AA} = \sqrt{\lambda} |00\rangle_{AA} + \sqrt{1-\lambda} |11\rangle_{AA}$$

$$\begin{aligned} \omega_{AB} &= \left( \mathbb{I}_A \otimes \mathcal{W} \right) \left( \rho_{AA} \right) = \lambda |0\rangle\langle 0|_A \otimes \mathcal{W}(|0\rangle\langle 0|) + (1-\lambda) |1\rangle\langle 1|_A \otimes \mathcal{W}(|1\rangle\langle 1|) \\ &\quad + \sqrt{\lambda(1-\lambda)} |0\rangle\langle 1|_A \otimes \mathcal{W}(|0\rangle\langle 1|) + \sqrt{\lambda(1-\lambda)} |1\rangle\langle 0|_A \otimes \mathcal{W}(|1\rangle\langle 0|) \\ &= (1-p) |\psi\rangle\langle\psi|_{AB} + p \left( \lambda |0\rangle\langle 0|_A + (1-\lambda) |1\rangle\langle 1|_A \right) \otimes |e\rangle\langle e|_B \end{aligned}$$

$$\begin{aligned} -H(\bar{A}B) &= (1-p) \log(1-p) + p\lambda \log(p\lambda) + p(1-\lambda) \log(p(1-\lambda)) \\ &= (1-p) \log(1-p) + p \log p + p(\lambda \log \lambda + (1-\lambda) \log(1-\lambda)) \end{aligned}$$

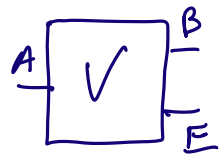
$$\begin{aligned} H(B) &= -(1-p)\lambda \log((1-p)\lambda) - (1-p)(1-\lambda) \log((1-p)(1-\lambda)) - p \log p \\ &= -(1-p) \log(1-p) - (1-p)(\lambda \log \lambda + (1-\lambda) \log(1-\lambda)) - p \log p \end{aligned}$$

$$\begin{aligned} I_c(\mathcal{W}) &= \max_{\lambda \in [0,1]} (1-p) h_2(\lambda) - p h_2(\lambda) \\ &= \begin{cases} 1-2p & \text{for } p \leq \frac{1}{2} \\ 0 & \text{for } p \geq \frac{1}{2} \end{cases} \end{aligned}$$

$h_2(\lambda) = -\lambda \log \lambda - (1-\lambda) \log(1-\lambda)$   
binary entropy function.

Rk: The classical capacity of this channel is  $1-p$ . The fact that  $I_c(\mathcal{W}) = 0$  is for  $p = \frac{1}{2}$  is consistent with no-cloning.

Stinespring dilation



Channel  $A \rightarrow B$  and  $A \rightarrow E$  are both erasure channels with  $p = \frac{1}{2}$

If  $I_c(\mathcal{W}) > 0$  could transmit information to  $B$  and  $E$  simultaneously

Th: For any channel  $\mathcal{W}$ :

$$\left[ Q(\mathcal{W}) = \sup_n \frac{1}{n} I_c(\mathcal{W}^{\otimes n}) \right]$$

Rks; \* Easy to see  $I_C$  is superadditive. But it is **not additive** even for very simple channels e.g. depolarizing  $\mathcal{W}(p) = (1-p)e + p\frac{I}{d}$   
 $Q(\mathcal{W}) \geq I_C(\mathcal{W})$  but inequality can be strict.

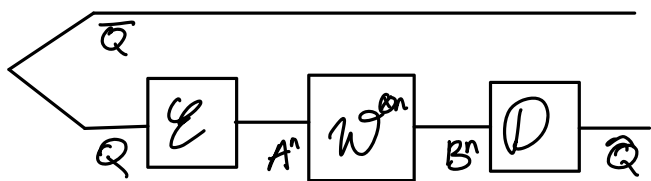
\* Unlike for classical capacity where  $C(\mathcal{W}) = 0 \Leftrightarrow$  input & output independent.

For Q we do not have a good characterization of  $Q(\mathcal{W}) = 0$

Proof sketch:

• **Converse bound.** Assume  $\epsilon = 0$

Consider an  $(M, \epsilon = 0)$  code for  $\mathcal{W}^{\otimes n}$



$$\text{We have } \mathbb{I}_{\bar{Q}} \otimes \mathbb{D} \cdot \mathcal{W}^{\otimes n} \circ \mathcal{E}(|\Phi\rangle\langle\Phi|_{\bar{Q}Q}) = |\Phi\rangle\langle\Phi|_{\bar{Q}\hat{Q}}$$

Note that

$$H(\bar{Q} | \hat{Q})_{|\Phi\rangle\langle\Phi|} = H(\bar{Q}\hat{Q}) - H(\hat{Q}) = -\log M.$$

Data processing inequality

$$H(\bar{Q} | B^n)_{(\mathbb{I}_{\bar{Q}} \otimes (\mathcal{W}^{\otimes n} \circ \mathcal{E}))(|\Phi\rangle\langle\Phi|)} \leq H(\bar{Q} | \hat{Q})_{(\mathbb{I}_{\bar{Q}} \otimes \mathbb{D} \cdot \mathcal{W}^{\otimes n} \circ \mathcal{E})(|\Phi\rangle\langle\Phi|)} = -\log M.$$

$$\text{But } I_C(\mathcal{W}^{\otimes n}) \geq -H(\bar{Q} | B^n)_{(\mathbb{I}_{\bar{Q}} \otimes (\mathcal{W}^{\otimes n} \circ \mathcal{E}))(|\Phi\rangle\langle\Phi|)} \geq \log M.$$

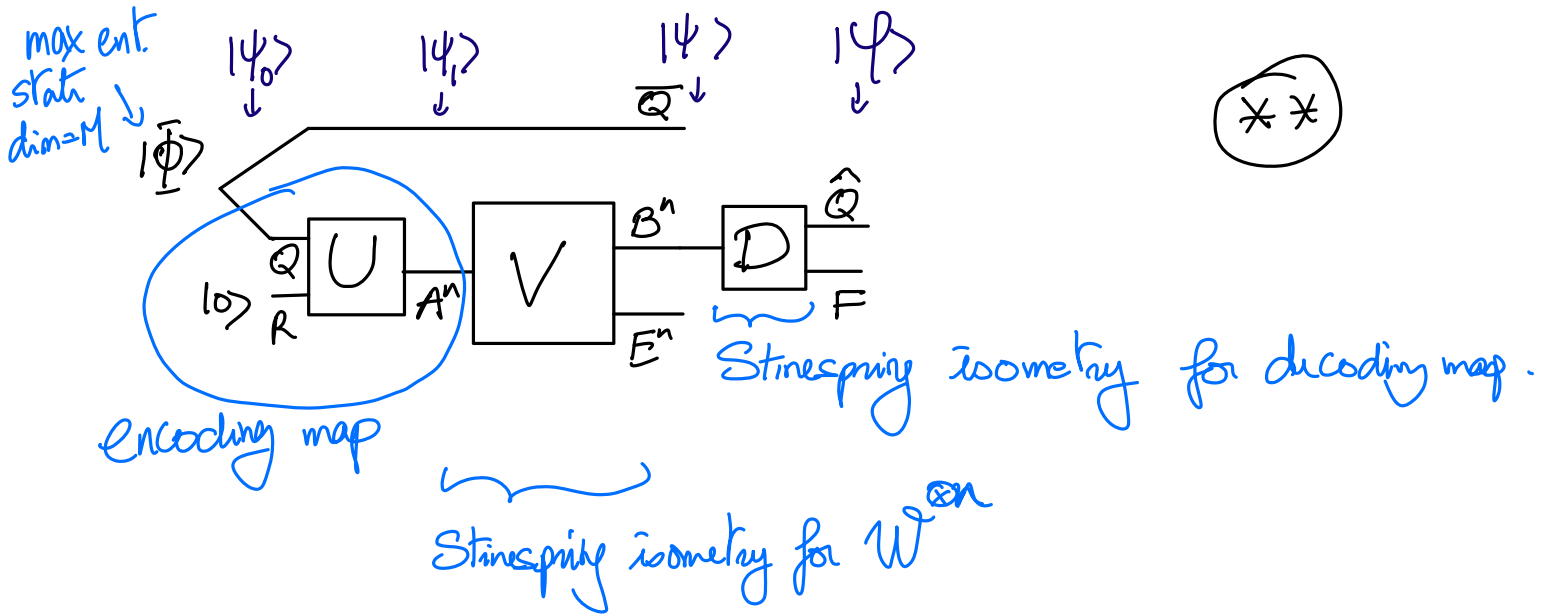
$\uparrow$   
 $\mathbb{I}_{\bar{Q}} \circ \mathcal{E}(|\Phi\rangle\langle\Phi|)$  is a specific state.

$$\frac{\log M}{n} \leq \frac{I_C(W^{\otimes n})}{n}$$

For  $\epsilon > 0$ , show that  $H(\bar{Q} | \hat{Q})_{(\mathbb{I}_{\bar{Q}} \otimes D \cdot W^{\otimes n} \cdot E)(|\Phi\rangle\langle\Phi|)} \leq -(1-\epsilon) \log M$   
Fano's inequality

### Achievability.

Have to construct an encoding & decoding.



Use the idea of **decoupling**

Assume we managed to construct  $U$  such that

$$F\left(\Psi_{\bar{Q}E^n}, \Psi_{\bar{Q}} \otimes \gamma_{E^n}\right) \geq 1 - \epsilon \quad (*)$$

where  $\Psi = |\Psi\rangle\langle\Psi|$  arbitrary state.

\* A purification of  $\Psi_{\bar{Q}E^n}$  is  $|\Psi_{\bar{Q}B^nE^n}\rangle$

\* A purification of  $\Psi_{\bar{Q}} \otimes \gamma_{E^n}$  is  $|\Phi_{\bar{Q}\hat{Q}}\rangle \otimes |\gamma_{E^n}\rangle_{\hat{E}^n}$ .

Uhlmann's theorem: There exists an isometry

$$D: B^n \rightarrow \hat{Q} \hat{E}^n \quad \text{such that}$$

$\underbrace{\hat{Q}}_{\text{purifying system for state } \psi_{\hat{Q}E^n}}$ 
 $\underbrace{\hat{E}^n}_{\text{purifying system for state } \psi_{\hat{Q} \otimes E^n}}$

$$\underbrace{F(\psi_{\hat{Q}E^n}, \psi_{\hat{Q}} \otimes \psi_{E^n})}_{1-\epsilon} \leq \left| \langle \Phi_{\hat{Q}\hat{Q}} \otimes \langle \chi |_{E^n \hat{E}^n} D | \psi_{\hat{Q}B^n E^n} \rangle \right|^2 \\
 = F(|\Phi\rangle\langle\Phi|_{\hat{Q}\hat{Q}} \otimes |\chi\rangle\langle\chi|_{E^n \hat{E}^n}, D \psi_{\hat{Q}B^n E^n} D^\dagger)^2 \\
 \leq F(|\Phi\rangle\langle\Phi|_{\hat{Q}\hat{Q}}, \text{Tr}_{\hat{E}^n E^n} (D \psi D^\dagger))^2$$

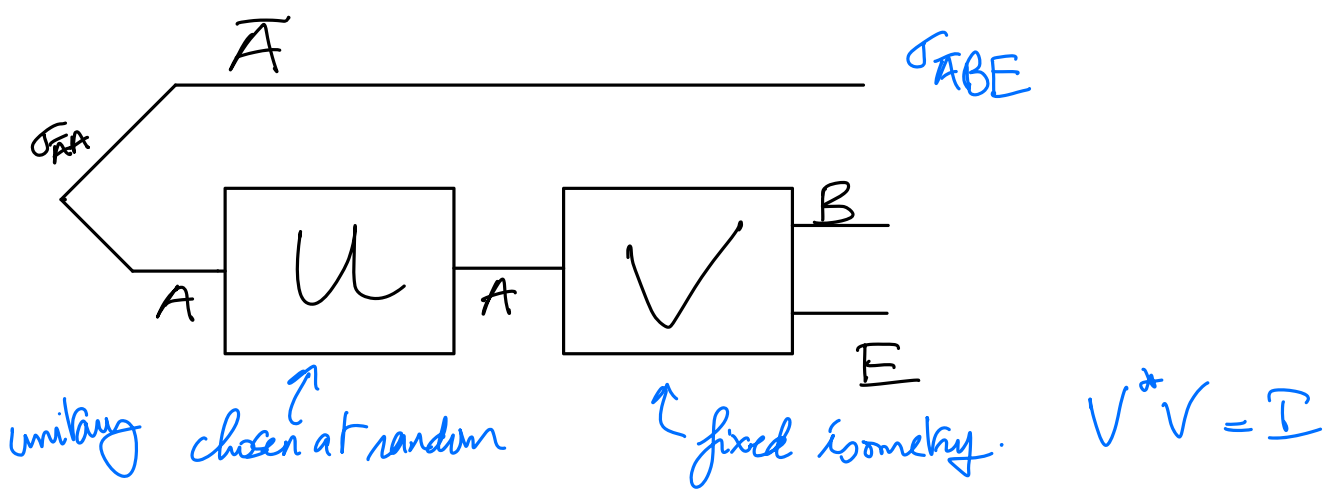
Conclusion:  $\mathcal{D}(S) = \text{Tr}_{\hat{E}^n} (D S D^\dagger)$  is a decoder achieving fidelity  $1-\epsilon$  provided decoupling property  $\textcircled{*}$  is satisfied.

It remains to find  $U$  so that  $\textcircled{*}$  is satisfied when  $\frac{\log M}{n} \leq \frac{I_c(W^{\otimes n})}{n} - \delta$ .

Idea: choose  $U$  at random from Haar measure.

Recall  $I_c(W^{\otimes n}) = \max_{C^n} H(B^n)_{\sqrt{p_{C^n}} \sqrt{p_{C^n}}} - H(E^n)_{\sqrt{p_{C^n}} \sqrt{p_{C^n}}}$

Will only show that when  $\frac{\log M}{n} \leq (\log \dim B - \log \dim E) - \delta$  good codes exist.



### Th (Decoupling)

$$\left[ \begin{array}{l} \mathbb{E}_{\mathcal{U}} \left\{ \Delta \left( \sigma_{\bar{A}E}, \sigma_{\bar{A}} \otimes \frac{\text{Tr}_B VV^*}{\dim(A)} \right) \right\} \\ \leq \frac{1}{2} \frac{(\dim \bar{A})(\dim E)}{\dim B} \text{Tr}(\sigma_{AA}^2) \end{array} \right]$$

replace by marginal

[See Dupuis Thesis for a more general statement].

Use this with for diagram  $(**)$  with

$$\bar{A} \rightarrow \bar{Q}, \quad A \rightarrow Q \otimes R, \quad B \rightarrow B^n, \quad E \rightarrow E^n$$

$$\sigma_{\bar{A}A} = \underbrace{|\Phi\rangle\langle\Phi|_{\bar{Q}Q}}_{M\text{-dim max entangled state}} \otimes \underbrace{|0\rangle\langle 0|_R}_{\text{fixed state}}$$

Choose  $M = \epsilon^2 \cdot \frac{\dim B^n}{\dim E^n} = 2^{n(\log \dim B - \log \dim E) - \log \frac{1}{\epsilon^2}}$

corresponds to  $H(B) - H(E)$  for a state with maximally mixed marginal.

$\exists \mathcal{U}$  s.t.

$$\Delta \left( \Psi_{\bar{A}E^n}, \Psi_{\bar{A}} \otimes \gamma_{E^n} \right)^2 \leq \varepsilon^2$$

$$F \left( \Psi_{\bar{A}E^n}, \Psi_{\bar{A}} \otimes \gamma_{E^n} \right) \geq 1 - \Delta \geq 1 - \varepsilon.$$

$\Rightarrow$  Can find a decoder achieving a channel fidelity  $(1 - \varepsilon)^2$ .  $\square$

Rk.: Description of the code not explicit:  $\mathcal{U}$  random and decoder obtained from Uhlmann theorem.

In practice, want  $\mathcal{E}$  and  $\mathcal{D}$  explicit, efficient, "geometrically friendly" fault tolerant, ....

Proof of decoupling inequality:

Recall  $\Delta(\rho, \sigma) = \frac{1}{2} \|\rho - \sigma\|_1$ . Will assume  $V = I$ ,  $A = BE$

• Trace norm  $\rightarrow$  Frobenius norm (Cauchy-Schwarz)

$$\|\cdot\|_1^2 \leq (\dim) \|\cdot\|_2^2$$

$$\left\| \sigma_{\bar{A}E} - \sigma_{\bar{A}} \otimes \frac{I_E}{\dim E} \right\|_1^2 \leq (\dim \bar{A})(\dim E) \left\| \sigma_{\bar{A}E} - \sigma_{\bar{A}} \otimes \frac{I_E}{\dim E} \right\|_2^2$$

$$= \dim \bar{A} \dim E \left( \text{Tr}(\sigma_{\bar{A}E}^2) - 2 \text{Tr}(\sigma_{\bar{A}E} \cdot \sigma_{\bar{A}} \otimes \frac{I_E}{\dim E}) + \text{Tr}(\sigma_{\bar{A}}^2) \cdot \frac{1}{\dim E} \right)$$

$$\text{Tr}(\sigma_{\bar{A}E} \cdot \sigma_{\bar{A}} \otimes \frac{I_E}{\dim E}) = \text{Tr}(\sigma_{\bar{A}}^2)$$

$$= (\dim \bar{A})(\dim E) \left( \text{Tr}(\sigma_{\bar{A}E}^2) - \text{Tr}(\sigma_{\bar{A}}^2) \cdot \frac{1}{\dim E} \right)$$



• Compute expectations

$$* \mathbb{E}_U \left\{ \underbrace{\text{Tr}(\sigma_A^2)}_{\text{independent of } U} \cdot \frac{1}{\dim E} \right\} = \text{Tr}(\sigma_A^2) \cdot \frac{1}{\dim E}$$

$$* \mathbb{E}_U \left\{ \text{Tr}(\sigma_{AE}^2) \right\} = \mathbb{E}_U \left\{ \text{Tr} \left[ \left( \text{Tr}_B \left( U \sigma_{AA} U^* \right) \right)^2 \right] \right\}$$

↖ dropped some  $I_A$ .

Expectation of a polynomial in  $U \Rightarrow$  can in principle compute it via Weingarten calculus.

$$= \mathbb{E}_U \left\{ \text{Tr} \left[ \text{Tr}_{B_1} \left( U \sigma_{A_1 A_1} U^* \right) \otimes \text{Tr}_{B_2} \left( U \sigma_{A_2 A_2} U^* \right) F_{A_1 E_1, A_2 E_2} \right] \right\}$$

$$= \mathbb{E}_U \left\{ \text{Tr} \left[ U \sigma_{A_1 A_1} U^* \otimes U \sigma_{A_2 A_2} U^* \cdot I_{B_1 B_2} \otimes F_{A_1, A_2} \otimes F_{E_1 E_2} \right] \right\}$$

↑ flip operators

$$= \text{Tr} \left( \sigma_{A_1 A_1} \otimes \sigma_{A_2 A_2} \cdot F_{A_1 A_2} \otimes \mathbb{E}_U \left\{ U_{A_1}^* \otimes U_{A_2}^* \left( I_{B_1 B_2} \otimes F_{E_1 E_2} \right) U \otimes U \right\} \right)$$

$$= \alpha I_{A_1 A_2} + \beta F_{A_1 A_2}$$

$$(\dim B)^2 \dim E = \text{Tr} \left( I_{B_1 B_2} \otimes F_{E_1 E_2} \right) = \alpha (\dim A)^2 + \beta (\dim A)$$

$$\dim B (\dim E)^2 = \text{Tr} \left( F_{B_1 B_2} \otimes I_{E_1 E_2} \right) = \alpha (\dim A) + \beta (\dim A)^2$$

Solving this system:

$$\alpha = \frac{\dim B \dim A - \dim E}{(\dim A)^2 - 1} = \frac{1}{(\dim E)} \cdot \left( \frac{1 - \frac{\dim E}{(\dim A)^2}}{1 - \frac{1}{(\dim A)^2}} \right) \approx \frac{1}{\dim E}$$

$$\beta \approx \frac{1}{\dim B}$$

$$\begin{aligned}
&= \text{Tr} \left( \sigma_{AA_1}^2 \otimes \sigma_{A_2 A_2}^2 \cdot F_{AA_2} \otimes (\alpha I_{A_1 A_2} + \beta F_{A_1 A_2}) \right) \\
&= \alpha \text{Tr}(\sigma_A^2) + \beta \text{Tr}(\sigma_{AA}^2) \quad \square
\end{aligned}$$