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## HW IX: Markov chain mixing time (due May 9th before tutorial)

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Let  $P$  be the transition matrix of a Markov chain on a finite state space  $S$ , with stationary distribution  $\{\pi_i\}_{i \in S}$ . Our objective here is to give a method to obtain bounds on the time for the Markov chain to converge to the stationary distribution  $\pi$ .

1. First, we need to define a distance between probability distributions. For two distributions  $\mu$  and  $\nu$  on  $S$ , we define

$$\|\mu - \nu\|_{TV} = \max_{A \subset S} |\mu(A) - \nu(A)|.$$

Prove that  $\|\mu - \nu\|_{TV} = \frac{1}{2} \sum_{i \in S} |\mu(i) - \nu(i)|$ .

2. Let  $X, Y$  be random variables taking values in  $S$  (and living in the same probability space) such that  $X$  has distribution  $\mu$  and  $Y$  has distribution  $\nu$ . Show that  $\|\mu - \nu\|_{TV} \leq \mathbf{P}\{X \neq Y\}$ .

**Bonus:** Prove that for any  $\mu$  and  $\nu$ , there exists a coupling of  $X$  and  $Y$ , i.e., a joint probability space, such that  $X \sim \mu$  and  $Y \sim \nu$  and we have  $\|\mu - \nu\|_{TV} = \mathbf{P}\{X \neq Y\}$ .

3. The convergence theorem we showed (or will show) in class amounts to saying that for any starting state  $i$ , we have  $\|P_{i,\cdot}^n - \pi\|_{TV} \rightarrow 0$  as  $n \rightarrow \infty$ . Here  $P_{i,\cdot}^n$  is the probability distribution of the state of the chain at time  $n$  starting at state  $i$ . We now use question 2 to obtain a bound on the mixing time of a specific Markov chain.

We consider a Markov chain  $P$  with state space  $\mathcal{S}_n$  the set of permutations of  $\{1, \dots, n\}$ . When we are at state  $\sigma$ , we choose  $i \in \{1, \dots, n\}$  uniformly at random and the next state is given by  $\sigma' = \sigma \cdot (i \ i - 1 \dots 1)$ , i.e., the composition of the permutation  $\sigma$  and the cycle permutation  $1 \mapsto 2, 2 \mapsto 3, \dots, i \mapsto 1$ . In words, think of  $1, \dots, n$  as cards arranged in some order given by  $\sigma$  ( $\sigma(i)$  is the number of the  $i$ -th card) and we shuffle the set of cards by taking the top card and mapping it to a random position  $i$ , getting a new arrangement of cards given by  $\sigma'$ .

- (a) Show that the uniform distribution  $u$  over  $\mathcal{S}_n$  is a stationary distribution.
- (b) Let  $\{X_t\}$  and  $\{Y_t\}$  be Markov chains with transition matrix  $P$  starting at  $X_0 = \sigma$  and  $Y_0$  having distribution  $u$ . Show that

$$\|P_{\sigma,\cdot}^t - u\|_{TV} \leq \mathbf{P}\{X_t \neq Y_t\}.$$

- (c) Choose a coupling, i.e., a joint probability space for  $\{X_t\}$  and  $\{Y_t\}$  in such a way to have  $\mathbf{P}\{X_t \neq Y_t\} \leq \frac{1}{10}$  for  $t = O(n \log n)$ .