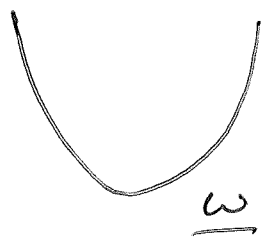


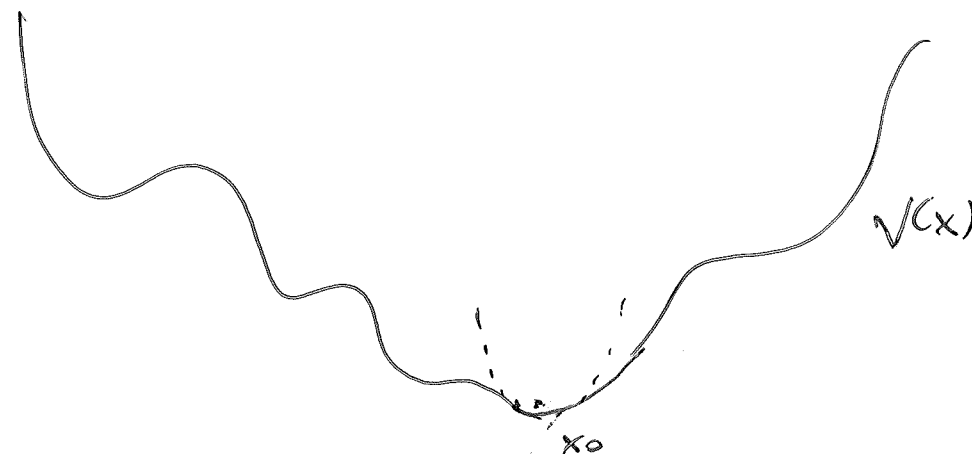
OSCILLATEUR HARMONIQUE

1



$$\hat{H} = \frac{\hat{p}^2}{2m} + \frac{1}{2} m \omega^2 x^2$$

$$\hbar \omega$$



$$V(x) \approx V(x_0) + \frac{1}{2} \underbrace{V''(x_0)}_{m\omega^2} (x-x_0)^2$$

$$\frac{\hat{H}}{\hbar \omega} = \frac{\hat{p}^2}{2 m \hbar \omega} + \frac{1}{2} \frac{m \omega}{\hbar} \hat{x}^2$$

$$p_{ho} = \sqrt{m \hbar \omega}$$

$$a_{ho} = \sqrt{\frac{\hbar}{m \omega}}$$

$$\hat{\tilde{x}} = \frac{\hat{x}}{a_{ho}}$$

$$\hat{\tilde{p}} = \frac{\hat{p}}{p_{ho}}$$

$$[\hat{\tilde{x}}, \hat{\tilde{p}}] = i \hbar \left(\underbrace{\sqrt{m \hbar \omega}}_{\sim \hbar^{-1}} \sqrt{\frac{\hbar}{m \omega}} \right)^{-1} = i$$

$$\frac{\hat{H}}{\hbar \omega} = \frac{1}{2} [\hat{\tilde{x}}^2 + \hat{\tilde{p}}^2]$$

$$x^2 + y^2 = (x + iy)(x - iy)$$

$$\left\{ \begin{array}{l} \hat{a} = \frac{1}{\sqrt{2}} (\hat{\tilde{x}} + i \hat{\tilde{p}}) \rightarrow \text{opérateur de destruction (descente)} \\ \hat{a}^\dagger = \frac{1}{\sqrt{2}} (\hat{\tilde{x}} - i \hat{\tilde{p}}) \rightarrow \text{opérateur de création (montée)} \end{array} \right.$$

$$\hat{a} \neq \hat{a}^\dagger \quad \hat{a}^\dagger \hat{a} \neq \mathbb{1}$$

$$[\hat{a}, \hat{a}^\dagger] = \frac{1}{2} [\hat{\tilde{x}} + i \hat{\tilde{p}}, \hat{\tilde{x}} - i \hat{\tilde{p}}] = \frac{1}{2} [(-i)i + i(-)] = 1$$

$$[\hat{a}, \hat{a}^\dagger] = 1$$

$$\hat{a}^\dagger \hat{a} = \frac{1}{2} (\hat{x} - i \hat{p}) (\hat{x} + i \hat{p}) = \frac{1}{2} (\hat{x}^2 + \hat{p}^2 + i (\hat{x} \hat{p} - \hat{p} \hat{x})) = \frac{1}{2} (\hat{x}^2 + \hat{p}^2 - 1) \quad (2)$$

$$\boxed{\frac{\hat{H}}{\hbar \omega} = \hat{a}^\dagger \hat{a} + \frac{1}{2}}$$

$$\hat{a}^\dagger \hat{a} |v\rangle = v |v\rangle$$

$$\langle v | v \rangle = 1$$

$$\langle v | \hat{a}^\dagger \hat{a} | v \rangle = \|\hat{a} | v \rangle\|^2 = \underline{v \geq 0}$$

$$\hat{H} \rightarrow \hbar \omega (v + \frac{1}{2})$$

$$\hat{a} | v \rangle$$

$$\hat{a}^\dagger | v \rangle$$

$$(\hat{a}^\dagger \hat{a} \hat{a} | v \rangle)$$

$$\begin{cases} [\hat{a}^\dagger \hat{a}, \hat{a}] = [\hat{a}^\dagger, \hat{a}] \hat{a} = -\hat{a} \\ [\hat{a}^\dagger \hat{a}, \hat{a}^\dagger] = \hat{a}^\dagger [\hat{a}, \hat{a}^\dagger] = \hat{a}^\dagger \end{cases}$$

$$\begin{aligned} \hat{a}^\dagger \hat{a} \hat{a} | v \rangle &= \hat{a} (\hat{a}^\dagger \hat{a} - 1) | v \rangle \\ &= (v-1) \hat{a} | v \rangle \end{aligned}$$

$$(\hat{a}^\dagger \hat{a}) \hat{a} = \hat{a} (\hat{a}^\dagger \hat{a}) - \hat{a} = \hat{a} (\hat{a}^\dagger \hat{a} - 1)$$

$$(\hat{a}^\dagger \hat{a}) \hat{a}^\dagger = \hat{a}^\dagger (\hat{a}^\dagger \hat{a}) + \hat{a}^\dagger = \hat{a}^\dagger (\hat{a}^\dagger \hat{a} + 1)$$

$$\begin{aligned} \hat{a}^\dagger \hat{a} \hat{a}^\dagger | v \rangle &= \hat{a}^\dagger (\hat{a}^\dagger \hat{a} + 1) | v \rangle \\ &= (v+1) \hat{a}^\dagger | v \rangle \end{aligned}$$

$$\begin{array}{ccccccccccc} \hat{a} | v \rangle & \text{vecteur propre de } \hat{a}^\dagger \hat{a} & \text{avec valeur propre } \underline{v-1} \\ \hat{a}^\dagger | v \rangle & \text{"} & \text{"} & \text{"} & \text{"} & \text{"} & \text{"} & \text{"} & \text{"} & \text{"} & \underline{v+1} \end{array}$$

$$\hat{a}^\dagger \hat{a} \hat{a}^2 | v \rangle = \hat{a} (\hat{a}^\dagger \hat{a} - 1) \hat{a} | v \rangle = \hat{a}^2 (\hat{a}^\dagger \hat{a} - 2) | v \rangle = (v-2) \hat{a}^2 | v \rangle$$

$$\hat{a}^\dagger \hat{a} \hat{a}^p | v \rangle = \dots = (v-p) \hat{a}^p | v \rangle \quad p \in \mathbb{N}$$

$$v-p < 0$$

$$v-p+1 > 0$$

$$\|\hat{a}^{p+1} | v \rangle\|^2 = \langle v | (\hat{a}^\dagger)^{p+1} \hat{a}^{p+1} | v \rangle$$

$$= \langle v | (\hat{a}^\dagger)^p \hat{a} (\hat{a}^\dagger \hat{a}) \hat{a}^p | v \rangle = v-p < 0$$

$$v = n \in \mathbb{N}$$

$$p = n$$

$$\hat{a}^p |n\rangle \sim |0\rangle$$

3

$$\hat{a}^\dagger \hat{a} = \text{opérateur "nombre"} = \hat{n}$$

$$\hat{H} = \hbar\omega \left(\hat{a}^\dagger \hat{a} + \frac{1}{2} \right)$$

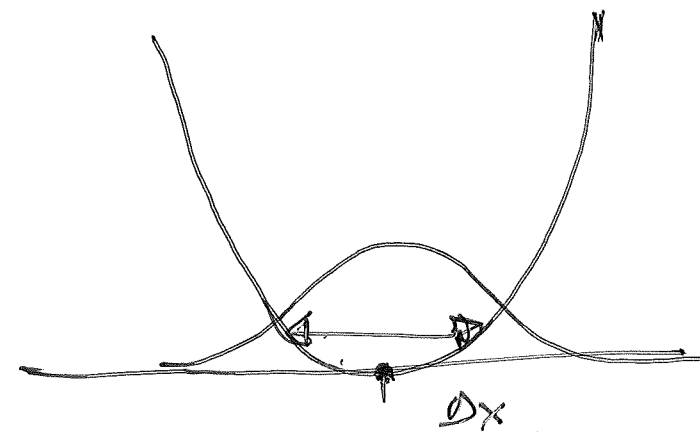
valeurs propres de $\hat{H}$

$$E_n = \hbar\omega \left(n + \frac{1}{2} \right)$$

$$E_0 = \frac{\hbar\omega}{2} \neq 0$$

Énergie de point zéro

$$n = 0, 1, 2, \dots, \infty$$



$$\Delta p \approx \frac{\hbar}{\Delta x}$$

$|n\rangle$ états propres non dégénérés

Fondamental est non dégénéré : $|0\rangle$

Réurrence $\rightarrow |1\rangle \sim \hat{a}^\dagger |0\rangle, |2\rangle \sim (\hat{a}^\dagger)^2 |0\rangle, \dots$

$|n\rangle$ est état propre non-dégénéré associé à n pour $\hat{a}^\dagger \hat{a}$

$$\Rightarrow |\phi_{n+1}\rangle : \hat{a}^\dagger \hat{a} |\phi_{n+1}\rangle = (n+1) |\phi_{n+1}\rangle$$

$$\hat{a}^\dagger \hat{a} (\hat{a} |\phi_{n+1}\rangle) = n \hat{a} |\phi_{n+1}\rangle$$

$$\Rightarrow \hat{a} |\phi_{n+1}\rangle = c |n\rangle$$

$$(n+1) |\phi_{n+1}\rangle = c \hat{a}^\dagger |n\rangle$$

$|\phi_{n+1}\rangle$ est unique

$$|\phi_{n+1}\rangle = \frac{c}{n+1} \hat{a}^\dagger |n\rangle$$

$$\langle n | n' \rangle = \delta_{nn'}$$

$|n\rangle$

$$\hat{a}^+ |n\rangle \rightarrow \hat{a}^+ \hat{a}^+ |n\rangle = (n+1) \hat{a}^+ |n+1\rangle$$

$$\| \hat{a}^+ |n\rangle \|^2 = \langle n | \hat{a} \hat{a}^+ |n\rangle = (n+1)$$

$$(\hat{a}^+ \hat{a} + 1)$$

$$[\hat{a}, \hat{a}^+] = 1$$

4

$$\hat{a}^+ |n\rangle = \sqrt{n+1} |n+1\rangle$$

$$\| \hat{a} |n\rangle \|^2 = \langle n | \hat{a}^+ \hat{a} |n\rangle = n$$

$$\hat{a} |n\rangle = \sqrt{n} |n-1\rangle$$

$$\hat{a}^+ |n\rangle = \sqrt{n+1} |n+1\rangle$$

$$\hat{a} |n\rangle = \sqrt{n} |n-1\rangle$$

Fonctions propres de l'oscillateur harmonique

$$\left(-\frac{\hbar^2}{2m} \frac{d^2}{dx^2} + \frac{1}{2} m \omega^2 x^2 \right) \psi_n(x) = \hbar \omega \left(n + \frac{1}{2} \right) \psi_n(x)$$

$$u = \frac{x}{a_{ho}}$$

$$\left(-\frac{d^2}{du^2} + u^2 \right) \phi_n(u) = (2n+1) \phi_n(u)$$

$$\phi_n(u) = \psi_n(x)$$

équation d'Hermité

$$\hat{a} |0\rangle = 0$$

$$\hat{a} = \frac{1}{\sqrt{2}} \left(\frac{\hat{x}}{a_{ho}} + i \frac{\hat{p}}{p_{ho}} \right)$$

$$\langle x | \hat{a} | 0 \rangle = \frac{1}{\sqrt{2}} \left(\frac{x}{a_{ho}} + \frac{\hbar}{p_{ho}} \frac{d}{dx} \right) \psi_0(x) = 0$$

$$\psi(x) = \langle x | 0 \rangle$$

$$\Rightarrow \left(u + \frac{d}{du} \right) \phi_0(u) = 0$$

$$\frac{d}{du} \phi_0(u) = -u \phi_0(u)$$

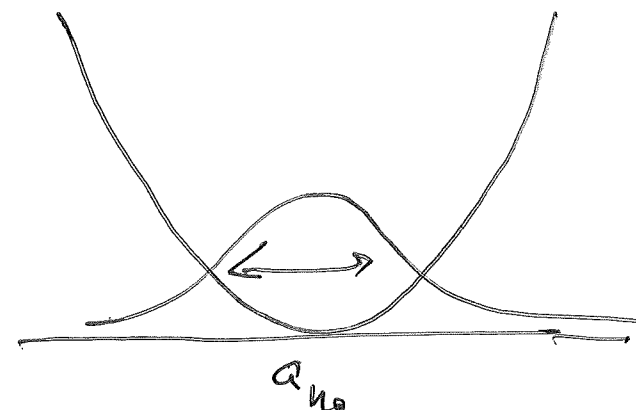
$$\phi_0(u) = A e^{-u^2/2}$$

Solution unique

$$\int_{-\infty}^{+\infty} dx e^{-x^2/a_{ho}^2} = a_{ho} \int_{-\infty}^{+\infty} du e^{-u^2} = \sqrt{\pi} a_{ho}$$

5

$$\psi_0(x) = \frac{1}{(a_{ho} \sqrt{\pi})^{1/2}} e^{-x^2/2a_{ho}^2}$$



$$|1\rangle = \hat{a}^+ |0\rangle \Rightarrow \psi_1(x) = \frac{1}{\sqrt{2}} \left(\frac{x}{a_{ho}} - \frac{\hbar}{p_{ho}} \frac{d}{dx} \right) \psi_0(x)$$

$$= \frac{1}{\sqrt{2}} \left(u - \frac{d}{du} \right) \phi_0(u)$$

$$\langle x|n\rangle = \frac{1}{\sqrt{n!}} \frac{1}{\sqrt{2}^n} \left(u - \frac{d}{du} \right)^n \phi_0(u) = \phi_n(u)$$

polynômes de Hermite $H_n(u)$ polynôme d'ordre n

$$\left(u - \frac{d}{du} \right)^n e^{-u^2/2} = H_n(u) e^{-u^2/2}$$

$$\psi_n(x) = \frac{1}{(\sqrt{\pi} 2^n n! a_{ho})^{1/2}} H_n\left(\frac{x}{a_{ho}}\right) e^{-\frac{x^2}{2a_{ho}^2}}$$

$$\hat{a}^+ |0\rangle = \sqrt{1} |1\rangle$$

$$(\hat{a}^+)^2 |0\rangle = \sqrt{1}\sqrt{2} |2\rangle$$

$$(\hat{a}^+)^3 |0\rangle = \sqrt{1} \times \sqrt{2} \times \sqrt{3} |3\rangle$$

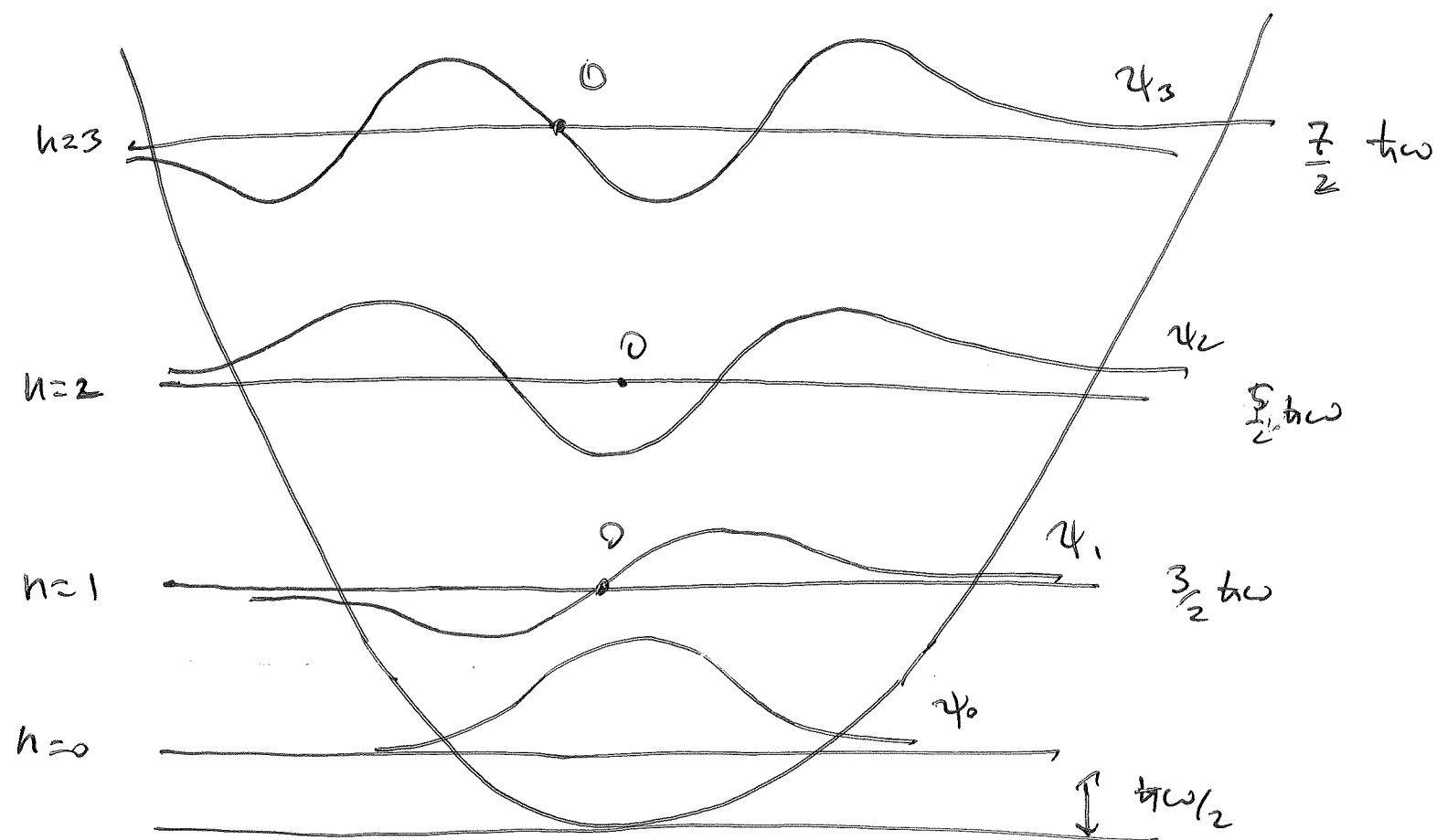
$$(\hat{a}^+)^n |0\rangle = \sqrt{n!} |n\rangle$$

$$|n\rangle = \frac{1}{\sqrt{n!}} (\hat{a}^+)^n |0\rangle$$

$$H_0(u) = 1$$

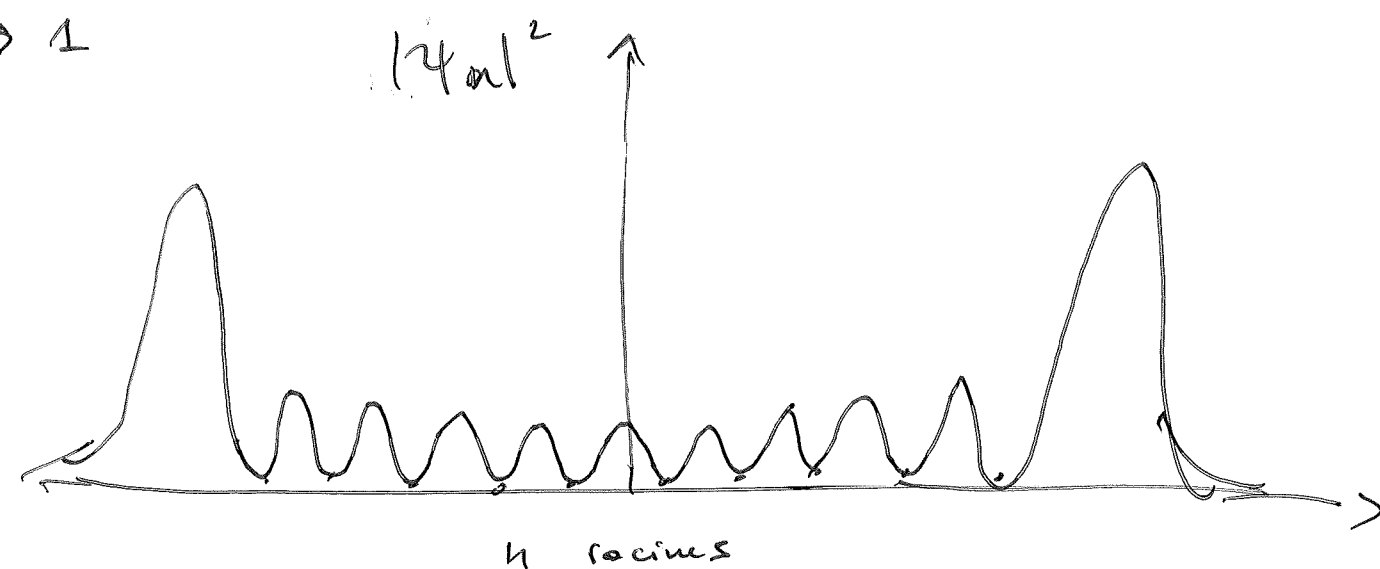
$$H_1(u) = 2u$$

$$H_2(u) = 4u^2 - 2$$



$$E_n = \hbar \omega \left(n + \frac{1}{2} \right)$$

$n \gg 1$



$$\begin{aligned} \langle \hat{x} \rangle_n &= \sqrt{\frac{\hbar}{2m\omega}} \langle n | (\hat{a} + \hat{a}^\dagger) | n \rangle \\ &= \sqrt{\frac{\hbar}{2m\omega}} \langle n | (\sqrt{n} |n-1\rangle + \sqrt{n+1} |n+1\rangle) \rangle = 0 \end{aligned}$$

$$\langle \hat{p} \rangle_n = 0$$

$$\begin{cases} \hat{x} = \sqrt{\frac{\hbar}{2m\omega}} (\hat{a} + \hat{a}^\dagger) \\ \hat{p} = \sqrt{\frac{m\hbar\omega}{2}} \frac{(\hat{a} - \hat{a}^\dagger)}{i} \end{cases}$$

$$\langle \hat{x}^2 \rangle_n = \frac{\hbar}{2m\omega} \langle n | (\hat{a} + \hat{a}^\dagger)(\hat{a} + \hat{a}^\dagger) | n \rangle = \frac{\hbar}{2m\omega} \langle n | (\hat{a}^\dagger)^2 + \hat{a}^2 + \underbrace{\hat{a}^\dagger \hat{a} + \hat{a} \hat{a}^\dagger}_{\hat{a}^\dagger \hat{a} + 1} | n \rangle$$

(7)

$$= \frac{\hbar}{2m\omega} (2n+1) = \boxed{\frac{\hbar}{m\omega} \left(n + \frac{1}{2}\right) = \langle x^2 \rangle_n}$$

$\langle p^2 \rangle_n$

$$\hat{H} = \frac{1}{2} m \omega^2 x^2 + \frac{p^2}{2m}$$

$$\langle \hat{H} \rangle_n = \hbar \omega \left(n + \frac{1}{2}\right) = \underbrace{\frac{1}{2} m \omega^2 \frac{\hbar}{m\omega}}_{\hbar \omega} \left(n + \frac{1}{2}\right) + \frac{\langle p^2 \rangle_n}{2m}$$

$$\frac{1}{2} m \omega^2 \langle x^2 \rangle_n = \frac{1}{2} \hbar \omega \left(n + \frac{1}{2}\right)$$

$$\frac{\langle p^2 \rangle_n}{2m} = \frac{1}{2} \hbar \omega \left(n + \frac{1}{2}\right)$$

$$\boxed{\langle p^2 \rangle_n = \hbar m \omega \left(n + \frac{1}{2}\right)}$$

$$\begin{aligned} (\Delta x)_n (\Delta p)_n &= \sqrt{\langle x^2 \rangle_n} \sqrt{\langle p^2 \rangle_n} = \sqrt{\frac{\hbar}{m\omega} * \hbar m \omega} \left(n + \frac{1}{2}\right) \\ &= \hbar \left(n + \frac{1}{2}\right) \end{aligned}$$

$\hbar = 0$

$$\boxed{(\Delta x)_0 (\Delta p)_0 = \frac{\hbar}{2}}$$

$$\Delta x \Delta p \geq \frac{\hbar}{2}$$

THEORIE DES PERTURBATIONS

$$\hat{H} = \hat{H}_0 + \lambda \hat{V}$$

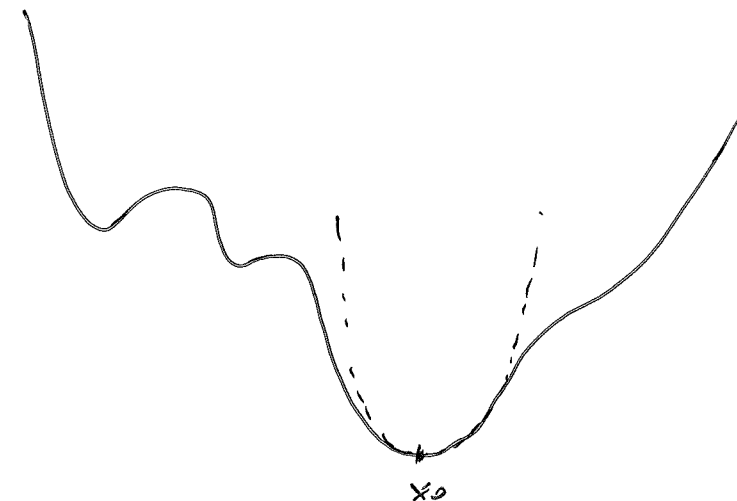
$\uparrow$
exactement résolvable

λ paramètre

$$[\hat{V}, \hat{H}_0] \neq 0$$

$$\lambda \ll 1$$

perturbation



$$V(x) \approx V(x_0) + \frac{V''(x_0)}{2} (x-x_0)^2 + \frac{V'''(x_0)}{6} (x-x_0)^3$$

Hypothèse fondamentale

$$\hat{H}_0 |\psi_a^{(0)}\rangle = E_a^{(0)} |\psi_a^{(0)}\rangle$$

$\downarrow$
Hamiltonien
non perturbé

a indice

$$\hat{H} |\psi_a\rangle = E_a |\psi_a\rangle$$

$$E_a^{(\lambda)} = E_a^{(0)} + \lambda E_a^{(1)} + \lambda^2 E_a^{(2)} + \dots$$

$$|\psi_a\rangle = |\psi_a^{(0)}\rangle + \lambda |\phi_a^{(1)}\rangle + \lambda^2 |\phi_a^{(2)}\rangle + \dots$$

$E_a^{(0)}$ valeur propre non perturbée

E_a " " perturbée

$|\psi_a^{(0)}\rangle \Rightarrow$ vecteur propre non perturbé

$|\psi_a\rangle$ " " perturbé

cas non-dégénéré

$$(\hat{H}_0 + \lambda \hat{V}) (|E_a^{(0)}\rangle + \lambda |\phi_1\rangle + \lambda^2 |\phi_2\rangle + \dots)$$

$$= (E_0 + \lambda E_1 + \lambda^2 E_2 + \dots) (|E_a^{(0)}\rangle + \lambda |\phi_1\rangle + \lambda^2 |\phi_2\rangle + \dots)$$

$$|E_a^{(0)}\rangle = |E_a^{(0)}\rangle \rightarrow |\phi_0\rangle$$

$$|\phi_a^{(n)}\rangle \rightarrow |\phi_n\rangle$$

$$E_a^{(n)} \rightarrow E_n$$

$$E_a^{(0)} \rightarrow E_0$$

NOTATION

$$a_0 + a_1 \lambda + a_2 \lambda^2 + \dots = b_0 + b_1 \lambda + b_2 \lambda^2 + \dots \quad a_0 = b_0 \quad a_1 = b_1 \quad \dots$$

9

$$\hat{H}_0 |E_a^{(0)}\rangle = E_a^{(0)} |E_a^{(0)}\rangle$$

order zero
→ $|\phi_0\rangle$

$$\hat{H}_0 |\phi_1\rangle + \hat{V} |E_a^{(0)}\rangle = E_0 |\phi_1\rangle + E_1 |E_a^{(0)}\rangle$$

$$\rightarrow \hat{H}_0 |\phi_1\rangle + \hat{V} |\phi_0\rangle = E_0 |\phi_1\rangle + E_1 |\phi_0\rangle$$

order 1

$$\rightarrow \hat{H}_0 |\phi_2\rangle + \hat{V} |\phi_1\rangle = E_0 |\phi_2\rangle + E_1 |\phi_1\rangle + E_2 |\phi_0\rangle$$

order 2

$$\begin{cases} (\hat{H}_0 - E_0) |\phi_1\rangle + (\hat{V} - E_1) |\phi_0\rangle = 0 \\ (\hat{H}_0 - E_0) |\phi_2\rangle + (\hat{V} - E_1) |\phi_1\rangle - E_2 |\phi_0\rangle = 0 \\ \dots \end{cases}$$

$E_1, E_2, \dots$
 $|\phi_1\rangle, |\phi_2\rangle, \dots$

$$\langle E_k^{(0)} | (\hat{H}_0 - E_0) |\phi_1\rangle + \langle E_k^{(0)} | (\hat{V} - E_1) |\phi_0\rangle = 0$$

$$|\phi_0\rangle = |E_a^{(0)}\rangle$$

$$E_0 = E_a^{(0)}$$

$k=a$

$$\langle E_a^{(0)} | \hat{V} | E_a^{(0)} \rangle = E_1$$

$k \neq a$

$$(E_k^{(0)} - E_a^{(0)}) \langle E_k^{(0)} | \phi_1 \rangle + \langle E_k^{(0)} | \hat{V} | E_a^{(0)} \rangle - E_1 \delta_{ka} = 0$$

$$\langle E_k^{(0)} | \phi_1 \rangle = \frac{\langle E_k^{(0)} | \hat{V} | E_a^{(0)} \rangle}{E_a^{(0)} - E_k^{(0)}}$$

$$|\phi_i\rangle = \sum_{k \neq a} \frac{\langle E_k^{(0)} | \hat{V} | E_a^{(0)} \rangle}{E_a^{(0)} - E_k^{(0)}} |E_k^{(0)}\rangle + \overset{i\eta}{\langle E_a^{(0)} | \phi_i \rangle} |E_a^{(0)}\rangle$$

↓
0

10

$$\begin{aligned} \langle E_a | E_a \rangle &= 1 = (\langle E_a^{(0)} | + \lambda \langle \phi_1 | + \lambda^2 \langle \phi_2 | + \dots) (|E_a^{(0)}\rangle + \lambda |\phi_1\rangle + \lambda^2 |\phi_2\rangle + \dots) \\ &= 1 + \lambda \underbrace{(\langle \phi_1 | E_a^{(0)} \rangle + \langle E_a^{(0)} | \phi_1 \rangle)}_{=0} + \mathcal{O}(\lambda^2) \end{aligned}$$

$$\langle \phi_1 | E_a^{(0)} \rangle = - \langle \phi_1 | E_a^{(0)} \rangle^* \quad \langle E_a^{(0)} | \phi_1 \rangle = i\eta \quad \eta \in \mathbb{R}$$

$$\begin{aligned} |E_a\rangle &\rightarrow e^{i\lambda\alpha} |E_a\rangle = \left(1 + i\lambda\alpha - \frac{1}{2}\lambda^2\alpha^2 + \dots\right) (|E_a^{(0)}\rangle + \lambda |\phi_1\rangle + \dots) \\ &= |E_a^{(0)}\rangle + i\lambda\alpha |E_a^{(0)}\rangle + \lambda |\phi_1\rangle + \dots \end{aligned}$$

$$\begin{aligned} \langle E_a^{(0)} | e^{i\lambda\alpha} |E_a\rangle &= 1 + i\lambda\alpha + \lambda \sum_{k \neq a} \langle E_a^{(0)} | \phi_k \rangle + i\eta\lambda + \mathcal{O}(\lambda^2) \\ &= 1 + i\lambda(\alpha + \eta) + \dots \end{aligned}$$

$$\alpha = -\eta$$

$$|\phi_i\rangle = \sum_{k \neq a} \frac{\langle E_k^{(0)} | \hat{V} | E_a^{(0)} \rangle}{E_a^{(0)} - E_k^{(0)}} |E_k^{(0)}\rangle$$

$$\epsilon_i = \langle E_a^{(0)} | \hat{V} | E_a^{(0)} \rangle$$

$$(\hat{H}_0 - E_0) |\phi_2\rangle + (\hat{V} - E_1) |\phi_1\rangle - E_2 |\phi_0\rangle = 0$$

$$\langle E_a^{(0)} | \hat{V} | \phi_1 \rangle = E_2$$

$$E_2 = \sum_{k \neq a} \frac{|\langle E_k^{(0)} | \hat{V} | E_a^{(0)} \rangle|^2}{E_a^{(0)} - E_k^{(0)}}$$