SYMPLECTICALLY DEGENERATE MAXIMA
VIA GENERATING FUNCTIONS

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Dedicated to John Mather on the occasion of his 70th birthday.

ABSTRACT. We provide a simple proof of a theorem due to Nancy Hingston, asserting that symplectically degenerate maxima of any Hamiltonian diffeomorphism ϕ of the standard symplectic $2d$-torus are non-isolated contractible periodic points or their action is a non-isolated point of the average-action spectrum of ϕ. Our argument is based on generating functions.

CONTENTS

1. INTRODUCTION

A remarkable feature of Hamiltonian systems on symplectic manifolds is that they tend to have many periodic orbits. For autonomous systems, this was already noticed by Poincaré in one of his so-called "other" conjectures:

> "Il y a même plus : voici un fait que je n'ai pu démontrer rigoureusement, mais qui me paraît pourtant très vraisemblable. Étant données des équations de la forme définie dans le numéro 13 [i.e. autonomous Hamilton equations] *et une solution particulière quelconque de ces équations, on peut toujours trouver une solution périodique (dont la période peut, il est vrai, être très longue), telle que*

> *la différence entre les deux solutions soit aussi petite qu'on le veut,*
> *pendant un temps aussi long qu'on le veut. D'ailleurs, ce qui nous*
> *rend ces solutions périodiques si précieuses, c'est qu'elles sont, pour*
> *ainsi dire, la seule brèche par où nous puissions essayer de pénétrer*
> *dans une place jusqu'ici réputée inabordable."*
>
> Henri Poincaré, [Poi87, page 82].

For non-autonomous systems the abundance of periodic motion is a global phenomenon somehow reflecting the fact that periodic orbits can be detected by a variational principle: they are critical points of the action functional. In 1984, Conley [Con84] conjectured that every Hamiltonian diffeomorphism of the standard symplectic torus $(\mathbb{T}^{2d}, \omega)$ has infinitely many contractible periodic points (a periodic point is contractible when it corresponds to a contractible periodic orbit of any associated Hamiltonian system, see Section 2.1). The weaker version of this conjecture, for a *generic* Hamiltonian diffeomorphism, was soon established by Conley and Zehnder [CZ84] and then extended to all the closed symplectically aspherical manifolds by Salamon and Zehnder [SZ92]. The general Conley conjecture is significantly harder. In dimension 2, for all the closed surfaces other than the sphere, it was established by Franks and Handel [FH03] and further extended to the category of Hamiltonian homeomorphisms by Le Calvez [LC06]. In higher dimension, the original conjecture for tori was recently established by Hingston [Hin09] and further generalized to closed symplectically aspherical manifolds by Ginzburg [Gin10]. Further extensions, refinements and related results are contained in [Lon00, Lu09, Maz11, GG10, GG09, Hei09, Hei11, GG12].

The general strategy of the proof of the Conley conjecture goes along the following lines. A contractible periodic point with period p corresponds to a contractible p-periodic orbit of an associated Hamiltonian system, which in turn is a critical point of the Hamiltonian action functional in period p. For homological reasons, for every period p one can detect critical points of the action functional with non-trivial local homology in Maslov degree d, where d is the half-dimension of the symplectic manifold. If one assumes that the Hamiltonian diffeomorphism has only finitely many contractible periodic points, one among these points must be homologically visible in degree d for infinitely many periods. This means that for infinitely many periods p, the p-periodic orbit corresponding to the periodic point has non-trivial local homology in Maslov degree d. By replacing the considered Hamiltonian flow with another one having the same time-p map, one can further realize these orbits as sufficiently flat local maxima of the Hamiltonian function at every time: for this reason, orbits of this kind are often called symplectically degenerate maxima[1]. The second part or the proof of the Conley conjecture is the crucial one: the existence of a symplectically degenerate maximum z automatically implies the existence of infinitely many other contractible periodic points. Indeed, if z is isolated in the set of periodic points, its average-action turns out to be a non-isolated point in the average-action spectrum of the Hamiltonian diffeomorphism (see Section 2.1 for the precise definition).

The first part of the proof, namely the detection of a symplectically degenerate maximum, is well understood: it can be carried out for the case of tori by means of Morse theory for the Hamiltonian action in a suitable functional setting, whereas

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[1]In [Hin09], Hingston calls them topologically degenerate orbits instead.

for more general symplectic manifolds one has to use Floer theory (see e.g. [Sal99]), a special Morse theory for the Hamiltonian action. The second part of the proof, namely the statement asserting that the presence of a symplectically degenerate maximum implies the existence of infinitely many other periodic points, is much less transparent. For the torus, Hingston [Hin09] argued by a sophisticated analysis of the behavior of the action functional in a small neighborhood of a symplectically degenerate maximum. For more general symplectic manifolds, Ginzburg [Gin10] used several subtle properties of Floer homology. As already pointed out by Hingston in [Hin09], it is not known whether the new average-action values detected around the average action of a symplectically degenerate maximum z actually correspond to periodic points accumulating at z.

The motivation for the current work is to give a simple and more transparent argument for the second part of the proof of the Conley conjecture in the case of Hamiltonian diffeomorphisms of tori.

Theorem 1.1. *Let z be a symplectically degenerate maximum of a Hamiltonian diffeomorphism ϕ of the standard symplectic torus $(\mathbb{T}^{2d}, \omega)$, with $d \geq 1$. If, for all $n \in \mathbb{N}$, z is isolated in the set of contractible fixed points of ϕ^n, then the action of z is a non-isolated point of the average-action spectrum of ϕ.*

In the paper, we will actually prove a more precise statement (Theorem 3.3) that also gives some information on the period of the periodic points that are found. For its proof, instead of relying on the variational principle associated with the Hamiltonian action functional, we make use of a "discrete" version of it, introduced by Chaperon [Cha84, Cha85]. The functional associated with this variational principle, called the discrete symplectic action, is a generating family for the graph of the Hamiltonian diffeomorphism. In the final section of the paper, we will employ this function to provide quick proofs of special cases of the Conley conjecture: for Hamiltonian diffeomorphisms of $(\mathbb{T}^{2d}, \omega)$ whose graph is described by a single generating function (which is almost a corollary of Theorem 1.1), and for non-degenerate Hamiltonian diffeomorphisms of $(\mathbb{T}^{2d}, \omega)$ (which is one of the celebrated Conley-Zehnder's theorems).

1.1. **Organization of the paper.** In Section 2 we provide the reader with the necessary background. We introduce the variational principle associated with the discrete symplectic action and discuss the relation between its Morse indices at a critical point and the Maslov index of the corresponding periodic point of the considered Hamiltonian diffeomorphism. Moreover, we review the definition and the basic properties of local homology groups. Section 3 is the core of this paper: we define and investigate the properties of symplectically degenerate maxima, and we prove Theorem 1.1. Finally, in Section 4 we provide quick proofs of some special cases of the Conley conjecture.

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2. Preliminaries

Throughout this paper, ϕ will denote a Hamiltonian diffeomorphism of the standard symplectic torus $(\mathbb{T}^{2d}, \omega)$, where $d \geq 1$. For us, $\mathbb{T}^{2d}$ is the quotient $\mathbb{R}^{2d}/\mathbb{Z}^{2d}$ and we will denote the global Darboux coordinates on it as usual by $z = (x, y)$, so that $\omega = \mathrm{d}x \wedge \mathrm{d}y$. We refer the reader to [MS98, HZ94] for an introduction to symplectic geometry and Hamiltonian dynamics.

2.1. **The discrete symplectic action.** We are interested in the periodic points of ϕ, namely at those $z_0 \in \mathbb{T}^{2d}$ such that $\phi^p(z_0) = z_0$ for some period $p \in \mathbb{N} = \{1, 2, 3, ...\}$. By definition of Hamiltonian diffeomorphism, $\phi = \phi_1$ is the time-1 map of a Hamiltonian flow $\phi_t : \mathbb{T}^{2d} \to \mathbb{T}^{2d}$, and without loss of generality one can always assume ϕ_t to be generated by a Hamiltonian that is 1-periodic in time, in such a way that

$$(2.1) \qquad \phi_{t+1} = \phi_t \circ \phi_1.$$

Therefore, there is a one-to-one correspondence between periodic points z_0 of ϕ and periodic orbits $\gamma(t) = \phi_t(z_0)$ of the corresponding Hamiltonian flow. A well-known property of Hamiltonian diffeomorphisms is that, at least on closed symplectically aspherical manifolds (among which are the tori), the fact that a periodic orbit corresponding to a periodic point of ϕ be contractible does not depend on the choice of the Hamiltonian flow ϕ_t having ϕ as time-1 map, see [Sch00, Prop. 3.1]. Hence, it makes sense to talk about **contractible periodic points** of the Hamiltonian diffeomorphism ϕ.

It is well known that contractible periodic orbits of Hamiltonian systems can be detected by means of a variational principle: they are critical points of the action functional. In the current paper, we will make use of a discrete version of this variational principle, which was introduced by Chaperon [Cha84, Cha85] in the early eighties in order to provide a simple proof of the Arnold conjecture for tori. Here, we recall this principle following Robbin and Salamon [RS93b]. First of all, let us factorize ϕ as

$$(2.2) \qquad \phi = \psi_{k-1} \circ \psi_{k-2} \circ ... \circ \psi_0,$$

where each $\psi_j : \mathbb{T}^{2d} \to \mathbb{T}^{2d}$ is the Hamiltonian diffeomorphism defined by

$$\psi_j := \phi_{(j+1)/k} \circ \phi_{j/k}^{-1}.$$

By choosing the discretization step k large enough we can make the ψ_j's as C^1-close to the identity as we wish. Eventually, we can lift them to $\mathbb{Z}^{2d}$-equivariant Hamiltonian diffeomorphisms $\tilde{\psi}_j : \mathbb{R}^{2d} \to \mathbb{R}^{2d}$ that are still C^1-close to the identity, and therefore admit generating functions $\tilde{f}_j : \mathbb{R}^{2d} \to \mathbb{R}$ such that

$$(x_{j+1}, y_{j+1}) = \psi_j(x_j, y_j)$$

if and only if

$$(2.3) \qquad \begin{cases} x_{j+1} - x_j = \partial_y \tilde{f}_j(x_{j+1}, y_j), \\ y_{j+1} - y_j = -\partial_x \tilde{f}_j(x_{j+1}, y_j). \end{cases}$$

Hereafter, j must be interpreted as a cyclic index, i.e. $j \in \mathbb{Z}_k$. The functions $\tilde{f}_j$ are invariant by the action of $\mathbb{Z}^{2d}$, and therefore they descend to functions of the form

$$f_j : \mathbb{T}^{2d} \to \mathbb{R},$$

see [MS98, Lemma 11.1] or [Gol01, page 223]. We define the **discrete symplectic action**

$$\tilde{F} : (\mathbb{R}^{2d})^{\times k} = \underbrace{\mathbb{R}^{2d} \times ... \times \mathbb{R}^{2d}}_{\times k} \to \mathbb{R}$$

by

$$\tilde{F}(\boldsymbol{z}) := \sum_{j \in \mathbb{Z}_k} \Big(\langle y_j, x_j - x_{j+1} \rangle + f_j(x_{j+1}, y_j) \Big).$$

Here, $\boldsymbol{z} = (z_0, ..., z_{k-1})$ and $z_j = (x_j, y_j)$. Notice that $\tilde{F}$ is invariant by the diagonal action of $\mathbb{Z}^{2d}$ on $(\mathbb{R}^{2d})^{\times k}$, and therefore it descends to a function

$$F : (\mathbb{R}^{2d})^{\times k} / \mathbb{Z}^{2d} \to \mathbb{R}.$$

A straightforward computation shows that $[\boldsymbol{z}] \in (\mathbb{R}^{2d})^{\times k} / \mathbb{Z}^{2d}$ is a critical point of F if and only if $z_{j+1} = \tilde{\psi}_j(z_j)$ for every $j \in \mathbb{Z}_k$, and therefore if and only if $[z_0] \in \mathbb{T}^{2d}$ is a contractible fixed point of the Hamiltonian diffeomorphism ϕ. In particular, critical points of F are in one-to-one correspondence with contractible fixed points of the Hamiltonian diffeomorphism ϕ.

Let $H_t : \mathbb{T}^{2d} \to \mathbb{R}$ be the 1-periodic Hamiltonian function generating the flow ϕ_t. Set $\zeta(t) = (\chi(t), \nu(t)) := \tilde{\phi}_t(z_0)$ to be an arbitrary line of the lifted flow, $z_j := \zeta(\frac{j}{k})$, and $\boldsymbol{z} = (z_0, ..., z_{k-1})$. Up to normalizing each generating function f_j with an additive constant (depending only on H_t), we have

$$f_j[(x_{j+1}, y_j)] = \langle y_j, x_{j+1} - x_j \rangle + \int_{j/k}^{(j+1)/k} \Big(- \langle \nu(t), \tfrac{\mathrm{d}}{\mathrm{d}t} \chi(t) \rangle + H_t(\zeta(t)) \Big) \, \mathrm{d}t,$$

If $[(x_{j+1}, y_j)]$ is a critical point of f_j, its critical value is given by

$$\int_{j/k}^{(j+1)/k} \Big(- \langle \nu(t), \tfrac{\mathrm{d}}{\mathrm{d}t} \chi(t) \rangle + H_t(\zeta(t)) \Big) \, \mathrm{d}t.$$

Analogously, if $[\boldsymbol{z}]$ is a critical point of F, its critical value is

$$\int_0^1 \Big(- \langle \nu(t), \tfrac{\mathrm{d}}{\mathrm{d}t} \chi(t) \rangle + H_t(\zeta(t)) \Big) \, \mathrm{d}t.$$

This shows that the critical values of the discrete symplectic action F are indeed action values of the periodic orbits corresponding to the critical points of F. We define the **action spectrum** of ϕ to be the set of critical values of F. In the following, in order to simplify the notation we will omit the squared brackets $[\cdot]$.

We wish to apply the machinery of critical point theory, and more specifically Morse theory, to the discrete symplectic action. In order to do this, we need to make sure that the so-called Palais-Smale condition [Pal63] is satisfied: every sequence $\{ \boldsymbol{z}_\alpha \mid \alpha \in \mathbb{N} \}$ such that $F(\boldsymbol{z}_\alpha) \to c$ and $|\mathrm{d}F(\boldsymbol{z}_\alpha)| \to 0$ admits a converging subsequence.

Proposition 2.1. *The discrete symplectic action F satisfies the Palais-Smale condition, and its critical points are contained in a compact subset of its domain.*

Proof. Following McDuff and Salamon [MS98, page 352], let

$$\tau : (\mathbb{R}^{2d})^{\times k}/\mathbb{Z}^{2d} \xrightarrow{\cong} \mathbb{T}^{2d} \times (\mathbb{R}^{2d})^{\times k-1}$$

be the diffeomorphism given by

$$\tau(z_0, ..., z_{k-1}) = (z_0, z_1 - z_0, z_2 - z_1, ..., z_{k-1} - z_{k-2}).$$

We have

$$F \circ \tau^{-1}(z_0, \boldsymbol{\zeta}) = \langle A\boldsymbol{\chi}, \boldsymbol{v} \rangle + B(z_0, \boldsymbol{\zeta}), \quad \forall z_0 \in \mathbb{T}^{2d}, \ \boldsymbol{\zeta} = (\zeta_0, ..., \zeta_{k-2}) \in (\mathbb{R}^{2d})^{\times k-1},$$

where B is a function of the form

$$B : (\mathbb{T}^{2d})^{\times k} \to \mathbb{R},$$

A is the $d(k-1) \times d(k-1)$ matrix which can be written as an upper triangular matrix with the upper part filled by blocks of $d \times d$ identity matrices I, i.e.

$$A = \begin{bmatrix} I & I & \cdots & I \\ 0 & I & \ddots & \vdots \\ \vdots & \ddots & \ddots & I \\ 0 & \cdots & 0 & I \end{bmatrix},$$

and we write each ζ_j in symplectic coordinates as (χ_j, v_j), so that $\boldsymbol{\chi} := (\chi_0, ..., \chi_{k-2})$ and $\boldsymbol{v} := (v_0, ..., v_{k-2})$ are vectors in $(\mathbb{R}^d)^{\times k-1}$.

Now, the quadratic form $Q(\boldsymbol{\zeta}) := \langle A\boldsymbol{\chi}, \boldsymbol{v} \rangle$ is non-degenerate, and therefore $|\mathrm{d}Q(\boldsymbol{\zeta})| \to \infty$ as $|\boldsymbol{\zeta}| \to \infty$. On the other hand the function B has bounded C^1 norm, being defined on a compact space. This proves the proposition. ∎

The variational principle associated with the discrete symplectic action is available in any period $p \in \mathbb{N}$. Namely, contractible p-periodic points of ϕ (that is, contractible fixed points of the p-fold composition $\phi^p = \phi \circ ... \circ \phi$) correspond to critical points of the discrete symplectic action $F^{\times p} : (\mathbb{R}^{2d})^{\times kp}/\mathbb{Z}^{2d} \to \mathbb{R}$ defined by

$$(2.4) \qquad F^{\times p}(\boldsymbol{z}) := \sum_{j \in \mathbb{Z}_{kp}} \Big(\langle y_j, x_j - x_{j+1} \rangle + f_{j \bmod k}(x_{j+1}, y_j) \Big),$$

where $\boldsymbol{z} = (z_0, ..., z_{kp-1})$ and $z_j = (x_j, y_j)$. We define the **average-action spectrum** of ϕ to be the union over $p \in \mathbb{N}$ of the sets of critical values of $\frac{1}{p}F^{\times p}$, i.e.

$$\left\{ \tfrac{1}{p}F^{\times p}(\boldsymbol{z}) \mid p \in \mathbb{N}, \ \boldsymbol{z} \in \mathrm{crit}(F^{\times p}) \right\}.$$

This set coincides with the set of average-actions of the periodic orbits of the Hamiltonian flow ϕ_t.

2.2. **The Morse indices.** Detecting contractible periodic points of ϕ is equivalent to detecting critical points of the functions $F^{\times p}$ (for all $p \in \mathbb{N}$). However, if $\boldsymbol{z}$ is a critical point of F, its product

$$\boldsymbol{z}^{\times n} := \underbrace{(\boldsymbol{z}, ..., \boldsymbol{z})}_{\times n}$$

is a critical point of $F^{\times n}$ for every $n \in \mathbb{N}$. This is another way of saying that a fixed point of ϕ is also a fixed point of any iterated composition of ϕ with itself. In order to estimate the number of contractible periodic points of ϕ one needs some

criteria to establish whether a given critical point $\boldsymbol{z}$ of $F^{\times p}$ is a "genuine" one or it is rather of the form $\boldsymbol{z} = \boldsymbol{w}^{\times n}$ for some $n < p$ and some critical point $\boldsymbol{w}$ of $F^{\times p/n}$. In certain situations, this can be achieved by looking at the Morse indices.

Let $\boldsymbol{z}$ be a critical point of $F^{\times p}$. We denote by $\mathrm{mor}(\boldsymbol{z})$ and $\mathrm{nul}(\boldsymbol{z})$ the Morse index and the nullity of $F^{\times p}$ at the critical point $\boldsymbol{z}$. We recall that these are nonnegative integers defined respectively as the dimension of the negative eigenspace and of the kernel of the Hessian of $F^{\times p}$ at $\boldsymbol{z}$. The nullity of critical points of the discrete symplectic action admits a dynamical characterization according to the following proposition. We recall that ϕ factorizes as the composition $\psi_{k-1} \circ \psi_{k-2} \circ ... \circ \psi_0$.

Proposition 2.2. *A vector $\boldsymbol{Z} = (Z_0, ..., Z_{kp-1}) \in (\mathbb{R}^{2d})^{\times kp}$ belongs to the kernel of the Hessian of $F^{\times p}$ at a critical point $\boldsymbol{z} = (z_0, ..., z_{kp-1})$ if and only if*

$$Z_{j+1} = \mathrm{d}\psi_{j \bmod k}(z_j) Z_j, \qquad \forall j \in \mathbb{Z}_{kp}.$$

In particular

(2.5) $$\mathrm{nul}(\boldsymbol{z}) = \dim \ker(\mathrm{d}\phi(z_0)^p - I).$$

Proof. In order to simplify the notation, let us set $p = 1$. If we write each ψ_j as (χ_j, υ_j), then by (2.3) the differential of ψ_j can be written in matrix form as

$$\mathrm{d}\psi_j = \left[\begin{array}{cc} \partial_x \chi_j & \partial_y \chi_j \\ \partial_x \upsilon_j & \partial_y \upsilon_j \end{array} \right],$$

and

$$\begin{aligned} \partial_x \chi_j &= (I - \partial_{xy} f_j)^{-1}, \\ \partial_y \chi_j &= (I - \partial_{xy} f_j)^{-1} \partial_{yy} f_j, \\ \partial_x \upsilon_j &= -\partial_{xx} f_j (I - \partial_{xy} f_j)^{-1}, \\ \partial_y \upsilon_j &= I - \partial_{yx} f_j - \partial_{xx} f_j (I - \partial_{xy} f_j)^{-1} \partial_{yy} f_j. \end{aligned}$$

Given $Z_j = (X_j, Y_j) \in \mathbb{R}^{2d}$, the vector $Z_{j+1} = (X_{j+1}, Y_{j+1}) := \mathrm{d}\psi_j(z_j) Z_j$ is given by

(2.6) $$\begin{aligned} X_{j+1} &= (I - \partial_{xy} f_j)^{-1}(X_j + \partial_{yy} f_j Y_j), \\ Y_{j+1} &= -\partial_{xx} f_j (I - \partial_{xy} f_j)^{-1} X_j + (I - \partial_{yx} f_j - \partial_{xx} f_j (I - \partial_{xy} f_j)^{-1} \partial_{yy} f_j) Y_j, \end{aligned}$$

where all the derivatives of f_j are meant to be evaluated at the point (x_{j+1}, y_j). On the other hand, the Hessian of F at $\boldsymbol{z}$ is given by

$$\begin{aligned} \mathrm{Hess}\, F(\boldsymbol{z})[\boldsymbol{Z}, \boldsymbol{Z}'] &= \sum_{j \in \mathbb{Z}_k} \langle X_j - (I - \partial_{xy} f_j) X_{j+1} + \partial_{yy} f_j Y_j, Y_j' \rangle \\ &\quad + \sum_{j \in \mathbb{Z}_k} \langle \partial_{xx} f_j X_{j+1} + Y_{j+1} - (I - \partial_{yx} f_j) Y_j, X_{j+1}' \rangle, \end{aligned}$$

for every $\boldsymbol{Z} = (Z_0, ..., Z_{k-1})$ and $\boldsymbol{Z}' = (Z_0', ..., Z_{k-1}')$, with $Z_j = (X_j, Y_j)$ and $Z_j' = (X_j', Y_j')$. Therefore, $\boldsymbol{Z}$ belongs to the kernel of the Hessian of F at $\boldsymbol{z}$ if and only if (2.6) holds for every $j \in \mathbb{Z}_k$. Notice that, for such $\boldsymbol{Z} = (Z_0, ..., Z_{k-1})$, we have

$$\mathrm{d}\phi(z_0) Z_0 = \mathrm{d}\psi_{k-1}(z_{k-1}) \mathrm{d}\psi_{k-2}(z_{k-2}) ... \mathrm{d}\psi_0(z_0) Z_0 = Z_0.$$

Hence, the map $\boldsymbol{Z} \mapsto Z_0$ is a linear isomorphism from the kernel of $\mathrm{Hess}\, F(\boldsymbol{z})$ to the kernel of $(\mathrm{d}\phi(z_0) - I)$, and (2.5) follows. $\blacksquare$

In order to employ the Morse indices for distinguishing among critical points, it is useful to know how the sequences $\{\mathrm{mor}(\boldsymbol{z}^{\times n}) \,|\, n \in \mathbb{N}\}$ and $\{\mathrm{nul}(\boldsymbol{z}^{\times n}) \,|\, n \in \mathbb{N}\}$ behave. All we need to know about the nullity is described by the following proposition. We recall that the **Floquet multipliers** of ϕ^p at a fixed point z_0 are defined as the eigenvalues of $\mathrm{d}\phi(z_0)^p$.

Proposition 2.3. *Let $\boldsymbol{z}$ be a critical point of $F^{\times p} : (\mathbb{R}^{2d})^{\times kp}/\mathbb{Z}^{2d} \to \mathbb{R}$. For every integer $n > 1$, we have that $\mathrm{nul}(\boldsymbol{z}) = \mathrm{nul}(\boldsymbol{z}^{\times n})$ if and only if none of the Floquet multipliers of ϕ^p at z_0 other than 1 are n-th complex roots of 1.* ∎

Proof. By applying Long's version of Bott's formulas for the geometric multiplicity of eigenvectors of symplectic matrices, we infer

$$\dim \ker(\mathrm{d}\phi(z_0)^{pn} - I) = \sum_{\lambda \in \sqrt[n]{1}} \dim_{\mathbb{C}} \ker_{\mathbb{C}}(\mathrm{d}\phi(z_0)^p - \lambda I),$$

see [Lon02, Theorem 9.2.1]. Hence, no Floquet multiplier of ϕ^p at z_0 other than 1 is an n-th complex root of 1 if and only if the above equation reduces to

$$\dim \ker(\mathrm{d}\phi(z_0)^{pn} - I) = \dim_{\mathbb{C}} \ker_{\mathbb{C}}(\mathrm{d}\phi(z_0)^p - I) = \dim \ker(\mathrm{d}\phi(z_0)^p - I).$$

By Proposition 2.2 our statement follows. ∎

As for the Morse index, one may directly develop an analog of Bott's iteration theory [Bot56]. However, we prefer to proceed indirectly by relying on the relation between the Morse index of the discrete symplectic action and the Maslov index of the periodic points of ϕ, and then by using Long's extensions of Bott's theory for the Maslov index.

2.3. **The Maslov index.** The symplectic group $\mathrm{Sp}(2d)$ has an infinite cyclic fundamental group. The Maslov index is an integer $\mathrm{mas}(\Gamma)$ which is assigned to elements Γ of the universal cover $\widetilde{\mathrm{Sp}}(2d)$. Here, we regard an element of $\widetilde{\mathrm{Sp}}(2d)$ covering $A \in \mathrm{Sp}(2d)$ as a homotopy class of continuous paths $\Gamma : [0,1] \to \mathrm{Sp}(2d)$ joining the identity I with A. The integer $\mathrm{mas}(\Gamma)$ is roughly the number of half-windings made by the path Γ in the symplectic group. In the following we briefly recall its precise definition, and we refer the reader to the books [Abb01, Lon02] for a detailed account.

Let $r : \mathrm{Sp}(2d) \to U(d)$ be the retraction that sends any $A \in \mathrm{Sp}(2d)$ to the unitary complex matrix obtained from $(AA^T)^{-1/2}A$ after identifying $\mathbb{R}^{2d}$ with $\mathbb{C}^d$. By composing this retraction with the determinant we obtain the so-called rotation function

$$\rho := \det \circ\, r : \mathrm{Sp}(2d) \to S^1 \subset \mathbb{C}.$$

Given $\Gamma \in \widetilde{\mathrm{Sp}}(2d)$, let $\theta : [0,1] \to \mathbb{R}$ be a continuous function such that $e^{i2\pi\theta(t)} = \rho(\Gamma(t))$ for all $t \in [0,1]$. We define the **average Maslov index** $\overline{\mathrm{mas}}(\Gamma)$ by

$$\overline{\mathrm{mas}}(\Gamma) := 2(\theta(1) - \theta(0)).$$

The reason for this terminology lies in the property described later in (2.8). Notice that the average Maslov index is not necessarily an integer.

We denote by $\mathrm{Sp}^*(2d) \subset \mathrm{Sp}(2d)$ the subset of those symplectic matrices that do not have 1 as an eigenvalue. Its complement $\mathrm{Sp}^0(2d) := \mathrm{Sp}(2d) \setminus \mathrm{Sp}^*(2d)$ is a singular hypersurface in the symplectic group that separates $\mathrm{Sp}^*(2d)$ in two connected components. Now, consider the $2d \times 2d$ symplectic diagonal matrices

$W' := \mathrm{diag}(2, 1/2, -1, -1, ..., -1)$ and $W'' := -I = \mathrm{diag}(-1, -1, ..., -1)$. These two matrices belong to different connected components of $\mathrm{Sp}^*(2d)$, and we have $\rho(W') = (-1)^{d-1} = -\rho(W'')$. Given $\Gamma \in \widetilde{\mathrm{Sp}}(2d)$ with $\Gamma(1) \in \mathrm{Sp}^*(2d)$, let us choose an arbitrary continuous path $\Gamma' : [0, 1] \to \mathrm{Sp}^*(2d)$ joining $\Gamma(1)$ with either W' or W''. We denote by $\Gamma * \Gamma' \in \widetilde{\mathrm{Sp}}(2d)$ the path obtained by concatenating Γ and Γ'. Then, the **Maslov index** of Γ is defined as

$$\mathrm{mas}(\Gamma) := \overline{\mathrm{mas}}(\Gamma * \Gamma').$$

The function $\mathrm{mas} : \widetilde{\mathrm{Sp}}(2d) \to \mathbb{Z}$ is locally constant on the set of those $\Gamma \in \widetilde{\mathrm{Sp}}(2d)$ with $\Gamma(1) \in \mathrm{Sp}^*(2d)$, and it cannot be continuously extended to the whole $\widetilde{\mathrm{Sp}}(2d)$. We extend it as a lower semi-continuous function by setting[2]

$$(2.7) \qquad \mathrm{mas}(\Gamma) := \liminf_{\substack{\Psi \to \Gamma \\ \Psi(1) \in \mathrm{Sp}^*(2d)}} \mathrm{mas}(\Psi).$$

Now, for each $n \in \mathbb{N}$, we denote by $\Gamma^{\times n} \in \widetilde{\mathrm{Sp}}(2d)$ the n-fold product of Γ in the universal cover group $\widetilde{\mathrm{Sp}}(2d)$, i.e.

$$\Gamma^{\times n}(\tfrac{j+t}{n}) = \Gamma(t) \underbrace{\Gamma(1)...\Gamma(1)}_{\times j}, \qquad \forall j \in \{0, ..., n-1\}, \ t \in [0, 1].$$

The Maslov index $\mathrm{mas}(\Gamma^{\times n})$ grows according to the following iteration formula established by Liu and Long [LL98, LL00].

$$(2.8) \qquad n\,\overline{\mathrm{mas}}(\Gamma) - d \leq \mathrm{mas}(\Gamma^{\times n}) \leq n\,\overline{\mathrm{mas}}(\Gamma) + d - \dim\ker(\Gamma^{\times n}(1) - I).$$

Moreover, if these inequalities are not both strict, then 1 is the only eigenvalue of $\Gamma^{\times n}(1)$. If 1 is the only eigenvalue of $\Gamma(1)$ and $\overline{\mathrm{mas}}(\Gamma) = 0$, then $\mathrm{mas}(\Gamma) = \mathrm{mas}(\Gamma^{\times n})$ for all $n \in \mathbb{N}$. We refer the reader to [Lon02, chapters 9,10] for a proof of these (and many others) iteration properties.

Now, let us consider again the Hamiltonian diffeomorphism $\phi : \mathbb{T}^{2d} \to \mathbb{T}^{2d}$ and a contractible p-periodic point z_0 of it. Let ϕ_t be a Hamiltonian flow whose time-1 map is ϕ and that is generated by a Hamiltonian that is 1-periodic in time. Consider the path $Z : [0, \infty) \to \mathrm{Sp}(2d)$ given by $Z(t) = \mathrm{d}\phi_t(z_0)$. Let $\boldsymbol{z}$ be the critical point of $F^{\times p}$ corresponding to the contractible fixed point z_0. We define the **average Maslov index** of $\boldsymbol{z}$ and, for every period $n \in \mathbb{N}$, the **Maslov index** of $\boldsymbol{z}^{\times n}$ as the integers

$$\overline{\mathrm{mas}}(\boldsymbol{z}) := \overline{\mathrm{mas}}(Z|_{[0,p]}),$$
$$\mathrm{mas}(\boldsymbol{z}^{\times n}) := \mathrm{mas}(Z|_{[0,pn]}),$$

where the restrictions $Z|_{[0,p]}$ and $Z|_{[0,pn]}$ are seen as elements of $\widetilde{\mathrm{Sp}}(2d)$. It turns out that the Maslov index of $\boldsymbol{z}$ depends only on z_0 and ϕ, and not on the specific choice of the Hamiltonian flow (this is indeed true for all closed symplectically aspherical manifolds, see [Sch00, page 440]). By equation (2.1), we have that $Z(t + 1) = Z(t)Z(1)$. The following proposition summarizes the above-mentioned iteration properties of the Maslov index.

Proposition 2.4. *Let* $\boldsymbol{z} = (z_0, ..., z_{kp-1})$ *be a critical point of* $F^{\times p}$.

---

[2]For other applications, different extensions may be more suitable. For instance, Robbin and Salamon consider in [RS93a] the average between the maximal lower semi-continuous and the minimal upper semi-continuous extensions.

(i) *For all $n \in \mathbb{N}$ we have*

$$n \, \overline{\mathrm{mas}}(\boldsymbol{z}) - d \le \mathrm{mas}(\boldsymbol{z}^{\times n}) \le n \, \overline{\mathrm{mas}}(\boldsymbol{z}) + d - \mathrm{nul}(\boldsymbol{z}^{\times n}).$$

Moreover, if these inequalities are not both strict, then 1 is the only Floquet multiplier of ϕ^{pn} at z_0.

(ii) *If 1 is the only Floquet multiplier of ϕ^p at z_0 and $\overline{\mathrm{mas}}(\boldsymbol{z}) = 0$, then $\mathrm{mas}(\boldsymbol{z}) = \mathrm{mas}(\boldsymbol{z}^{\times n})$ for all $n \in \mathbb{N}$.* ∎

The Maslov index is related to the Morse index of the discrete symplectic action according to the following statement, which may be regarded as a symplectic analog of the Morse index Theorem.

Proposition 2.5 (Symplectic Morse index Theorem)**.** *For every critical point $\boldsymbol{z}$ of $F^{\times p}$ we have*

$$(2.9) \qquad\qquad \mathrm{mor}(\boldsymbol{z}) = \mathrm{mas}(\boldsymbol{z}) + \underbrace{\tfrac{1}{2} \dim(\mathrm{domain}(F^{\times p}))}_{=dkp}.$$

Proof. Assume first that the critical point $\boldsymbol{z}$ of $F^{\times p}$ is non-degenerate. By Proposition 2.2 this is equivalent to the fact that z_0 is a non-degenerate fixed point of the p-fold composition $\phi \circ \dots \circ \phi$. In this case, equation (2.9) was proved by Robbin and Salamon in [RS93b, Theorem 4.1].

Now, consider the Morse index as a locally constant function on the space of non-degenerate symmetric bilinear forms. Its extension to the whole space of symmetric bilinear forms is the maximal lower semi-continuous one. In the same way, in equation (2.7) we defined the Maslov index on the whole $\widetilde{\mathrm{Sp}}(2d)$ as the maximal lower semi-continuous extension of the Maslov index for paths with final endpoint in $\mathrm{Sp}^*(2d)$ (i.e. the "non-degenerate" paths). Hence equation (2.9) still holds when $\boldsymbol{z}$ is a degenerate critical point of $F^{\times p}$. ∎

2.4. **Local homology.** Let M be a smooth manifold, and p an isolated critical point of a smooth function $f : M \to \mathbb{R}$. If p is non-degenerate, by the Morse Lemma [Mil63, page 6] we know that on a neighborhood of p the function f looks like a non-degenerate quadratic form whose negative eigenspace has dimension equal to the Morse index $\mathrm{mor}(p)$. If p is degenerate, i.e. its nullity $\mathrm{nul}(p)$ is non-zero, then the behavior of f around p can be wilder, as described by the Generalized Morse Lemma [GM69, Lemma 1]. Some properties of the critical point p are captured by its **local homology**, which is defined as the graded group

$$\mathrm{C}_*(p) := \mathrm{H}_*(\{f < c\} \cup \{p\}, \{f < c\}),$$

where $c = f(p)$ and H_* denotes the singular homology functor. For our purpose, it is enough to consider homology with coefficients in the field $\mathbb{Z}_2$. We refer the reader to [Cha93, Chapter 1] for the main properties of local homology groups. Here, we wish to recall that $\mathrm{C}_j(p)$ is always trivial in degrees $j < \mathrm{mor}(p)$ and $j > \mathrm{mor}(p) + \mathrm{nul}(p)$. Moreover, if a strip $\{c_1 \le f \le c_2\}$ is "sufficiently compact" (for instance if the Palais-Smale condition holds with respect to a complete Riemannian metric) and contains only isolated critical points of f, then we have the generalized

Morse inequality

$$(2.10) \qquad \operatorname{rank} \operatorname{H}_j(\{f < c_2\}, \{f < c_1\}) \leq \sum_p \operatorname{rank} \operatorname{C}_j(p),$$

where the above sum runs over all the critical points p of f with $c_1 \leq f(p) < c_2$.

In the next section, we will need the following properties of local homology groups. We divide them into two statements: the first one is local whereas the second one is global.

Proposition 2.6. *Assume that an isolated critical point p of a smooth function $f : M \to \mathbb{R}$ has non-trivial local homology (with coefficients in $\mathbb{Z}_2$) in maximal degree $k = \operatorname{mor}(p) + \operatorname{nul}(p)$. Then the following properties hold.*

(i) *The local homology of p is concentrated in degree k and it is isomorphic to the coefficient field, i.e. $\operatorname{C}_*(p) = \operatorname{C}_k(p) \cong \mathbb{Z}_2$.*

(ii) *For every smoothly embedded k-dimensional disc $D \subset M$ containing p in its interior and such that $f|_{D \setminus \{p\}} < f(p)$, the group $\operatorname{C}_*(p)$ is generated by $[D]$.*

(iii) *Let θ_t be the anti-gradient flow of f with respect to any Riemannian metric. There exist arbitrarily small open neighborhoods $U \subset M$ of p such that*

- *U has the mean-value property: if $\theta_{t_1}(p')$ and $\theta_{t_2}(p')$ belong to U for some $p' \in \mathbb{R}^N$ and $t_1 < t_2$, then $\theta_t(p')$ belongs to U for all $t \in [t_1, t_2]$;*
- *∂U is the union of three smooth compact manifolds with boundary: the entry set*

$$U_{\mathrm{in}} = \{p' \in \overline{U} \mid \theta_t(p') \notin \overline{U} \;\; \forall t < 0\}$$

that is contained in a superlevel set $\{f \geq f(p) + \delta\}$ for some $\delta > 0$, the exit set

$$U_{\mathrm{out}} = \{p' \in \overline{U} \mid \theta_t(p') \notin \overline{U} \;\; \forall t > 0\}$$

that is contained in the sublevel set $\{f < f(p)\}$, and U_{tan} that is tangent to the anti-gradient flow θ_t;
- *the inclusion induces a homology isomorphism*

$$\operatorname{C}_*(p) \xrightarrow{\cong} \operatorname{H}_*(\{f < f(p)\} \cup U, \{f < f(p)\}).$$

Proof. Since the statement is local we can assume that $M = \mathbb{R}^N$ and p is the origin. Let $m := \operatorname{mor}(p)$ and $n := \operatorname{nul}(p)$, so that $k = m + n$. By the Generalized Morse Lemma we can assume that the function f has the form

$$f(x_0, x_-, x_+) = f_0(x_0) - |x_-|^2 + |x_+|^2, \qquad \forall x_0 \in \mathbb{R}^n, \; x_- \in \mathbb{R}^m, \; x_+ \in \mathbb{R}^{N-k},$$

where $f_0 : \mathbb{R}^n \to \mathbb{R}$ is a function whose Hessian vanishes at the origin. Let us denote by $\operatorname{C}^0_*(p)$ the local homology of f_0 at the origin. By Gromoll-Meyer's Shifting Theorem (see [GM69] or [Cha93, page 50]) we have that $\operatorname{C}_*(p) \cong \operatorname{C}^0_{*-m}(p)$. In particular $\operatorname{C}^0_n(p) \cong \operatorname{C}_k(p)$ is non-trivial, which in turn implies that the origin is an isolated local maximum for the function f_0. However, the local homology of isolated local maxima is concentrated in maximal degree n, where it is isomorphic to the coefficient field $\mathbb{Z}_2$ (see [Cha93, page 51]). This proves (i).

Now, consider a disc D as in the statement of the lemma, and set

$$\mathbb{E}^+ := \big\{(x_0, x_-, x_+) \in \mathbb{R}^N \mid x_0 = 0, \; x_- = 0\big\}.$$

We claim that D is transverse to $\mathbb{E}^+$ at the origin p. Indeed, assume that there is a non-zero $v \in \mathrm{T}_p D \cap \mathbb{E}^+$. Consider a smooth curve $\gamma : (-\epsilon, \epsilon) \to D$ such that $\dot{\gamma}(0) = v$. Then, we have

$$\frac{\mathrm{d}^2}{\mathrm{d}t^2}\bigg|_{t=0} f \circ \gamma(t) = \frac{\mathrm{d}}{\mathrm{d}t}\bigg|_{t=0} \mathrm{d}f(\gamma(t))\dot{\gamma}(t) = \underbrace{\mathrm{Hess}\, f(p)[v, v]}_{>0} + \underbrace{\mathrm{d}f(p)\ddot{\gamma}(0)}_{=0} > 0,$$

which contradicts the fact that $f < 0$ on $D \setminus \{p\}$.

We set
$$B_*(r) := \big\{(x_0, x_-) \in \mathbb{R}^k \mid |x_0|^2 + |x_-|^2 \leq r^2\big\}.$$
By the Implicit Function Theorem, there exist a radius $r > 0$ and a smooth map $\psi : B_*(r) \to \mathbb{R}^{N-k}$ such that the disc
$$D' := \{(x_0, x_-, \psi(x_0, x_-)) \mid (x_0, x_-) \in B_*(r)\}$$
is a compact neighborhood of the origin p in D. Notice that $[D'] = [D]$ in $\mathrm{C}_k(p)$. Let $h_t : B_*(r) \hookrightarrow \mathbb{R}^N$ (for $0 \leq t \leq 1$) be the isotopy given by
$$h_t(x_0, x_-) = (x_0, x_-, (1 - t)\psi(x_0, x_-)).$$
Notice that $D' := h_0(B_*(r))$, and $D'' := h_1(D')$ is a generator of the local homology $\mathrm{C}_k(p)$. Moreover, f is a Lyapunov function for h_t, i.e. $\frac{\mathrm{d}}{\mathrm{d}t} f \circ h_t \leq 0$. Hence $[D''] = [D']$ in $\mathrm{C}_k(p)$. This proves point (ii).

As for point (iii), for the sake of simplicity let us choose the Euclidean Riemannian metric on the Euclidean space $M = \mathbb{R}^N$ (the general case being analogous), and let θ_t be the corresponding anti-gradient flow of f. We consider the function $f_* : \mathbb{R}^k \to \mathbb{R}$ given by
$$f_*(x_0, x_-) = f_0(x_0) - |x_-|^2, \qquad \forall(x_0, x_-) \in \mathbb{R}^k.$$
Choose an arbitrarily small $\epsilon > 0$ so that the origin is a global maximum and the only critical point of the function f_* restricted to the closed ball $B_*(\epsilon)$. Set $c := f_*(0) = f(p)$. We can find $\delta_1 \in (0, \epsilon^2)$ arbitrarily small so that the space
$$K := B_*(\epsilon) \cap \{f_* \geq c - \delta_1\}$$
is a compact neighborhood of the origin contained in the interior of the closed ball $B_*(\epsilon)$, with smooth boundary $\partial K = B_*(\epsilon) \cap \{f_* = c - \delta_1\}$. Let θ_t^* be the anti-gradient flow of f_*. Fix $\tau > 0$ small enough so that $\theta_t^*(\partial K)$ is contained in the interior of $B_*(\epsilon)$ for all $t \in [0, \tau]$. Since the origin is the only rest point of the flow θ_t^*, there exists $\delta_2 \in (\delta_1, \epsilon^2)$ such that
$$\theta_\tau^*(\partial K) \subset \{f_* < c - \delta_2\}.$$
For $r > 0$, we denote by $B_+(r)$ the closed ball of radius r in $\mathbb{R}^{N-k}$, i.e.
$$B_+(r) := \big\{x_+ \in \mathbb{R}^{N-k} \mid |x_+|^2 \leq r^2\big\}.$$
We define the closed set
$$U_{\mathrm{in}} := K \times \partial B_+(\sqrt{\delta_2}).$$
Notice that
$$f(x_0, x_-, x_+) = f_*(x_0, x_-) + \delta_2 \geq c - \delta_1 + \delta_2 = c + \delta, \qquad \forall(x_0, x_-, x_+) \in U_{\mathrm{in}},$$
where $\delta := \delta_2 - \delta_1 > 0$. The anti-gradient flow θ_t has the form
$$\theta_t(x_0, x_-, x_+) = (\theta_t^*(x_0, x_-), \theta_t^+(x_+)),$$

where θ_t^+ is the anti-gradient flow of the quadratic form $f - f_*$. Thus, there exist a unique $\delta_3 \in (0, \delta_2)$ such that $\theta_\tau(\partial K \times \partial B_+(\sqrt{\delta_2})) = \theta_\tau^*(\partial K) \times \partial B_+(\sqrt{\delta_3})$. We define the closed sets

$$U_{\mathrm{out}} := \theta_\tau^*(\partial K) \times B_+(\sqrt{\delta_3}),$$

$$U_{\mathrm{tan}} := \bigcup_{t \in [0,\tau]} \theta_t\left(\partial K \times \partial B_+(\sqrt{\delta_2})\right).$$

Notice that U_{in}, U_{out}, and U_{tan} are smooth compact manifolds with boundary. The first two are transverse to the anti-gradient of f, while the third one is tangent to it. The piecewise smooth hypersurface $V := U_{\mathrm{in}} \cup U_{\mathrm{out}} \cup U_{\mathrm{tan}}$ separates $\mathbb{R}^N$. We define U to be the (relatively compact) connected component of the complement of V containing the origin p. The set U is contained in the interior of $B_*(\epsilon) \times B_+(\epsilon)$, has clearly the mean-value property, and its closure $\overline{U}$ has entry set U_{in} and exit set U_{out}. Moreover

$$f(x_0, x_-, x_+) = f_*(x_0, x_-) + \delta_3 < c - \delta_2 + \delta_3 < c, \qquad \forall(x_0, x_-, x_+) \in U_{\mathrm{out}}.$$

Let $\rho : \mathbb{R}^N \to [0, 1]$ be a smooth function supported inside $B_*(\epsilon) \times B_+(\epsilon)$ and such that $\rho|_U \equiv 1$. For $t \in [0, 1]$, we define a smooth homotopy

$$k_t : (\{f < c\} \cup U, \{f < c\}) \to (\{f < c\} \cup U, \{f < c\})$$

by $k_t(x_0, x_-, x_+) = (x_0, x_-, (1 - t\rho(x_0, x_-, x_+))x_+)$. Notice that k_0 is the identity, the function f is non-increasing along the homotopy k_t, and we have

$$f \circ k_1(x_0, x_-, x_+) = f(x_0, x_-, 0) = f_*(x_0, x_-), \qquad \forall(x_0, x_-, x_+) \in U.$$

In particular, $k_1(U) \subset \{f < c\} \cup \{p\}$. Therefore, the map k_1 is a homotopy equivalence

$$k_1 : (\{f < c\} \cup U, \{f < c\}) \to (\{f < c\} \cup \{p\}, \{f < c\})$$

whose homotopy inverse is given by the inclusion. This implies that the inclusion induces a homology isomorphism between $\mathrm{C}_*(p)$ and $\mathrm{H}_*(\{f < c\} \cup U, \{f < c\})$. $\blacksquare$

Proposition 2.7. *Let (M, g) be a complete Riemannian manifold, and $f : M \to \mathbb{R}$ a smooth function satisfying the Palais-Smale condition. Assume that f has an isolated critical point p with non-trivial local homology (with coefficients in $\mathbb{Z}_2$) in maximal degree $\mathrm{mor}(p) + \mathrm{nul}(p)$. Set $c := f(p)$. If, for some $b > c$, the interval $(c, b]$ does not contain critical values of f, then the inclusion induces a homology monomorphism*

$$\mathrm{C}_*(p) \hookrightarrow \mathrm{H}_*(\{f < b\}, \{f < c\}).$$

Remark 2.1. If the level set $\{f = c\}$ contains only finitely many critical points of f, the statement follows from [Cha93, Theorem 3.2] even without any assumption on the local homology of p. $\blacksquare$

Proof of Proposition 2.7. Notice that the critical point p satisfies the assumptions of Proposition 2.6. Choose a suitable sufficiently small open neighborhood U of the critical point p satisfying the properties stated in Proposition 2.6(iii). Thus, there exists $\delta \in (0, b - c)$ such that the entry set U_{in} is contained in the superlevel set $\{f \geq c + \delta\}$. Now, let C be the compact set of critical points of f with critical value c, and set $C' := C \setminus \{p\}$. Choose an open neighborhood V' of C' that is relatively

compact in the sublevel set $\{f < c + \tfrac{\delta}{2}\}$ and such that $\overline{V'} \cap \overline{U} = \varnothing$. We denote by θ_t the anti-gradient flow of f, and we define the open set

$$V := \bigcup_{t \in [0, +\infty)} \theta_t(V').$$

By construction, V is positively invariant under the anti-gradient flow θ_t. We claim that $V \cap U = \varnothing$. Otherwise there exists $q \in V'$ and $t > 0$ such that $\theta_t(q) \in U_{\mathrm{in}}$, but this is impossible since $f(\theta_t(q)) \leq f(q) < c + \tfrac{\delta}{2}$ whereas $U_{\mathrm{in}} \subset \{f \geq c + \delta\}$. By replacing U with a smaller open neighborhood of p still satisfying the properties of Proposition 2.6(iii), we can actually achieve $\overline{V} \cap \overline{U} = \varnothing$.

By the properties of the neighborhoods U (see Proposition 2.6(iii)) and V, the open set $\{f < c\} \cup V \cup U$ is positively invariant under the anti-gradient flow θ_t. The closed set $\{f \leq b\} \setminus \big(\{f < c\} \cup V \cup U\big)$ does not contain critical points of $F^{\times n}$. Therefore, we can use the anti-gradient flow θ_t to deform the pair $(\{f < b\}, \{f < c\})$ into $(\{f < c\} \cup V \cup U, \{f < c\})$, which implies that the inclusion induces a homology isomorphism

$$\iota'_* : \mathrm{H}_*(\{f < c\} \cup V \cup U, \{f < c\}) \xrightarrow{\cong} \mathrm{H}_*(\{f < b\}, \{f < c\}).$$

Since $\overline{U} \cap \overline{V} = \varnothing$, by excision we have the isomorphism

$$\mathrm{H}_*(\{f < c\} \cup V \cup U, \{f < c\}) \cong \mathrm{H}_*(\{f < c\} \cup V, \{f < c\}) \oplus \mathrm{H}_*(\{f < c\} \cup U, \{f < c\}).$$

By Proposition 2.6(iii), the inclusion induces a homology isomorphism

$$\mathrm{C}_*(p) \xrightarrow{\cong} \mathrm{H}_*(\{f < c\} \cup U, \{f < c\}),$$

and thus it induces a monomorphism

$$\iota''_* : \mathrm{C}_*(p) \hookrightarrow \mathrm{H}_*(\{f < c\} \cup V \cup U, \{f < c\}).$$

By the functoriality of singular homology, $\iota'_* \circ \iota''_* = (\iota' \circ \iota'')_*$, and therefore the inclusion induces a homology monomorphism as claimed. ∎

3. Symplectically degenerate maxima

3.1. **Definition and basic properties.** Let us adopt the notation of Section 2 concerning the Hamiltonian diffeomorphism $\phi = \psi_{k-1} \circ \ldots \circ \psi_0$. Given a contractible fixed point z_0 of ϕ, it is well known that one can choose the factorization $\psi_{k-1} \circ \ldots \circ \psi_0$ in such a way that z_0 is a fixed point of all the ψ_j's (see [SZ92, section 9] or [Gin10, section 5.1]). Indeed one can choose a Hamiltonian flow ϕ_t such that $\phi_0 = \mathrm{id}$, $\phi_1 = \phi$ and $\phi_t(z_0) = z_0$ for all $t \in [0, 1]$ in the following way. Let θ_t be a Hamiltonian flow satisfying $\theta_0 = \mathrm{id}$, $\theta_1 = \phi$ and $\theta_{t+1} = \theta_t \circ \theta_1$ for all $t \in \mathbb{R}$. Since the 1-periodic orbit $\gamma(t) := \theta_t(z_0)$ is contractible, there exists a smooth homotopy $\gamma_s : \mathbb{R}/\mathbb{Z} \to \mathbb{T}^{2d}$ such that $\gamma_0 \equiv z_0 = \gamma_s(0)$ for all $s \in [0, 1]$, and $\gamma_1 = \gamma$. For each $r \in (0, 1/2]$ and $z \in \mathbb{T}^{2d}$ we denote by $B_r(z)$ the open ball of radius r with respect to the flat Riemannian metric on $\mathbb{T}^{2d}$ (we recall that our torus is 1-periodic, i.e. $\mathbb{T}^{2d} = \mathbb{R}^{2d}/\mathbb{Z}^{2d}$). By a slight abuse of notation, for each $z' \in B_{1/2}(z)$, we will write $z' - z$ for the unique shortest vector $v \in \mathbb{R}^{2d}$ such that $z + v = z'$. For $s, t \in [0, 1]$, we consider a smooth family of functions $\rho_{s,t} : \mathbb{T}^{2d} \to [0, 1]$ such that $\rho_{s,t} \equiv 1$ on $B_{1/8}(\gamma_s(t))$ and $\rho \equiv 0$ outside $B_{1/4}(\gamma_s(t))$. We define a smooth family of Hamiltonian functions $K_{s,t} : \mathbb{T}^{2d} \to \mathbb{R}$ supported inside $B_{1/4}(\gamma_s(t))$ by

$$K_{s,t}(z) := \rho_{s,t}(z) \, \langle J \tfrac{\mathrm{d}}{\mathrm{d}s} \gamma_s(t), z - \gamma_s(t) \rangle, \qquad \forall z \in B_{1/4}(\gamma_s(t)).$$

Let $\kappa_{s,t}$ be the family of Hamiltonian diffeomorphisms of $\mathbb{T}^{2d}$ defined by

$$\kappa_{0,t} = \mathrm{id},$$
$$\tfrac{\mathrm{d}}{\mathrm{d}s}\kappa_{s,t} = -J\,\nabla K_{s,t} \circ \kappa_{s,t}.$$

A straightforward computation shows that $\kappa_{s,t}(z_0) = \kappa_{s,t}(\gamma_s(0)) = \gamma_s(t)$. Moreover $K_{s,0} = K_{s,1} \equiv 0$, which implies $\kappa_{s,0} = \kappa_{s,1} = \mathrm{id}$. Thus, we can obtain the Hamiltonian flow ϕ_t with the desired properties by setting $\phi_t := \kappa_{1,t}^{-1} \circ \theta_t$.

We say that z_0 is a **symplectically degenerate maximum** when

(SDM1) z_0 is an isolated local maximum of the generating functions $f_0, ..., f_{k-1}$,

(SDM2) the local homology $\mathrm{C}_{dkn+d}(z_0^{\times kn})$ is non-trivial for infinitely many $n \in \mathbb{N}$.

We denote by $\mathbb{K}_{z_0} \subset \mathbb{N}$ the infinite subset of those n for which **(SDM2)** holds.

Assumption **(SDM2)** imposes strong constraints on the Morse indices and the local homology of symplectically degenerate maxima, according to the following statement.

Proposition 3.1. *Let $\boldsymbol{z} = (z_0, ..., z_{k-1})$ be a critical point of F such that, for infinitely many $n \in \mathbb{N}$, the point $\boldsymbol{z}^{\times n}$ is isolated in the set of critical points of $F^{\times n}$ and the local homology $\mathrm{C}_{dkn+d}(\boldsymbol{z}^{\times n})$ is non-trivial. We denote by $\mathbb{K}_{\boldsymbol{z}} \subset \mathbb{N}$ the infinite subset of those n for which this condition holds. Then, for all $n \in \mathbb{K}_{\boldsymbol{z}}$, we have*

(i) $\mathrm{mor}(\boldsymbol{z}^{\times n}) + \mathrm{nul}(\boldsymbol{z}^{\times n}) = dkn + d$,

(ii) *1 is the only Floquet multiplier of ϕ^n at z_0,*

(iii) *the local homology of $\boldsymbol{z}^{\times n}$ is isomorphic to $\mathbb{Z}_2$ and concentrated in maximal degree $dkn + d$, i.e. $\mathrm{C}_*(\boldsymbol{z}^{\times n}) \cong \mathrm{C}_{dkn+d}(\boldsymbol{z}^{\times n}) \cong \mathbb{Z}_2$,*

(iv) *the multiples of n are in $\mathbb{K}_{\boldsymbol{z}}$,*

(v) *if m divides n and $\mathrm{nul}(\boldsymbol{z}^{\times m}) = \mathrm{nul}(\boldsymbol{z}^{\times n})$, then $m \in \mathbb{K}_{\boldsymbol{z}}$.*

Moreover,

(vi) *if 1 is the only Floquet multiplier of ϕ at z_0, then $\mathbb{K}_{\boldsymbol{z}} = \mathbb{N}$.*

Proof. The assumption on the local homology implies that

$$\mathrm{mor}(\boldsymbol{z}^{\times n}) \leq dkn + d \leq \mathrm{mor}(\boldsymbol{z}^{\times n}) + \mathrm{nul}(\boldsymbol{z}^{\times n}), \qquad \forall n \in \mathbb{K}_{\boldsymbol{z}}.$$

By the Symplectic Morse index Theorem (Proposition 2.5) we infer

$$\mathrm{mas}(\boldsymbol{z}^{\times n}) \leq d \leq \mathrm{mas}(\boldsymbol{z}^{\times n}) + \mathrm{nul}(\boldsymbol{z}^{\times n}), \qquad \forall n \in \mathbb{K}_{\boldsymbol{z}}.$$

In particular $\overline{\mathrm{mas}}(\boldsymbol{z}) = 0$. This, together with Proposition 2.4(i), implies

$$\mathrm{mas}(\boldsymbol{z}^{\times n}) + \mathrm{nul}(\boldsymbol{z}^{\times n}) \leq d, \qquad \forall n \in \mathbb{N},$$

and thus

$$\mathrm{mas}(\boldsymbol{z}^{\times n}) + \mathrm{nul}(\boldsymbol{z}^{\times n}) = d, \qquad \forall n \in \mathbb{K}_{\boldsymbol{z}},$$

which is equivalent to (i). Proposition 2.4(i) further implies (ii). Point (i), together with Proposition 2.6, implies (iii).

Now, let us assume that $\mathrm{nul}(\boldsymbol{z}^{\times m}) = \mathrm{nul}(\boldsymbol{z}^{\times n})$ for some positive integer m that divides $n \in \mathbb{K}_{\boldsymbol{z}}$. By point (ii) and Prosposition 2.3, the only Floquet multiplier of ϕ^m at z_0 is 1. By Proposition 2.4(ii), we infer that

$$(3.1) \qquad\qquad \mathrm{mas}(\boldsymbol{z}^{\times m}) = \mathrm{mas}(\boldsymbol{z}^{\times n}).$$

Let $N_m \subset (\mathbb{R}^{2d})^{\times km}/\mathbb{Z}^{2d}$ be a central manifold of the vector field $\nabla F^{\times m}$ at $\boldsymbol{z}^{\times m}$. We recall that N_m is an invariant submanifold for the gradient flow of $F^{\times m}$ such

that $T_{\boldsymbol{z}^{\times m}} N_m$ is the kernel of the Hessian of $F^{\times m}$ at $\boldsymbol{z}^{\times m}$, see [GH90, Section 3.2]. In particular $\dim(N_m) = \mathrm{nul}(\boldsymbol{z}^{\times m})$. Consider the diagonal embedding

$$\psi^{\times n/m} : (\mathbb{R}^{2d})^{\times km}/\mathbb{Z}^{2d} \hookrightarrow (\mathbb{R}^{2d})^{\times kn}/\mathbb{Z}^{2d}$$

given by $\psi^{\times n/m}(\boldsymbol{w}) = \boldsymbol{w}^{\times n/m}$. A straightforward calculation shows that

$$\nabla F^{\times n} \circ \psi^{\times n/m} = \psi^{\times n/m} \circ \nabla F^{\times m},$$

where the gradients in this equation are with respect to the standard flat metrics of $(\mathbb{R}^{2d})^{\times km}/\mathbb{Z}^{2d}$ and $(\mathbb{R}^{2d})^{\times kn}/\mathbb{Z}^{2d}$. This implies that the manifold $N_n := \psi^{\times n/m}(N_m)$ is invariant under the gradient flow of $F^{\times n}$. Moreover,

$$\dim(N_n) = \dim(N_m) = \mathrm{nul}(\boldsymbol{z}^{\times m}) = \mathrm{nul}(\boldsymbol{z}^{\times n}),$$

and therefore $T_{\boldsymbol{z}^{\times n}} N_n$ is the kernel of the Hessian of $F^{\times n}$ at $\boldsymbol{z}^{\times n}$. This proves that N_n is a central manifold of the vector field $\nabla F^{\times n}$ at $\boldsymbol{z}^{\times n}$. Set $c := F(\boldsymbol{z})$, so that $F^{\times m}(\boldsymbol{z}^{\times m}) = mc$ and $F^{\times n}(\boldsymbol{z}^{\times n}) = nc$. We have

$$
\begin{aligned}
\mathrm{C}_{j+\mathrm{mor}(\boldsymbol{z}^{\times n})}(\boldsymbol{z}^{\times n}) &\cong \mathrm{H}_j(\{F^{\times n}|_{N_n} < nc\} \cup \{\boldsymbol{z}^{\times n}\}, \{F^{\times n}|_{N_n} < nc\}) \\
(3.2) \qquad &\cong \mathrm{H}_j(\{F^{\times m}|_{N_m} < mc\} \cup \{\boldsymbol{z}^{\times m}\}, \{F^{\times m}|_{N_m} < mc\}) \\
&\cong \mathrm{C}_{j+\mathrm{mor}(\boldsymbol{z}^{\times m})}(\boldsymbol{z}^{\times m}),
\end{aligned}
$$

where the first and third isomorphisms follow from Gromoll-Meyer's splitting Theorem (see [GM69, Section 3]). By (3.1) and Proposition 2.5 we have that

$$\mathrm{mor}(\boldsymbol{z}^{\times n}) = \mathrm{mas}(\boldsymbol{z}^{\times n}) + dkn = \mathrm{mas}(\boldsymbol{z}^{\times m}) + dkn = \mathrm{mor}(\boldsymbol{z}^{\times m}) + dk(n - m).$$

This, together with (3.2), implies that $\mathrm{C}_{dkm+d}(\boldsymbol{z}^{\times m}) \cong \mathrm{C}_{dkn+d}(\boldsymbol{z}^{\times n})$, and proves point (v). The proof of (iv) is analogous: if m is now a multiple of $n \in \mathbb{K}_{\boldsymbol{z}}$, then 1 is the only Floquet multiplier of ϕ^m at z_0, which implies that $\mathrm{nul}(\boldsymbol{z}^{\times n}) = \mathrm{nul}(\boldsymbol{z}^{\times m})$ and $\mathrm{C}_{dkn+d}(\boldsymbol{z}^{\times n}) \cong \mathrm{C}_{dkm+d}(\boldsymbol{z}^{\times m})$. Finally, (vi) follows from (iv–v) and Proposition 2.3. ∎

3.2. **An example.** It is easy to construct a Hamiltonian diffeomorphism of a torus with a symplectically degenerate maximum. Consider a C^2-small smooth function $f_0 : \mathbb{T}^{2d} \to \mathbb{R}$ having an isolated totally degenerate local maximum at z_0 with critical value $f_0(z_0) = 0$. By totally degenerate we mean that the Hessian of f_0 at z_0 vanishes. Let ϕ be the Hamiltonian diffeomorphism of $(\mathbb{T}^{2d}, \omega)$ having f_0 as generating function. Notice that z_0 is a contractible fixed point of ϕ. We claim that z_0 is a symplectically degenerate maximum. Indeed, consider the discrete symplectic action $F^{\times n} : (\mathbb{R}^{2d})^{\times n}/\mathbb{Z}^{2d} \to \mathbb{R}$ given by

$$F^{\times n}(\boldsymbol{z}) = \sum_{j \in \mathbb{Z}_n} \Big(\langle y_j, x_j - x_{j+1} \rangle + f_0(x_{j+1}, y_j) \Big).$$

Since z_0 is a totally degenerate maximum of f_0, we have that

$$\mathrm{Hess}\, F^{\times n}(z_0^{\times n})[\boldsymbol{Z}', \boldsymbol{Z}''] = \sum_{j \in \mathbb{Z}_n} \Big(\langle Y_j', X_j'' - X_{j+1}'' \rangle + \langle Y_j'', X_j' - X_{j+1}' \rangle \Big),$$

for all $\boldsymbol{Z}' = (Z_0', ..., Z_{n-1}'), \boldsymbol{Z}'' = (Z_0'', ..., Z_{n-1}'') \in (\mathbb{R}^{2d})^{\times n}$. An easy computation shows that $\mathrm{mor}(z_0^{\times n}) = dn - d$ and $\mathrm{nul}(z_0^{\times n}) = 2d$. Consider the submanifold

$$N_n = \big\{ w^{\times n} \mid w \in \mathbb{T}^{2d} \big\} \subset (\mathbb{R}^{2d})^{\times n}/\mathbb{Z}^{2d}.$$

It is easy to see that this is a central manifold for the gradient of $F^{\times n}$ at $z_0^{\times n}$. Namely N_n is a submanifold invariant by the gradient flow of $F^{\times n}$, and whose

tangent space at $z_0^{\times n}$ is the kernel of Hess $F^{\times n}(z_0^{\times n})$. By Gromoll-Meyer's splitting Theorem (see [GM69, Section 3]) we have

$$
\begin{aligned}
\mathrm{C}_j(z_0^{\times n}) &\cong \mathrm{H}_{j-\mathrm{mor}(z_0^{\times n})}(\{F^{\times n}|_{N_n} < 0\} \cup \{z_0^{\times n}\}, \{F^{\times n}|_{N_n} < 0\}) \\
&\cong \mathrm{H}_{j-dn+d}(\{f_0 < 0\} \cup \{z_0\}, \{f_0 < 0\}) \\
&= \mathrm{C}_{j-dn+d}(z_0).
\end{aligned}
$$

In particular $\mathrm{C}_{dn+d}(z_0^{\times n}) \cong \mathrm{C}_{2d}(z_0)$ and, since z_0 is an isolated local maximum of f_0, this latter local homology group is non-trivial. This shows that z_0 is a symplectically degenerate maximum.

3.3. **Average-action spectrum and symplectically degenerate maxima.** In this subsection we prove Theorem 1.1 stated in the introduction. The result is a consequence of the following homological vanishing property, which is inspired by an analogous statement due to Bangert and Klingenberg [BK83, Theorem 2] in the setting of closed geodesics.

Lemma 3.2 (Homological vanishing). *Let z_0 be a symplectically degenerate maximum of the Hamiltonian diffeomorphism $\phi = \psi_{k-1} \circ ... \circ \psi_0 : \mathbb{T}^{2d} \to \mathbb{T}^{2d}$. Assume that z_0 is isolated in the set of contractible fixed points of ϕ^n for all $n \in \mathbb{K}_{z_0}$. Set $c := F(z_0^{\times k})$ and choose an arbitrary $\epsilon > 0$. Then, the inclusion-induced homomorphism*

$$
\iota_* : \mathrm{C}_*(z_0^{\times kn}) \to \mathrm{H}_*(\{F^{\times n} < nc + \epsilon\}, \{F^{\times n} < nc\})
$$

is trivial, provided $n \in \mathbb{K}_{z_0}$ is large enough.

Proof. In order to simplify the notation, we will work inside a fundamental domain of the universal cover of $(\mathbb{R}^{2d})^{\times kn}/\mathbb{Z}^{2d}$. Hence we can assume that the domain of $F^{\times n}$ is simply $(\mathbb{R}^{2d})^{\times kn}$ without taking the quotient by $\mathbb{Z}^{2d}$. Moreover, let us assume without loss of generality that $z_0 = 0$ and $c = f_0(0) = ... = f_{k-1}(0) = 0$. Let $R > 0$ be sufficiently small so that, for all $j \in \mathbb{Z}_k$, $f_j < 0$ outside the origin in a ball of radius $3R$ centered at 0. For $n \in \mathbb{K}_n$, consider the $(dkn + d)$-dimensional vector subspace

$$
\mathbb{E}_n = \left\{ \boldsymbol{z} = (x_0, y_0, ..., x_{kn-1}, y_{kn-1}) \;\middle|\; \begin{array}{l} x_0, ..., x_{kn-1}, w \in \mathbb{R}^d \\ y_j = w + x_{j+1} - x_j \;\; \forall j \in \mathbb{Z}_{kn} \end{array} \right\},
$$

and, for $0 < r < R$, the polydisc

$$
W_n = W_n(R, r) = \left\{ \boldsymbol{z} \in \mathbb{E}_n \;\middle|\; |x_0| \le R, ..., |x_{kn-1}| \le R, |w| \le r \right\}.
$$

On W_n, the discrete symplectic action $F^{\times n}$ is given by

$$
F^{\times n}(\boldsymbol{z}) = \sum_{j \in \mathbb{Z}_{kn}} \left(- |x_j - x_{j+1}|^2 + f_j(x_{j+1}, w + x_{j+1} - x_j) \right), \qquad \forall \boldsymbol{z} \in W_n.
$$

By Propositions 2.6 and 3.1(iii), $[W_n]$ is a generator of the local homology of $F^{\times n}$ at $0^{\times n}$.

Now, fix a vector $v \in \mathbb{R}^d$ such that $|v| = r$, and let $h : [0,1] \times W_n \to (\mathbb{R}^{2d})^{\times n}$ be the homotopy given by

$$
h(t, \boldsymbol{z}) = \boldsymbol{z} + t\boldsymbol{z}',
$$

where $\boldsymbol{z} = (x_0, y_0, ..., x_{kn-1}, y_{kn-1})$, $\boldsymbol{z}' = (0, y_0', 0, y_1', ..., 0, y_{kn-1}')$, and

$$y_j' = 0, \qquad \forall j \in \{0, ..., kn' - 1\},$$
$$y_j' = v, \qquad \forall j \in \{kn', ..., kn - 1\}.$$

Notice that

$$F^{\times n} \circ h(t, \boldsymbol{z}) = \sum_{j=0}^{kn'-1} \left(-|x_j - x_{j+1}|^2 + f_j(x_{j+1}, w + x_{j+1} - x_j) \right)$$

(3.3)

$$+ \sum_{j=kn'}^{kn-1} \left(-|x_j - x_{j+1}|^2 + f_j(x_{j+1}, tv + w + x_{j+1} - x_j) \right)$$

$$+ t \langle v, x_{kn'} - x_0 \rangle.$$

Let $\rho : [0, R] \to [0, \infty)$ be a monotone increasing continuous function such that

$$\rho(s) \leq \min \left\{ s^2, \min_{\substack{|z''| = s, \\ j \in \mathbb{Z}_k}} \{ -f_j(z'') \} \right\}.$$

This function allows us to express the following estimate:

$$-|x_j - x_{j+1}|^2 + f_j(x_{j+1}, u + x_{j+1} - x_j) \leq -\rho\left(\tfrac{|u|}{2}\right), \qquad \forall u \in \mathbb{R}^d \text{ with } |u| \leq R.$$

Now, let us apply this estimate to (3.3). Notice that, since $|v| = r \geq |w|$, at least one of the vectors w and $v + w$ has norm larger than or equal to $r/2$. Hence, if we choose $r < \epsilon/(2R)$, $n' > 2Rr/\left(\rho\left(\tfrac{r}{4}\right)k\right)$ and $n > 2n'$, we have

$$F^{\times n} \circ h(t, \boldsymbol{z}) \leq t \langle v, x_{kn'} - x_0 \rangle \leq t |v| \, |x_{kn'} - x_0| \leq 2Rr < \epsilon,$$
$$F^{\times n} \circ h(1, \boldsymbol{z}) \leq -kn' \rho\left(\tfrac{r}{4}\right) + \underbrace{\langle v, x_{kn'} - x_0 \rangle}_{\leq |v|(|x_{kn'}| + |x_0|)} \leq -kn' \rho\left(\tfrac{r}{4}\right) + 2Rr < 0.$$

This proves that the homotopy h deforms the disc W_n into the action sublevel set $\{F^{\times n} < 0\}$, and the disc W_n remains in the action sublevel set $\{F^{\times n} < \epsilon\}$ along the homotopy. In order to conclude the proof it is enough to show that, up to further assuming $r < \rho(R)/2R$, the boundary ∂W_n of the disc remains in the action sublevel set $\{F^{\times n} < 0\}$ along the homotopy. Consider an arbitrary $\boldsymbol{z} \in \partial W_n$. We have two (non-exclusive) cases: $|w| = r$ or $|x_j| = R$ for some $j \in \mathbb{Z}_{kn}$. In the former case, $|w| = r$, we have

$$F^{\times n} \circ h(t, \boldsymbol{z}) \leq -kn' \rho\left(\tfrac{|w|}{2}\right) + t \langle v, x_{kn'} - x_0 \rangle$$
$$\leq -kn' \rho\left(\tfrac{r}{2}\right) + 2Rr$$
$$\leq -kn' \rho\left(\tfrac{r}{4}\right) + 2Rr$$
$$< 0.$$

In the latter case, $|x_j| = R$ for some $j \in \mathbb{Z}_{kn}$, we have

$$F^{\times n} \circ h(t, \boldsymbol{z}) \leq \underbrace{f_{j-1}(x_j, y_{j-1} + t y_{j-1}')}_{\leq -\rho(R)} + t \underbrace{\langle v, x_{kn'} - x_0 \rangle}_{\leq 2Rr} \leq -\rho(R) + 2Rr < 0. \quad \blacksquare$$

Lemma 3.2 implies abundance of periodic points "localized" around the average-action of symplectically degenerate maxima in the average-action spectrum of ϕ. More precisely, we have the following theorem, from which Theorem 1.1 directly follows.

Theorem 3.3. *Let z_0 be a symplectically degenerate maximum of a Hamiltonian diffeomorphism $\phi = \psi_{k-1} \circ ... \circ \psi_0$ of the standard symplectic torus $(\mathbb{T}^{2d}, \omega)$. Assume that z_0 is isolated in the set of contractible fixed points of ϕ^n for all $n \in \mathbb{K}_{z_0}$. Then, there exist $n_{z_0} \in \mathbb{K}_{z_0}$ and a sequence $\{z_n \,|\, n \in \mathbb{K}_{z_0}, \, n \geq n_{z_0}\}$ of contractible periodic points of ϕ with the following properties: z_n is n-periodic and, if we denote by $\boldsymbol{z}_n$ the critical point of $F^{\times n}$ corresponding to z_n, we have $F^{\times n}(\boldsymbol{z}_n) > F^{\times n}(z_0^{\times kn})$ and*

$$(3.4) \qquad \lim_{n \to \infty} \left(F^{\times n}(\boldsymbol{z}_n) - F^{\times n}(z_0^{\times kn}) \right) = 0.$$

Remark 3.1. Equation (3.4) implies that $\{z_n \,|\, n \in \mathbb{K}_{z_0}, \, n \geq n_{z_0}\}$ is an infinite subset of contractible periodic points belonging to pairwise distinct orbits of ϕ. However, each periodic point z_n may have basic period that is a proper divisor of n. Nevertheless, if $\mathbb{K}_{z_0}$ contains all but finitely many prime numbers (for instance if 1 is the only Floquet multiplier of ϕ at z_0, according to Proposition 3.1(vi)), the growth rate of the contractible periodic orbits of ϕ having average-action in an arbitrarily small neighborhood of $F(z_0^k)$ is at least the one of the prime numbers. Indeed, if $F(z_0^k)$ is an isolated critical value of F, for every sufficiently large prime number n contained in $\mathbb{K}_{z_0}$, the periodic point z_n has minimal period n. ∎

Remark 3.2. Another interesting remark is that, if $F(z_0^k)$ is an isolated critical value of F and $\mathbb{K}_{z_0}$ contains infinitely many powers of a prime number p, Theorem 3.3 implies the existence of infinitely many contractible periodic points belonging to pairwise distinct orbits of ϕ, having basic periods in the set of powers of p and average-action in any arbitrarily small neighborhood of $F(z_0^k)$. ∎

Proof of Theorem 3.3. By contradiction, let us assume that such a sequence of periodic points does not exist. Hence, there exists $\epsilon > 0$ and an infinite subset $\mathbb{K} \subset \mathbb{K}_{z_0}$ such that, for every $n \in \mathbb{K}$, there are no critical values of $F^{\times n}$ in the interval $(nc, nc + \epsilon]$, where $c := F(z_0^{\times k})$. Notice that the critical point $z_0^{\times kn}$ of $F^{\times n}$ satisfies the assumptions of Proposition 2.7. This latter proposition implies that the inclusion induces a monomorphism

$$\iota_* : C_*(z_0^{\times kn}) \hookrightarrow H_*(\{F^{\times n} < nc + \epsilon\}, \{F^{\times n} < nc\}).$$

This gives us a contradiction. Indeed, the local homology $C_*(z_0^{\times kn})$ is non-trivial for all $n \in \mathbb{K}$, and the homological vanishing property of Lemma 3.2 implies that ι_* must be trivial provided n is large enough. ∎

3.4. **Symplectically degenerate minima.** The reader may wonder if there is a notion of symplectically degenerate minimum. Such a notion exists and is analogous to the one of symplectically degenerate maximum, see Hein [Hei11]. Briefly, we can say that symplectically degenerate minima arise when working with superlevel sets instead of sublevel sets. In this section, we give a definition using generating functions, and we state the main properties corresponding to the statements proved in the previous subsections for symplectically degenerate maxima. The proofs, *mutatis mutandis*, are entirely analogous and are left to the reader.

Let $\boldsymbol{z}$ be a critical point of the discrete symplectic action $F^{\times n}$, with $c := F^{\times n}(\boldsymbol{z})$. We denote by $\mathrm{mor}^+(\boldsymbol{z}) := 2dkn - \mathrm{mor}(\boldsymbol{z}) - \mathrm{nul}(\boldsymbol{z})$ the Morse co-index of $F^{\times n}$ at $\boldsymbol{z}$, and we define the inverted local homology by

$$\mathrm{C}_*^+(\boldsymbol{z}) := \mathrm{H}_*(\{F^{\times n} > c\} \cup \{\boldsymbol{z}\}, \{F^{\times n} > c\}).$$

We say that $z_0 \in \mathbb{T}^{2d}$ is a **symplectically degenerate minimum** when

(SDm1) z_0 is an isolated local minimum of the generating functions $f_0, ..., f_{k-1}$,

(SDm2) the inverted local homology $\mathrm{C}_{dkn+d}^+(z_0^{\times kn})$ is non-trivial for infinitely many $n \in \mathbb{N}$.

We denote by $\mathbb{K}_{z_0} \subset \mathbb{N}$ the infinite subset of those n for which **(SDm2)** holds. The easiest example of symplectically degenerate minimum z_0 is when $k = 1$ and z_0 is an totally degenerate local minimum of the generating function f_0. The homological vanishing property of Lemma 3.2 holds for symplectically degenerate minima after replacing the local homology with the inverted local homology, and all the sublevel sets with superlevel sets. Theorem 3.3 can be modified as follows.

Theorem 3.4. *Let z_0 be a symplectically degenerate minimum of a Hamiltonian diffeomorphism $\phi = \psi_{k-1} \circ ... \circ \psi_0$ of the standard symplectic torus $(\mathbb{T}^{2d}, \omega)$. Assume that z_0 is isolated in the set of contractible fixed points of ϕ^n for all $n \in \mathbb{K}_{z_0}$. Then, there exist $n_{z_0} \in \mathbb{K}_{z_0}$ and a sequence $\{z_n \mid n \in \mathbb{K}_{z_0}, \, n \geq n_{z_0}\}$ of contractible periodic points of ϕ with the following properties: z_n is n-periodic and, if we denote by $\boldsymbol{z}_n$ the critical point of $F^{\times n}$ corresponding to z_n, we have $F^{\times n}(\boldsymbol{z}_n) < F^{\times n}(z_0^{\times kn})$ and*

$$\lim_{n \to \infty} \left(F^{\times n}(z_0^{\times kn}) - F^{\times n}(\boldsymbol{z}_n) \right) = 0. \qquad \blacksquare$$

4. The Conley conjecture

Theorem 3.3 allows us to provide an easy proof of the Conley conjecture for the special case of Hamiltonian diffeomorphisms of standard symplectic tori that can be described by a single generating function (this latter condition being always satisfied for Hamiltonian diffeomorphisms that are sufficiently C^1-close to the identity).

Theorem 4.1. *Let ϕ be a Hamiltonian diffeomorphism of the standard symplectic torus $(\mathbb{T}^{2d}, \omega)$ that is described by a single generating function. If the set of contractible fixed points of ϕ is finite, then ϕ has a contractible periodic point of basic period p for all prime numbers p large enough.*

Proof. Let ϕ be a Hamiltonian diffeomorphism satisfying the assumptions of the theorem. In particular, adopting the notation of section 2, we can take $k = 1$ in the factorization (2.2). Let us assume that the theorem does not hold for ϕ: thus ϕ must have only finitely many contractible fixed points and, for all p belonging to an infinite set $\mathbb{K}$ of prime numbers, all the contractible p-periodic points of ϕ must be fixed points. In order to get a contradiction and complete the proof, it is enough to show that ϕ admits a symplectically degenerate maximum z_0 with $\mathbb{K}_{z_0} = \mathbb{N}$, and then apply Theorem 3.3 and Remark 3.1.

Let $\mathbb{F} \subset \mathbb{C}$ be the (finite) subset of the Floquet multipliers of the contractible fixed points of ϕ, and $\mathbb{F}' := \{q \in \mathbb{Q} \mid e^{i2\pi q} \in \mathbb{F}\}$. We denote by p_0 the maximum among the denominators of the rational numbers in $\mathbb{F}'$, and we set $\mathbb{K}' := \mathbb{K} \cap (p_0, \infty)$.

By Proposition 2.3, for every contractible fixed point z_0 of ϕ, we have

$$(4.1) \qquad\qquad \mathrm{nul}(z_0) = \mathrm{nul}(z_0^{\times n}), \qquad \forall n \in \mathbb{K}'.$$

Consider an arbitrary $n \in \mathbb{K}'$. By our assumptions on ϕ, the discrete symplectic action $F^{\times p} : (\mathbb{R}^{2d})^{\times n}/\mathbb{Z}^{2d} \to \mathbb{R}$ has only finitely many critical points. Fix $c > 0$ large enough so that all the critical values of $F^{\times n}$ are contained in the interval $(-c, c)$. Following McDuff and Salamon as in the proof of Proposition 2.1, after a suitable change of coordinates we can assume that the domain of the function $F^{\times n}$ is $\mathbb{T}^{2d} \times (\mathbb{R}^{2d})^{\times n-1}$, and

$$F^{\times n}(z_0, \boldsymbol{\zeta}) = Q(\boldsymbol{\zeta}) + B(z_0, \boldsymbol{\zeta}), \qquad \forall z_0 \in \mathbb{T}^{2d}, \ \boldsymbol{\zeta} \in (\mathbb{R}^{2d})^{\times n-1}.$$

Here $Q(\boldsymbol{\zeta}) = \langle Q'\boldsymbol{\zeta}, \boldsymbol{\zeta} \rangle$ is a non-degenerate quadratic form with Morse index $dn - d$, while B is a function of the form $B : (\mathbb{T}^{2d})^{\times n} \to \mathbb{R}$. Let us consider the orthogonal spectral decomposition associated with the symmetric matrix Q', i.e.

$$(\mathbb{R}^{2d})^{\times n-1} = \mathbb{E}^+ \oplus \mathbb{E}^-,$$

where $\mathbb{E}^+$ [resp. $\mathbb{E}^-$] is the positive [resp. negative] eigenspace of Q'. Since the Morse index of Q is $dn - d$, we have

$$\dim(\mathbb{E}^+) = \dim(\mathbb{E}^-) = dn - d.$$

For every $r > 0$ we define

$$N(r) := \big\{ (z_0, \boldsymbol{\zeta}) \in \mathbb{T}^{2d} \times (\mathbb{R}^{2d})^{\times n-1} \ \big| \ Q(\boldsymbol{\zeta}) \leq r \big\},$$
$$L(r) := \big\{ (z_0, \boldsymbol{\zeta}) \in N(r) \ \big| \ Q(\boldsymbol{\zeta}) \leq -r \big\}.$$

By the Künneth formula and excision, we have

$$\mathrm{H}_j(N(r), L(r)) \cong \bigoplus_{i \in \mathbb{Z}} \mathrm{H}_{j-i}(\mathbb{T}^{2d}) \otimes \mathrm{H}_i(\{Q \leq r\}, \{Q \leq -r\})$$
$$\cong \bigoplus_{i \in \mathbb{Z}} \mathrm{H}_{j-i}(\mathbb{T}^{2d}) \otimes \mathrm{H}_i(D^{dn-d}, \partial D^{dn-d})$$
$$\cong \mathrm{H}_{j-(dn-d)}(\mathbb{T}^{2d}),$$

where D^{dn-d} is the unit disc in $\mathbb{E}^-$. In particular

$$(4.2) \qquad\qquad \mathrm{H}_{dn+d}(N(r), L(r)) \cong \mathrm{H}_{2d}(\mathbb{T}^{2d}) \neq 0.$$

For $r > 0$ large enough, the set $N(r)$ contains all the critical points of $F^{\times n}$, $L(r)$ contains no critical points of $F^{\times n}$, and the gradient of $F^{\times n}$ is transverse to the boundaries of $N(r)$ and $L(r)$. Hence, we can use the gradient flow of $F^{\times n}$ to deform $N(r)$ onto the sublevel set $\{F^{\times n} \leq c\}$ and $L(r)$ onto the sublevel set $\{F^{\times n} \leq -c\}$ respectively. This, together with (4.2), implies

$$\mathrm{H}_{dn+d}(\{F^{\times n} < c\}, \{F^{\times n} < -c\}) \cong \mathrm{H}_{dn+d}(N(r), L(r)) \neq 0.$$

By the Morse inequality (see (2.10)) we infer that there exists a critical point $\boldsymbol{z}(n)$ of $F^{\times n}$ such that

$$(4.3) \qquad\qquad \mathrm{C}_{dn+d}(\boldsymbol{z}(n)) \neq 0.$$

By the assumptions on ϕ that we made in the first paragraph of the proof, for every $n \in \mathbb{K}'$, the periodic point of ϕ corresponding to $\boldsymbol{z}(n)$ is a fixed point. Since ϕ has only finitely many contractible fixed points, one of them, say z_0, must correspond to infinitely many critical points in the sequence $\{\boldsymbol{z}(n) \mid n \in \mathbb{K}'\}$. Namely, we can find an infinite subset $\mathbb{K}'' \subset \mathbb{K}'$ such that $\boldsymbol{z}(n) = z_0^{\times n}$ for all

$n \in \mathbb{K}''$. Thus, we have found a contractible fixed point z_0 satisfying assumption
(SDM2) in the definition of symplectically degenerate maximum (see section 3.1).

Now, fix an arbitrary $n \in \mathbb{K}''$. By Proposition 3.1(ii), the only Floquet multiplier
of ϕ^n at z_0 is 1. Thus the Floquet multipliers of ϕ at z_0 are all complex nth roots of
1. By (4.1) and Proposition 2.3, the only Floquet multiplier of ϕ at z_0 is 1 as well.
This, together with Proposition 3.1(vi), implies that the local homology $\mathrm{C}_{2d}(z_0)$ is
non-trivial, which is equivalent to the fact that z_0 is an isolated local maximum of
the generating function $F^{\times 1} = f_0 : \mathbb{T}^{2d} \to \mathbb{R}$. Therefore z_0 satisfies **(SDM1)**, and
it is a symplectically degenerate maximum with $\mathbb{K}_{z_0} = \mathbb{N}$.   ∎

Remark 4.1. Theorem 4.1 implies that the growth rate of the periodic orbits of
ϕ is at least like the one of prime numbers. Namely, if $N(p)$ is the number of
contractible periodic orbits of ϕ of basic period less than or equal to p, we have

$$\liminf_{p \to \infty} N(p) \frac{\log p}{p} \geq 1. \qquad\qquad ∎$$

If we relax the assumption that ϕ is described by a single generating function,
the proof of Theorem 4.1 goes through almost entirely, except for the last para-
graph. There, the proof would still allow to conclude that the fixed point z_0 has an
associated critical point $\boldsymbol{z} = (z_0, ..., z_{k-1})$ of $F^{\times 1}$ with non-trivial local homology
$\mathrm{C}_{dk+d}(\boldsymbol{z})$. However, since k is now larger than 1, the discrete symplectic action in
period 1 is not merely the generating function f_0, it is rather a function of the form
$F^{\times 1} : (\mathbb{R}^{2d})^{\times k}/\mathbb{Z}^{2d} \to \mathbb{R}$. Thus, in order to conclude, one must apply an argument
due to Hingston [Hin09, section 4] (see also [Gin10, section 5]) showing that, in this
situation, one can replace the factorization of ϕ with another equivalent one having
the property that z_0 is an isolated local maximum of all the generating functions
of the new factors.

As it was already noticed by Conley and Zehnder in one of their celebrated
papers [CZ84], the situation is significantly simpler if one considers Hamiltonian
diffeomorphisms whose periodic points are all non-degenerate. Indeed, under this
assumption, none of the periodic points satisfies condition **(SDM2)**. We conclude
the paper by providing a proof of Conley-Zehnder's Theorem under the slightly
weaker assumption that the contractible fixed points are non-degenerate.

Theorem 4.2. *Let ϕ be a Hamiltonian diffeomorphism of the standard symplectic
torus $(\mathbb{T}^{2d}, \omega)$ all of whose contractible fixed points are non-degenerate (i.e. none of
their Floquet multipliers is equal to 1). Then, for all prime numbers p large enough,
ϕ has at least two contractible periodic points of basic period p and belonging to
different orbits.*

Proof. Let us adopt the notation of section 2.1: in particular we consider a suitable
factorization of ϕ as in (2.2) and, for every period $n \in \mathbb{N}$, we consider the associated
discrete symplectic action $F^{\times n} : (\mathbb{R}^{2d})^{\times kn}/\mathbb{Z}^{2d} \to \mathbb{R}$ defined in (2.4). By our
assumption and Proposition 2.2, all the critical points of $F^{\times 1}$ are non-degenerate.
In particular, they are all isolated critical points, and since they are contained in a
compact subset of the domain of $(\mathbb{R}^{2d})^{\times k}/\mathbb{Z}^{2d}$ (see Proposition 2.1) they are finitely
many.

Let $\mathbb{F} \subset \mathbb{C}$ be the (finite) subset of the Floquet multipliers of the contractible
fixed points of ϕ, and $\mathbb{F}' := \{q \in \mathbb{Q} \,|\, e^{i2\pi q} \in \mathbb{F}\}$. We denote by p_0 the maximum

among the denominators of the rational numbers in $\mathbb{F}'$, and by $\mathbb{K}'$ the set of all prime numbers larger than p_0. By Proposition 2.3, for any critical point $\boldsymbol{z}$ of $F^{\times 1}$, we have

$$(4.4) \qquad \mathrm{nul}(\boldsymbol{z}^{\times n}) = \mathrm{nul}(\boldsymbol{z}) = 0, \qquad \forall n \in \mathbb{K}'.$$

By Propositions 2.4(i) and 2.5, if $\overline{\mathrm{mas}}(\boldsymbol{z}) = 0$ we have that $-d < \mathrm{mas}(\boldsymbol{z}^{\times n}) < d$ and thus $dkn - d < \mathrm{mor}(\boldsymbol{z}^{\times n}) < dkn + d$ for all $n \in \mathbb{K}'$. If $\overline{\mathrm{mas}}(\boldsymbol{z}) \neq 0$, for all $n \in \mathbb{K}'$ larger than some $n_{\boldsymbol{z}}$ we have that $|\mathrm{mas}(\boldsymbol{z}^{\times n})| > d$, and either $\mathrm{mor}(\boldsymbol{z}^{\times n}) < dkn - d$ or $\mathrm{mor}(\boldsymbol{z}^{\times n}) > dkn + d$. We denote by n_0 the maximum among the $n_{\boldsymbol{z}}$ (for all critical points $\boldsymbol{z}$ of $F^{\times 1}$), and by $\mathbb{K}$ the set $\mathbb{K}' \cap [n_0, \infty)$ of all prime numbers larger than p_0 and n_0. Summing up, for all critical points $\boldsymbol{z}$ of $F^{\times 1}$ we have

$$(4.5) \qquad \mathrm{mor}(\boldsymbol{z}^{\times n}) \neq dkn - d \quad \text{and} \quad \mathrm{mor}(\boldsymbol{z}^{\times n}) \neq dkn + d, \qquad \forall n \in \mathbb{K}.$$

Now, fix an arbitrary $n \in \mathbb{K}$ and choose $c > 0$ large enough so that all the critical values of $F^{\times n}$ are contained in the interval $(-c, c)$. With the exact same argument as in the proof of Theorem 4.1, we have

$$\mathrm{H}_*(\{F^{\times n} < c\}, \{F^{\times n} < -c\}) \cong \mathrm{H}_{*-(dkn-d)}(\mathbb{T}^{2d}).$$

In particular $\mathrm{H}_j(\{F^{\times n} < c\}, \{F^{\times n} < -c\})$ is non-trivial for $j = dkn - d$ and $j = dkn + d$. Let us assume that the discrete symplectic action $F^{\times n}$ has only finitely many critical points (otherwise ϕ has infinitely many contractible periodic points with basic period n, and we are done). By the generalized Morse inequality (2.10), $F^{\times n}$ has critical points $\boldsymbol{z}'$ and $\boldsymbol{z}''$ such that $\mathrm{C}_{dkn-d}(\boldsymbol{z}')$ and $\mathrm{C}_{dkn+d}(\boldsymbol{z}'')$ are non-trivial.

Notice that the contractible periodic points corresponding to $\boldsymbol{z}'$ and $\boldsymbol{z}''$ are not fixed points, and thus have basic period n. Indeed, by (4.5), every critical point of $F^{\times n}$ of the form $\boldsymbol{z}^{\times n}$ has Morse index different than $dkn \pm d$. By (4.4), $\boldsymbol{z}^{\times n}$ is a non-degenerate critical point, and thus its local homology is non-trivial only in degree $\mathrm{mor}(\boldsymbol{z}^{\times n})$.

If we write $\boldsymbol{z}' = (z_0', ..., z_{kn-1}')$, we have that $z_{k(j+1)}' = \phi(z_{kj}')$ for all $j \in \mathbb{Z}_n$. Notice that there is an action of $\mathbb{Z}_n$ on the domain of $F^{\times n}$ generated by the shift

$$(z_0, z_1, ..., z_{kn-1}) \mapsto (z_k, z_{k+1}, ..., z_{kn-1}, z_0, z_1, ..., z_{k-1}).$$

The discrete symplectic action is invariant by this action. Moreover the set of critical points of $F^{\times n}$ corresponding to the periodic points in the ϕ-orbit of z_0' is precisely the $\mathbb{Z}_n$-orbit of $\boldsymbol{z}'$. All these critical points share the same Morse index, nullity and local homology.

In order to conclude the proof, we will show that $\boldsymbol{z}''$ does not belong to the $\mathbb{Z}_n$-orbit of $\boldsymbol{z}'$. We proceed by contradiction assuming that this is not true. In particular, $\boldsymbol{z}'$ and $\boldsymbol{z}''$ have the same local homology, and thus $\mathrm{C}_j(\boldsymbol{z}'')$ is non-trivial in both degrees $j = dkn - d$ and $j = dkn + d$. This implies $\mathrm{mor}(\boldsymbol{z}'') \leq dkn - d$ and $dkn + d \leq \mathrm{mor}(\boldsymbol{z}'') + \mathrm{nul}(\boldsymbol{z}'')$. Since $\mathrm{nul}(\boldsymbol{z}'') \leq 2d$, these two inequalities are actually equalities, i.e.

$$\mathrm{mor}(\boldsymbol{z}'') = dkn - d,$$
$$\mathrm{nul}(\boldsymbol{z}'') = 2d.$$

Therefore, the local homology $\mathrm{C}_j(\boldsymbol{z}'')$ is non-trivial in maximal degree $j = dkn + d = \mathrm{mor}(\boldsymbol{z}'') + \mathrm{nul}(\boldsymbol{z}'')$, and according to Proposition 2.6(i) it must be trivial in all

the other degrees. This is in contradiction with the fact that $C_{dkn-d}(z'')$ is non-trivial. ∎

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