

$$\hat{H} = \hat{H}_0 + \lambda \hat{V}$$

↑
résoluble

$$\lambda \ll 1$$

$$[\hat{H}_0, \lambda \hat{V}] \neq 0$$

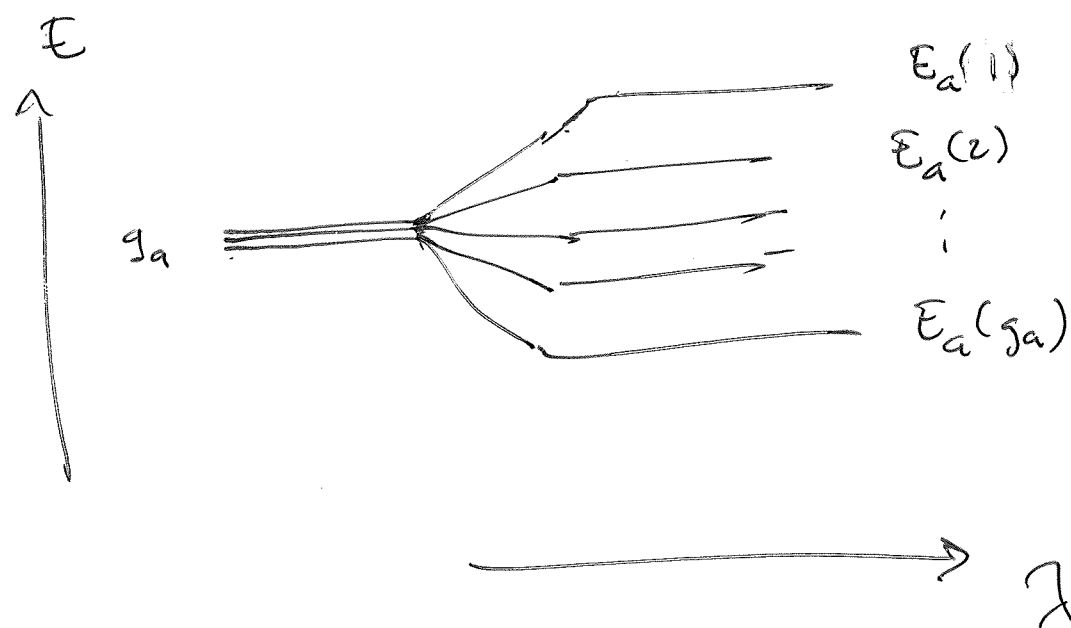
$$\hat{H}_0 |E_a^{(0)}\rangle = E_a^{(0)} |E_a^{(0)}\rangle$$

cas dégénéré :

$$\hat{H}_0 |E_a^{(0)}; p\rangle = E_a^{(0)} |E_a^{(0)}; p\rangle$$

$$p = 1, \dots, g_a$$

g_a dégénérescence
de $E_a^{(0)}$



$$E_a(q) = E_a^{(0)} + \lambda \overset{\epsilon_1}{E_a^{(1)}(q)} + \lambda^2 \overset{\epsilon_2}{E_a^{(2)}(q)} + \dots$$

$$\hat{H} |\psi_a; q\rangle = E_a(q) |\psi_a; q\rangle$$

$$|\psi_a; q\rangle = \sum_{p=1}^{g_a} \alpha_p^{(q)} |E_a^{(0)}; p\rangle + \lambda |\phi_a^{(1)}(q)\rangle + \lambda^2 |\phi_a^{(2)}(q)\rangle + \dots$$

$\downarrow$
 $|\phi_1\rangle$
 $\downarrow$
 $|\phi_2\rangle$

$$\hat{H} |\psi_a; q\rangle = E_a(q) |\psi_a; q\rangle$$

$$(\hat{H}_0 - E_a^{(0)}) |\phi_1\rangle + (\hat{V} - \epsilon_1) \sum_{p=1}^{g_a} \alpha_p^{(q)} |E_a^{(0)}; p\rangle = 0$$

$$p, q, p' = 1, \dots, g_a$$

$$\langle E_a^{(0)}; p' | \left(\sum_{p=1}^{g_a} V_{p'p} \alpha_p^{(q)} - \epsilon_1^{(1)}(q) \alpha_{p'}^{(q)} \right) = 0$$

$$\Rightarrow \sum_p V_{p'p} \alpha_p^{(q)} = \epsilon_1^{(1)}(q) \alpha_{p'}^{(q)}$$

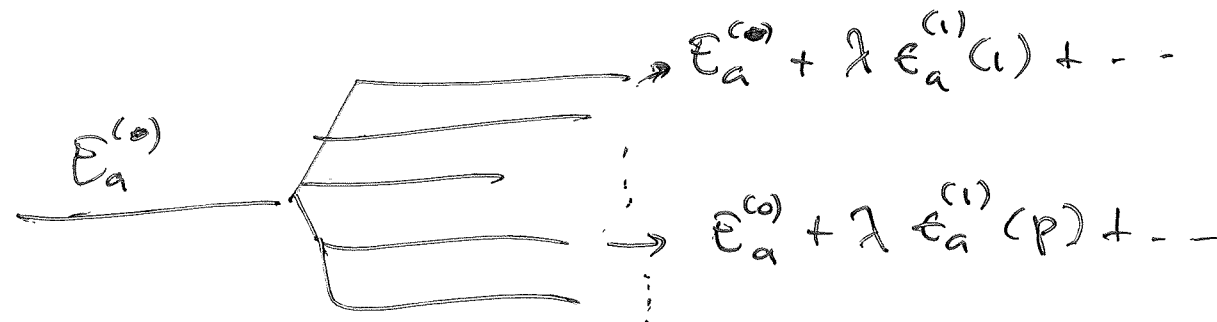
$$V \vec{\alpha}^{(q)} = \epsilon^{(q)} \vec{\alpha}^{(q)}$$

pour calculer

$$\epsilon_a^{(1)}(q)$$

construire la matrice de $\hat{V}$ sur la base des états propres diagonaux de H_0

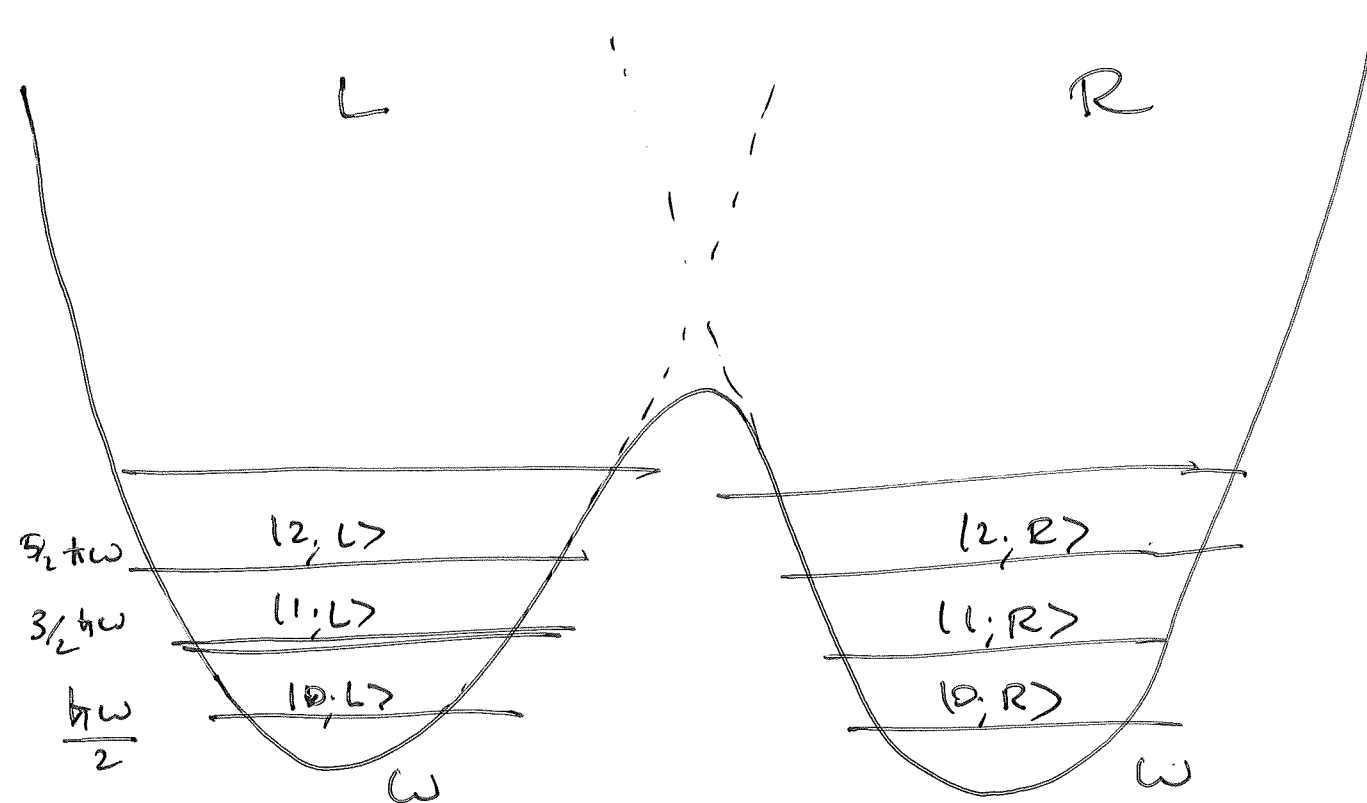
si $\epsilon_a^{(1)}(q)$ sont tous différents



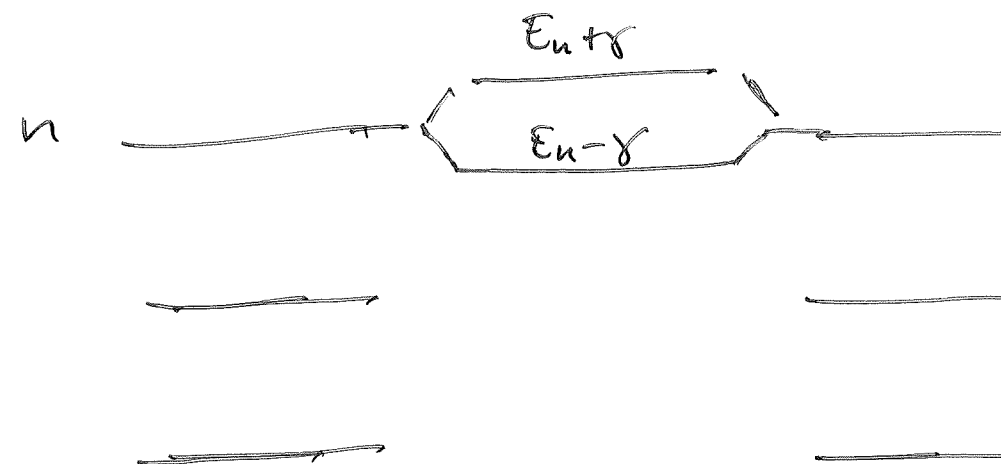
$\Rightarrow$

$$|u_{a;1}\rangle = \sum_{p=1}^{g_a} \alpha_p^{(1)} |E_a^{(0)}; p\rangle + \lambda (\dots)$$

clivage ("splitting")



clivage par effet tunnel ("tunnel splitting")



$$E_n = \hbar\omega \left(n + \frac{1}{2}\right)$$

$$|n; L\rangle, |n; R\rangle$$

vecteurs propres impatés

$$V = \begin{pmatrix} \langle n; L | & \langle n; R | \end{pmatrix} \begin{pmatrix} \beta^{(n)} & -\gamma^{(n)} \\ -\gamma^{(n)} & \beta^{(n)} \end{pmatrix}$$

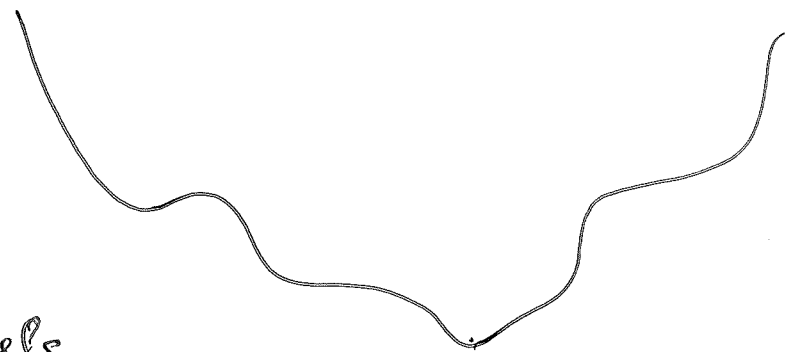
$$\epsilon_n^{(1)} = \pm |\gamma^{(n)}| \rightarrow \frac{|n; L\rangle \mp |n; R\rangle}{\sqrt{2}}$$

$$\beta^{(n)} \pm \gamma^{(n)}$$

$\hat{H}$

$|\psi(\vec{a})\rangle$

$\vec{a} = (a_1, a_2, \dots, a_N)$



exemple

$\vec{a} = (a_1, a_2)$

$$\psi(x, \vec{a}) = N e^{-\frac{(x-a_1)^2}{2a_2^2}}$$

"Ausatz" variationnel

principes variationnels

1) état fondamental $\hat{H} \rightarrow E_0$ énergie de l'état fondamental

$|\psi\rangle$ vecteur quelconque en $\mathcal{H}$ $\| \psi \|^2 = 1$

$$\langle \psi | \hat{H} | \psi \rangle \geq E_0$$

$$|\psi\rangle = \sum_n c_n |\phi_n\rangle \quad \hat{H} |\phi_n\rangle = E_n |\phi_n\rangle \quad E_n \geq E_0$$

$$\langle \psi | \hat{H} | \psi \rangle = \sum_{nn'} c_n^* c_{n'} \underbrace{\langle \phi_n | \hat{H} | \phi_{n'} \rangle}_{\delta_{nn'} E_n} = \sum_n |c_n|^2 E_n \geq \underbrace{\sum_n |c_n|^2}_1 E_0 = E_0$$

$|\psi(\vec{a})\rangle$

$$\min_{\vec{a}} \frac{\langle \psi(\vec{a}) | \hat{H} | \psi(\vec{a}) \rangle}{\langle \psi(\vec{a}) | \psi(\vec{a}) \rangle} = E(\vec{a}) \Rightarrow \vec{a}_0$$

$\underbrace{\hspace{10em}}_{E(\vec{a})}$

$|\psi(\vec{a}_0)\rangle$ meilleure approximation de $|\phi_0\rangle$ à l'intérieur de la classe d'état $|\psi(\vec{a})\rangle$

2) états propres

$|\psi\rangle \in H$, $\hat{H}$

5

$$E_\psi = \frac{\langle \psi | \hat{H} | \psi \rangle}{\langle \psi | \psi \rangle}$$

E_ψ est stationnaire par rapport à tout changement de $|\psi\rangle$

$\Leftrightarrow |\psi\rangle$ est état propre de $\hat{H}$.

$|\psi\rangle \rightarrow |\psi\rangle + |\delta\psi\rangle$

~~$\| \psi \|^2 = 1$~~

$$E_{\psi+\delta\psi} = \frac{(\langle \psi | + \langle \delta\psi |) \hat{H} (|\psi\rangle + |\delta\psi\rangle)}{(\langle \psi | + \langle \delta\psi |)(|\psi\rangle + |\delta\psi\rangle)} = \frac{\langle \psi | \hat{H} | \psi \rangle + \langle \delta\psi | \hat{H} | \psi \rangle + \langle \psi | \hat{H} | \delta\psi \rangle + \langle \delta\psi | \hat{H} | \delta\psi \rangle}{\langle \psi | \psi \rangle \left[1 + \frac{\langle \psi | \delta\psi \rangle + \langle \delta\psi | \psi \rangle}{\langle \psi | \psi \rangle} + \mathcal{O}(\delta\psi^2) \right]}$$

$$= \frac{1}{\langle \psi | \psi \rangle} \left(1 - \frac{\langle \psi | \delta\psi \rangle}{\langle \psi | \psi \rangle} - \frac{\langle \delta\psi | \psi \rangle}{\langle \psi | \psi \rangle} + \mathcal{O}(\delta\psi^2) \right) \left(\underbrace{\langle \psi | \hat{H} | \psi \rangle}_{E_\psi} + \langle \delta\psi | \hat{H} | \psi \rangle + \langle \psi | \hat{H} | \delta\psi \rangle + \mathcal{O}(\delta\psi^2) \right)$$

$$= \left[\frac{\langle \psi | \hat{H} | \psi \rangle}{\langle \psi | \psi \rangle} + \frac{\langle \delta\psi | (\hat{H} - E_\psi) | \psi \rangle}{\langle \psi | \psi \rangle} + \frac{\langle \psi | (\hat{H} - E_\psi) | \delta\psi \rangle}{\langle \psi | \psi \rangle} + \mathcal{O}(\delta\psi^2) \right]$$

$\Rightarrow \langle \delta\psi | (\hat{H} - E_\psi) | \psi \rangle = 0 \quad \forall |\delta\psi\rangle$

$\hat{H} |\psi\rangle = E_\psi |\psi\rangle$

$|\psi\rangle$ état propre de $\hat{H}$



$$(\hat{H} - E\psi)|\psi\rangle = 0$$

$$\underline{E_\psi \text{ stationnaire}}$$



$$|\psi(\vec{a})\rangle$$

$$\text{extrema de } E(\vec{a}) = \frac{\langle \psi(\vec{a}) | \hat{H} | \psi(\vec{a}) \rangle}{\langle \psi(\vec{a}) | \psi(\vec{a}) \rangle}$$

$$\vec{a}_e$$

$$\vec{\nabla}_{\vec{a}} E(\vec{a}) \Big|_{\vec{a}_e} = 0$$

MOMENT ANGULAIRE ou CINÉTIQUE en MQ

(6)

MQ

$$\vec{L} = \vec{r} \times \vec{p} = (y p_z - z p_y, -x p_z + z p_x, x p_y - y p_x)$$

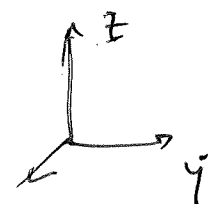
$$[\hat{x}, \hat{p}_y] = 0$$

$$\rightarrow \hat{L} = (\hat{y} \hat{p}_z - \hat{z} \hat{p}_y, \dots)$$

$$\boxed{[\hat{x}, \hat{p}_x] = i\hbar}$$

$$[\hat{y}, \hat{p}_y] = [\hat{z}, \hat{p}_z]$$

$$[\hat{L}^x, \hat{L}^y] = \dots = i\hbar \hat{L}^z \neq 0$$



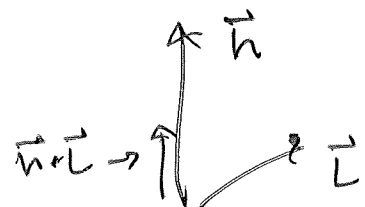
$$\epsilon_{\alpha\beta\gamma} = \begin{cases} 1 & \text{si } (\alpha\beta\gamma) \text{ est une permutation paire de } (xyz) : (xyz), (yzx), (zxy) \\ -1 & \text{si " " " " " impaire " " } \\ 0 & \text{autrement} \end{cases}$$

$$\boxed{[\hat{L}^\alpha, \hat{L}^\beta] = i\hbar \sum_\gamma \epsilon_{\alpha\beta\gamma} \hat{L}^\gamma}$$

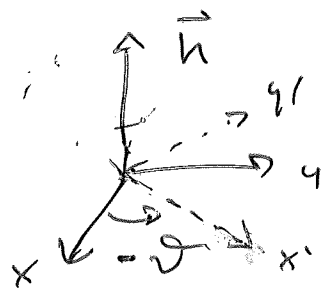
$\vec{n} \cdot \vec{L}$ est conservé

$\Leftrightarrow$

invariance par rotation
autour de l'axe $\vec{n}$



$$\hat{R}_{\vec{n}}(\vartheta) |\psi\rangle = |\psi'\rangle$$



$$\vec{r} \rightarrow \vec{r}' = R_{\vec{n}}(\vartheta) \vec{r}$$

↓
3x3

(7)

$$\hat{\vec{V}} \quad \text{ex.} \quad \hat{\vec{L}}, \hat{\vec{r}}, \hat{\vec{p}} \text{ etc...}$$

$$\langle \hat{\vec{V}} \rangle_{\psi} \rightarrow \langle \vec{V} \rangle_{\psi'} = \langle \psi | \hat{R}_{\vec{n}}^{\dagger}(\vartheta) \hat{\vec{V}} \hat{R}_{\vec{n}}(\vartheta) | \psi \rangle = R_{\vec{n}}(\vartheta) \langle \vec{V} \rangle_{\psi}$$

$$[\hat{H}, \hat{R}_{\vec{n}}(\vartheta)] = 0 \quad \text{unitaire}$$

Si le système est invariant par rotation autour de $\vec{n}$

$$[\hat{H}, \hat{\vec{L}} \cdot \vec{n}] = 0$$

$$\hat{R}_{\vec{n}}(\vartheta) = e^{-\frac{i}{\hbar} \vartheta (\hat{\vec{L}} \cdot \vec{n})}$$

$$[\hat{H}] = [\hat{L}]$$

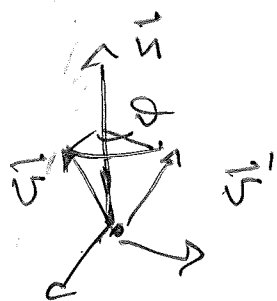
$$\hat{R}_{\vec{n}}(\vartheta_1) \hat{R}_{\vec{n}}(\vartheta_2) = \hat{R}_{\vec{n}}(\vartheta_1 + \vartheta_2)$$

$$f(\vartheta) = \underbrace{\alpha \vartheta}_{=-1}$$

$$\hat{U} = e^{i\phi \hat{A}}$$

$$\hat{R}_{\vec{n}}(\vartheta) = e^{-\frac{i}{\hbar} \vartheta (\hat{\vec{L}} \cdot \vec{n})} \approx \left(1 - \frac{i}{\hbar} \vartheta (\hat{\vec{L}} \cdot \vec{n}) + \dots \right)$$

$\hat{\vec{L}} \cdot \vec{n}$ est générateur des rotations



$$\vec{r}' = (1 - \omega^2 \theta^2) (\vec{n} \cdot \vec{r}) \vec{n} + \omega \theta \vec{r} + \sin \theta (\vec{n} \times \vec{r})$$

$$\stackrel{\approx}{\theta \rightarrow 0} \vec{r} + \theta (\vec{n} \times \vec{r}) + \mathcal{O}(\theta^2)$$

$$= \left[\mathbb{1} + \theta \begin{pmatrix} 0 & -n_z & n_y \\ n_z & 0 & -n_x \\ -n_y & n_x & 0 \end{pmatrix} + \dots \right] \vec{r}$$

$$= \left[\mathbb{1} - \left(i \theta \vec{n} \cdot \vec{T} \right) \right] \vec{r} + \dots$$

$$T_x = \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & -i \\ 0 & i & 0 \end{pmatrix}$$

$$T_y = \begin{pmatrix} 0 & 0 & i \\ 0 & 0 & 0 \\ -i & 0 & 0 \end{pmatrix}$$

$$T_z = \begin{pmatrix} 0 & -i & 0 \\ i & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

$$\vec{r}' = R_{\vec{n}}(\theta) \vec{r} = \exp(-i \theta \vec{n} \cdot \vec{T}) \vec{r}$$

$$\langle \hat{V} \rangle_{\psi'} \stackrel{\theta \rightarrow 0}{=} \langle \psi | \left(\mathbb{1} + \frac{i}{\hbar} \theta (\vec{L} \cdot \vec{n}) \right) \hat{V} \left(\mathbb{1} - \frac{i}{\hbar} \theta (\vec{L} \cdot \vec{n}) \right) | \psi \rangle$$

$$= \langle \hat{V} \rangle_{\psi} + \frac{i}{\hbar} \theta \langle [\vec{L} \cdot \vec{n}, \hat{V}] \rangle_{\psi} + \mathcal{O}(\theta^2)$$

$$= \left[\mathbb{1} - i \theta (\vec{n} \cdot \vec{T}) \right] \langle \hat{V} \rangle_{\psi} = \langle \hat{V} \rangle_{\psi} - i \theta \langle \psi | (\vec{n} \cdot \vec{T}) \hat{V} | \psi \rangle$$

$$\boxed{[\vec{L} \cdot \vec{n}, \hat{V}] = -\hbar (\vec{n} \cdot \vec{T}) \hat{V}}$$

$$\vec{V} = \vec{L}$$

$$\vec{n} = \vec{e}_x$$

$$[\hat{L}^x, \hat{L}^y] = \hbar (\hat{L}_x \hat{L}^z)_y = i\hbar \hat{L}^z$$

9