

Evolution temporelle d'un état quantique

1

$$|\psi(0)\rangle \quad t \rightarrow \infty \quad E \rightarrow \hat{H}$$

$$i\hbar \frac{d}{dt} |\psi(t)\rangle = \hat{H} |\psi(t)\rangle$$

$$|\psi(t)\rangle = \hat{U}(t,0) |\psi(0)\rangle$$

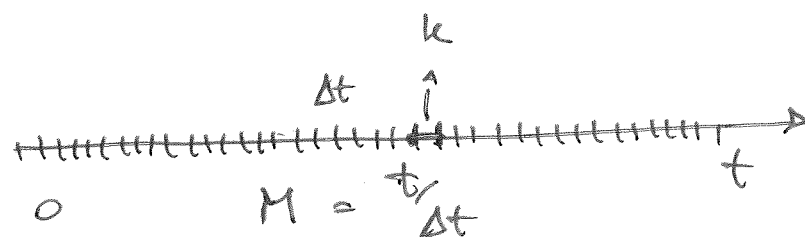
1) cas de $\hat{H}$ indépendant de t

$$\hat{U}(t) = e^{-\frac{i}{\hbar} \hat{H} t}$$

2) $\hat{H}$ dépendant du temps

$$\hat{H} = \hat{H}(t)$$

$$\text{I) } [\hat{H}(t), \hat{H}(t')] = 0$$



$$\hat{U}(t) \underset{\substack{\Delta t \rightarrow 0 \\ M \rightarrow \infty}}{\approx} \prod_{k=1}^M e^{-\frac{i}{\hbar} \hat{H}(k\Delta t) \Delta t}$$

$$= e^{-\frac{i}{\hbar} \sum_{k=1}^M \hat{H}(k\Delta t) \Delta t}$$

$$\boxed{\hat{U} = e^{-\frac{i}{\hbar} \int_0^t dt' \hat{H}(t')}}$$

$$\begin{aligned} & [\hat{H}(k\Delta t), \hat{H}(k'\Delta t)] = 0 \\ & = e^{-\frac{i}{\hbar} \int_0^t dt' \hat{H}(t')} \end{aligned}$$

$$e^{\hat{A}} e^{\hat{B}} = e^{\hat{A} + \hat{B}} \quad [\hat{A}, \hat{B}] = 0$$

$$\hat{H}(t) = -\frac{g\mu_B}{\hbar} \mathbf{B}(t) \cdot \hat{\mathbf{S}}$$

$$II) [\hat{H}(t), \hat{H}(t')] \neq 0$$

(2)

$$\hat{U} = T \left[e^{-\frac{i}{\hbar} \int_0^t \hat{H}(t') dt'} \right]$$

↪ opérateur d'ordonnement temporel

$$= T \left[\sum_{n=0}^{\infty} \left(-\frac{i}{\hbar} \right)^n \frac{1}{n!} \int_0^t dt_1 \int_0^{t_1} dt_2 \dots \int_0^{t_{n-1}} dt_n \left(\hat{H}(t_1) \hat{H}(t_2) \dots \hat{H}(t_n) \right) \right]$$

$$= \sum_{n=0}^{\infty} \left(-\frac{i}{\hbar} \right)^n \frac{1}{n!} \int_0^t dt_1 \int_0^{t_1} dt_2 \dots \int_0^{t_{n-1}} dt_n \hat{H}(t_1) \hat{H}(t_2) \dots \hat{H}(t_n)$$

$$\left(\int dt' \hat{H}(t') \right)^2 = \int dt' \hat{H}(t') \int dt'' \hat{H}(t'') \\ = \int dt' \int dt'' \hat{H}(t') \hat{H}(t'')$$

Points de vue sur l'évolution
("picture")

Point de vue de Schrödinger

$$|\psi(0)\rangle \rightarrow |\psi(t)\rangle = \hat{U}(t) |\psi(0)\rangle$$

$$\text{soit } \frac{d}{dt} |\psi(t)\rangle = \hat{H}(t) |\psi(t)\rangle$$

$$\langle \hat{A} \rangle_t = \langle \psi(t) | \hat{A} | \psi(t) \rangle$$

$$= \langle \psi(0) | \underbrace{\hat{U}^\dagger(t) \hat{A} \hat{U}(t)}_{\hat{A}_H(t)} | \psi(0) \rangle$$

$$\hat{A}_H(t) = \hat{U}^\dagger(t) \hat{A} \hat{U}(t)$$

point de vue d'Heisenberg

les opérateurs évoluent
les états non

$\hat{A}(t)$ si fonction dépendante des temps

3

$$i\hbar \frac{d\hat{A}_H}{dt} = i\hbar \frac{dU^\dagger}{dt} \hat{A} \hat{U} + \hat{U}^\dagger \hat{A} \left(i\hbar \frac{d\hat{U}}{dt} \right)$$

$$i\hbar \frac{d}{dt} \hat{U}(\psi(0)) = \hat{H} \hat{U}(\psi(0))$$

$$i\hbar \frac{d}{dt} \hat{U} = \hat{H} \hat{U}$$

$$-i\hbar \frac{d}{dt} \hat{U}^\dagger = \hat{U}^\dagger \hat{H}$$

$$\hat{U} = e^{-\frac{i}{\hbar} \hat{H} t}$$

$\hat{H}$ indépendant de t

$$+ i\hbar \hat{U}^\dagger \left(\frac{\partial \hat{A}}{\partial t} \right) \hat{U} \rightarrow \left(\frac{\partial \hat{A}}{\partial t} \right)_H$$

$$= - \hat{U}^\dagger \hat{H} \hat{A} \hat{U} + \left(\hat{U}^\dagger \hat{A} \hat{H} \hat{U} \right) + i\hbar \left(\frac{\partial \hat{A}}{\partial t} \right)_H$$

$$= \hat{A}_H \hat{H}_H - \hat{H}_H \hat{A}_H + i\hbar \left(\frac{\partial \hat{A}}{\partial t} \right)_H \Rightarrow$$

$$i\hbar \frac{d}{dt} \hat{A}_H = [\hat{A}_H, \hat{H}_H] + i\hbar \left(\frac{\partial \hat{A}}{\partial t} \right)_H$$

$$\langle \psi(0) | \psi(0) \rangle = \langle \psi | \psi \rangle$$

$$\hat{A} = \hat{\vec{S}} \cdot \vec{u}(t)$$

$$\frac{\partial \hat{A}}{\partial t} = \hat{\vec{S}} \cdot \frac{\partial \vec{u}}{\partial t}$$

$$i\hbar \frac{d}{dt} \langle \psi(0) | \hat{A}_H | \psi(0) \rangle = \langle \psi(0) | [\hat{A}_H, \hat{H}_H] | \psi(0) \rangle + i\hbar \langle \psi(0) | \frac{\partial \hat{A}}{\partial t} | \psi(0) \rangle$$

Point de l'interaction (ou de Dirac)

$$\hat{H}(t) = \hat{H}_0 + \hat{W}(t)$$

$$|\psi(t)\rangle \rightarrow |\psi_I(t)\rangle = e^{\frac{i}{\hbar} \hat{H}_0 t} |\psi(t)\rangle$$

état dans le point de vue de l'interaction

$$i\hbar \frac{d}{dt} |\psi_I(t)\rangle = - \hat{H}_0 |\psi_I(t)\rangle + e^{\frac{i}{\hbar} \hat{H}_0 t} \hat{H} e^{-\frac{i}{\hbar} \hat{H}_0 t} |\psi_I(t)\rangle$$

$$= (-\hat{H}_0 + \hat{H}_0 + \hat{W}_I(t)) |\psi_I(t)\rangle$$

$$= \hat{W}_I(t) |\psi_I(t)\rangle$$

$$i\hbar \frac{d}{dt} |\psi_I(t)\rangle = \hat{W}_I(t) |\psi_I(t)\rangle$$

$$e^{\frac{i}{\hbar} \hat{H}_0 t} \hat{H} e^{-\frac{i}{\hbar} \hat{H}_0 t}$$

$$= \hat{H}_0 + \hat{W}_I(t)$$

$$\hat{W}_I(t) = e^{\frac{i}{\hbar} \hat{H}_0 t} \hat{W}(t) e^{-\frac{i}{\hbar} \hat{H}_0 t}$$

$$\hat{U}(t_3, t_2) \hat{U}(t_2, t_1) = \hat{U}(t_3, t_1) \quad \text{propriété de semi-groupe}$$

Application : principe de la résonance magnétique nucléaire (RMN)

$$\text{Spin } -\frac{1}{2} : \quad \hat{S}^z \rightarrow \frac{\hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} = \frac{\hbar}{2} \sigma^z$$

base de
ses vecteurs propres

$$\hat{S}^x \rightarrow \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} = \frac{\hbar}{2} \sigma^x$$

$$\hat{S}^y \rightarrow \frac{\hbar}{2} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} = \frac{\hbar}{2} \sigma^y$$

$$(\sigma^\alpha)^2 = \mathbb{1} \quad (\sigma^\alpha)^n = \begin{cases} \mathbb{1} & n \text{ pair} \\ \sigma^\alpha & n \text{ impair} \end{cases}$$

$\alpha = x, y, z$

$$(\hat{S}^\alpha)^2 = \mathbb{1} \cdot \frac{\hbar^2}{4}$$

$$\hat{S}^+ = \hat{S}^x + i\hat{S}^y \rightarrow \hbar \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix} \rightarrow \hbar |\uparrow_z\rangle\langle\downarrow_z| \quad \text{montée}$$

$$\hat{S}^- = (\hat{S}^+)^\dagger = \hat{S}^x - i\hat{S}^y \rightarrow \hbar \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix} \rightarrow \hbar |\downarrow_z\rangle\langle\uparrow_z| \quad \text{descente}$$

$$\hat{S}^z = \frac{\hbar}{2} (|\uparrow\rangle\langle\uparrow| - |\downarrow\rangle\langle\downarrow|)$$

⑤

$$\hat{S}^+ \hat{S}^- = \frac{\hbar^2}{4} (|\uparrow\rangle\langle\downarrow|) (|\downarrow\rangle\langle\uparrow|) = \frac{\hbar^2}{4} |\uparrow\rangle\langle\uparrow|$$

$$\hat{S}^- \hat{S}^+ = \frac{\hbar^2}{4} |\downarrow\rangle\langle\downarrow|$$

$$\boxed{[\hat{S}^+, \hat{S}^-] = \hbar 2 \hat{S}^z} \quad \rightarrow \quad \boxed{[\sigma^+, \sigma^-] = \sigma^z}$$

$$\sigma^+ = \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix} \quad \sigma^- = \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix}$$

$$\sigma^+ = \sigma^x + i\sigma^y \quad \sigma^- = \sigma^x - i\sigma^y$$

$$\hat{S}^+ \hat{S}^+ = \frac{\hbar^2}{2} |\uparrow\rangle\langle\downarrow| (|\uparrow\rangle\langle\uparrow| - |\downarrow\rangle\langle\downarrow|) = -\frac{\hbar^2}{2} |\uparrow\rangle\langle\downarrow| = -\frac{\hbar}{2} \hat{S}^+$$

$$\hat{S}^- \hat{S}^- = \frac{\hbar}{2} \hat{S}^-$$

$$\ominus (\hat{S}^+ \hat{S}^z)^+ = \hat{S}^z \hat{S}^- = -\frac{\hbar}{2} \hat{S}^-$$

$$\ominus (\hat{S}^- \hat{S}^z)^+ = \hat{S}^z \hat{S}^+ = \frac{\hbar}{2} \hat{S}^+$$

$$\boxed{[\hat{S}^z, \hat{S}^\pm] = \pm \hbar \hat{S}^\pm}$$

$$\boxed{[\sigma^z, \sigma^\pm] = \pm 2 \sigma^\pm}$$

$$e^{-i\frac{\phi}{2}\sigma^z} \sigma^\pm e^{i\frac{\phi}{2}\sigma^z} \xrightarrow{\text{transformation unitaire}} \tilde{\sigma}^\pm(\phi) \quad \phi \in \mathbb{R}$$

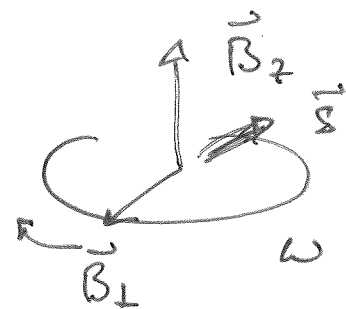
$$\begin{aligned} \frac{d\tilde{\sigma}^\pm}{d\phi} &= e^{-i\frac{\phi}{2}\sigma^z} \left(-\frac{i}{2} [\sigma^z, \sigma^\pm] + \frac{i}{2} \sigma^\pm \sigma^z \right) e^{i\frac{\phi}{2}\sigma^z} \\ &= e^{-i\frac{\phi}{2}\sigma^z} \frac{i}{2} [\sigma^\pm, \sigma^z] e^{i\frac{\phi}{2}\sigma^z} = \mp i \tilde{\sigma}^\pm \end{aligned}$$

$$\frac{d\tilde{\sigma}^\pm}{d\phi} = \mp i \tilde{\sigma}^\pm$$

$$\tilde{\sigma}^\pm(\phi) = \sigma^\pm e^{\mp i\phi} \Rightarrow$$

$$\begin{aligned} & e^{-i\frac{\phi}{2}\sigma^z} \hat{S}^\pm e^{i\frac{\phi}{2}\sigma^z} \\ &= \hat{S}^\pm e^{\mp i\phi} \end{aligned}$$

RMN :



$$\vec{B}(t) = B_z \vec{e}_z + B_{\perp} [\cos(\omega t) \vec{e}_x - \sin(\omega t) \vec{e}_y]$$

(6)

$$\begin{cases} \hat{S}^+ = \hat{S}^x + i\hat{S}^y \\ \hat{S}^- = \hat{S}^x - i\hat{S}^y \end{cases} \quad \begin{aligned} \hat{S}^x &= \frac{\hat{S}^+ + \hat{S}^-}{2} \\ \hat{S}^y &= \frac{\hat{S}^+ - \hat{S}^-}{2i} \end{aligned}$$

$$\hat{H} = -\frac{g\mu_B}{\hbar} \vec{B}(t) \cdot \vec{S} = -\underbrace{\frac{g\mu_B B_z}{\hbar}}_{\omega_0} S^z - \underbrace{\frac{g\mu_B B_{\perp}}{\hbar}}_{\omega_1} \left[\cos(\omega t) \hat{S}^x - \sin(\omega t) \hat{S}^y \right]$$

$$= \dots = -\omega_0 S^z - \frac{\omega_1}{2} \left[e^{+i\omega t} \hat{S}^+ + e^{-i\omega t} \hat{S}^- \right]$$

Référentiel tournant

$$|\tilde{\psi}(t)\rangle = e^{-\frac{i}{\hbar} \omega \hat{S}^z t} |\psi(t)\rangle$$

état vu d'un référentiel qui tourne d'une façon solide au

$$i\hbar \frac{d}{dt} |\tilde{\psi}(t)\rangle = \omega \hat{S}^z |\tilde{\psi}(t)\rangle + e^{-\frac{i}{\hbar} \omega \hat{S}^z t} \left[-\omega_0 \hat{S}^z - \frac{\omega_1}{2} (e^{-i\omega t} \hat{S}^+ + e^{+i\omega t} \hat{S}^-) \right] e^{\frac{i}{\hbar} \omega \hat{S}^z t} |\tilde{\psi}(t)\rangle$$

champ $\vec{B}_{\perp}$

$$\begin{aligned} \phi &= \omega t \\ &= \left[-(\omega_0 - \omega) \hat{S}^z - \frac{\omega_1}{2} (\hat{S}^+ + \hat{S}^-) \right] |\tilde{\psi}(t)\rangle \end{aligned}$$

$$= \left[-\delta \hat{S}^z - \omega_1 \hat{S}^x \right] |\tilde{\psi}(t)\rangle$$

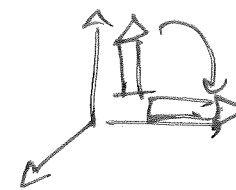
$\delta = 0$

$$|\tilde{\psi}(0)\rangle = |\psi(0)\rangle = |\uparrow_z\rangle$$

$$|\tilde{\psi}(t)\rangle = \cos\left(\frac{\omega_1 t}{2}\right) |\uparrow_z\rangle + i \sin\left(\frac{\omega_1 t}{2}\right) |\downarrow_z\rangle$$

$$T_{W_2} = \frac{\hbar}{2\omega_1}$$

$$\tilde{\psi}(T_{W_2}) = \frac{1}{\sqrt{2}} (|\uparrow_z\rangle + i|\downarrow_z\rangle) = -|\uparrow_y\rangle$$



référentiel tournant

référentiel du labo

$$|\psi(t)\rangle = e^{i\frac{1}{\hbar}\omega\hat{S}_z t} |\tilde{\psi}(t)\rangle$$

$$\omega = 2\omega_1$$

$$T = \frac{\pi}{2\omega_1}$$

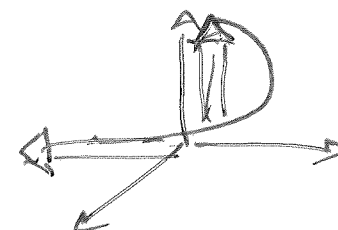
$$= e^{i\frac{1}{\hbar}\frac{\pi}{2}2\omega_1\hat{S}_z} |\tilde{\psi}(t)\rangle$$

$$t = T$$

$$= e^{i\frac{1}{\hbar}\pi\hat{S}_z} \frac{1}{\sqrt{2}} (|\uparrow_z\rangle + i|\downarrow_z\rangle)$$

$$= \frac{1}{\sqrt{2}} \left(e^{+i\frac{1}{2}\pi} |\uparrow_z\rangle + e^{-i\frac{1}{2}\pi} |\downarrow_z\rangle \right)$$

$$= \frac{1}{\sqrt{2}} (|\uparrow_z\rangle - i|\downarrow_z\rangle) = i|\downarrow_y\rangle$$



Espaces d'Hilbert de dimension infinie

8

$$D=2 \quad \text{spin } \frac{1}{2}$$

$$D=\infty$$

$$|\psi\rangle = \sum_{n=1}^{\infty} \psi_n |\alpha_n\rangle$$

$\rightarrow$

$$\begin{pmatrix} \psi_1 \\ \psi_2 \\ \vdots \\ \psi_n \end{pmatrix}$$

$\approx$

$\neq$ infini de coefficients

$\mathbb{C}^{\infty}$

$$\{|\alpha_n\rangle\}$$

$$\langle \alpha_n | \alpha_m \rangle = \delta_{nm}$$

$$n=1, \dots, \infty$$

$$|\psi\rangle \text{ état physique } \|\psi\|^2 = \langle \psi | \psi \rangle = 1$$

$$|\psi\rangle \rightarrow \text{état physique } \frac{|\psi\rangle}{\|\psi\|}$$

$$\|\psi\|^2 = \langle \psi | \psi \rangle = \sum_{n=1}^{\infty} |\psi_n|^2$$

Sous-espace physique de l'espace d'Hilbert

$$H_{\Phi} \subset H$$

$$\dim(H) = \infty$$

$$H_{\Phi} : |\psi\rangle \in H : \underline{\|\psi\| < \infty}$$

$$|\psi\rangle, |\phi\rangle \in H_{\Phi} \Rightarrow \lambda|\psi\rangle + \mu|\phi\rangle \in H_{\Phi}$$

$$\underline{\langle \psi | \psi \rangle, \langle \phi | \phi \rangle < \infty}$$

$$\lambda, \mu \in \mathbb{C} \quad \underline{|\lambda|, |\mu| < \infty}$$

$$\|\lambda|\psi\rangle + \mu|\phi\rangle\|^2$$

$$= (\lambda^* \langle \psi | + \mu^* \langle \phi |)(\lambda|\psi\rangle + \mu|\phi\rangle) < \infty$$

$$= |\lambda|^2 \|\psi\|^2 + |\mu|^2 \|\phi\|^2 + \lambda^* \mu \langle \psi | \phi \rangle + \mu^* \lambda \langle \phi | \psi \rangle$$

$$|\langle \psi | \phi \rangle|^2 \leq \|\psi\|^2 \|\phi\|^2 < \infty$$

9

$$|\psi\rangle \in H_{\mathbb{F}} \rightarrow \hat{A}|\psi\rangle \in H_{\mathbb{F}} ? \quad \underline{\text{NON}}$$

$$\hat{A}: |\psi\rangle = \sum_{n=1}^{\infty} \psi_n |\alpha_n\rangle \rightarrow |\psi\rangle = \sum_{n=1}^{\infty} n \psi_n |\alpha_n\rangle$$

$$|\psi\rangle \in H_{\mathbb{F}}$$

$$\left\{ \begin{array}{l} \sum_{n=1}^{\infty} |\psi_n|^2 < \infty \quad \alpha > 1/2 \\ \sum_{n=1}^{\infty} n^2 |\psi_n|^2 = \infty \quad 2\alpha - 2 \leq 1 \\ \frac{1}{n^{2\alpha-2}} \quad \alpha \leq 3/2 \end{array} \right. \quad \psi_n = \frac{1}{n^\alpha} \quad \frac{1}{2} < \alpha \leq 3/2$$

Est-ce que $\hat{A}$ est borné en $H_{\mathbb{F}}$ ou pas ?

$$\text{Norme d'un opérateur sur } H_{\mathbb{F}} : \sup_{\substack{|\psi\rangle \in H_{\mathbb{F}} \\ \|\psi\|^2 = 1}} \|\hat{A}|\psi\rangle\| = \|\hat{A}\|_{H_{\mathbb{F}}}$$

$$\hat{A} = \hat{A}^+ \quad \text{admet des valeurs propres réelles}$$

$$\|\hat{A}\|_{H_{\mathbb{F}}} = \max(\lambda_i)$$

$\hat{A}$ est dit borné si $\|\hat{A}\| < \infty$ (spectre est borné).

Exemple : espace des fonctions à valeurs complexes au carré borné sur $[0,1]$

(10)

$$L^{(2)}[0,1]$$

$$\psi(x) \in \mathbb{C} : x \in \mathbb{R}$$

$$\psi : x \in \mathbb{R} \rightarrow \psi(x) \in \mathbb{C}$$

$$\|\psi\|^2 = \int_0^1 dx |\psi|^2 < \infty \quad \text{norme}$$

$$|\psi\rangle \rightarrow \psi(x)$$

produit scalaire $\langle \phi | \psi \rangle = \int_0^1 dx \phi^*(x) \psi(x)$

Bose

$$\psi(x) = \sum_{n=-\infty}^{+\infty} e^{i2\pi n x} \psi_n$$

Série de Fourier

$$|\alpha_n\rangle \Rightarrow e^{i2\pi n x}$$

$$\psi_n = \langle \alpha_n | \psi \rangle = \int_0^1 dx e^{-i2\pi n x} \psi(x)$$

$$\langle \alpha_n | \alpha_m \rangle = \delta_{nm} = \int_0^1 dx e^{i2\pi (m-n)x}$$

à dériver :

opérateur

x :

$$\psi \rightarrow x\psi$$

borné

$\frac{d}{dx}$:

$$\psi \rightarrow \frac{d\psi}{dx}$$

pas borné