# Dealing with nonstationarities in biomedical signals

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why examples how agenda

# Why being interested in nonstationarity?

Common concepts attached to **nonstationarity**:

- changes
- evolutions
- modifications
- disturbances

with respect to many different situations:

- signals (mean, variance, spectrum, ...)
- systems (models, ...)
- measurements (experimental conditions, baseline, ...)

Nonstationarity is the **rule**, not the exception ("*Stationarity is a fairy tale for graduate students*" (D.J. Thomson, *Proc. IEEE ICASSP-94)*)

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## Why being interested in nonstationarity?

Speech as a typical example



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## Why being interested in nonstationarity?

#### Trend and fluctuations



<sup>(</sup>courtesy of M. Orini)

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How to deal with nonstationarities?

#### Observation

Two key concepts attached to stationarity:

- (Fourier) frequency
- 2 time-invariance

Principle

Wedding time and frequency (at large)

- Time-Frequency (TF) and Time-Scale (TS) methods
- time-dependent models and/or algorithms (adaptivity)

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# TF/TS: what's new?

#### **30 years** of theory and applications

- energy distributions
- wavelets
- time-varying models
- Instant and a second second
  - TF resolution and estimation trade-offs (reassignment/synchrosqueezing + multitapering)
  - data-driven decompositions (Empirical Mode Decomposition)
  - bivariate signals (TF coherence and EMD)
  - decision (stationarity tests + TF machines)
  - scaling beyond self-similarity (multifractals)

 Nonstationarities
 w

 Time-Frequency/Time-Scale
 e

 Empirical Mode Decomposition
 h

 Revisiting stationarity
 a

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# Today's agenda

#### **30 years** of theory and applications

- energy distributions
- wavelets
- time-varying models
- In the second second
  - TF resolution and estimation trade-offs (reassignment/synchrosqueezing + multitapering)
  - data-driven decompositions (Empirical Mode Decomposition)
  - bivariate signals (TF coherence and EMD)
  - decision (stationarity tests + TF machines)
  - $\bullet\,$  scaling beyond self-similarity (multifractals)  $\rightarrow$  P. Abry's talk

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# Quadratic TF distributions

#### Observation

Many quadratic TF distributions have been proposed in the literature since more than half a century (e.g., spectrogram and Wigner-Ville): **none fully extends the notion of spectrum density to the nonstationary case**.

**Principle of conditional unicity** — **Classes** of quadratic distributions of the form  $\rho_x(t, f) = \langle x, \mathbf{K}_{t,f} x \rangle$  can be constructed based on **covariance requirements** :

$$\begin{array}{cccc} \mathbf{x}(t) & \to & \rho_{\mathbf{x}}(t,f) \\ \downarrow & & \downarrow \\ (\mathbf{T}\mathbf{x})(t) & \to & \rho_{\mathbf{T}\mathbf{x}}(t,f) = (\mathbf{\tilde{T}}\rho_{\mathbf{x}})(t,f) \end{array}$$

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## Classes of quadratic TFDs

• Cohen's class — Covariance w.r.t. TF shifts  $(\mathbf{T}_{t_0, f_0} x)(t) = x(t - t_0) \exp\{i2\pi f_0 t\}$  leads to Cohen's class (Cohen, '66) :

$$C_{\mathbf{x}}(t,f) := \iint W_{\mathbf{x}}(s,\xi) \, \Pi(s-t,\xi-f) \, ds \, d\xi,$$

with  $W_x(t, f)$  the Wigner-Ville distribution (WVD) and  $\Pi(t, f)$  "arbitrary" (to be specified via additional constraints).

• Variations — Other choices possibles, e.g.,  $(\mathbf{T}_{t_0,f_0}x)(t) = (f/f_0)^{1/2}x(f(t-t_0)/f_0) \rightarrow \text{affine class}$  (Rioul & F, '92), etc.

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## An example of definition

**Spectrogram** — If we consider the case of the **spectrogram** with window h(t), one can write:

$$S_{x}^{(h)}(t,f) = \left| \int x(s) \overline{h(s-t)} e^{-i2\pi f s} ds \right|^{2}$$
  
=  $\left| \langle x, \mathbf{T}_{t,f} h \rangle \right|^{2}$   
=  $\iint W_{x}(s,\xi) W_{\mathbf{T}_{t,f}h}(s,\xi) ds d\xi$   
=  $\iint W_{x}(s,\xi) W_{h}(s-t,\xi-f) ds d\xi$ 

 $\Rightarrow$  a spectrogram is a member of Cohen's class, with kernel

$$\Pi(t,f)=W_h(t,f)$$

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Cohen's class and smoothing

 From Wigner-Ville to spectrograms — A generalization amounts to choose a smoothing function Π(t, f) allowing for a continuous and separable transition between Wigner-Ville and a spectrogram (smoothed pseudo-Wigner-Ville distributions) :

 $egin{array}{rcl} WVD & \ldots & 
ightarrow & SPWVD & \ldots & 
ightarrow & spectrogram \ \delta(t)\,\delta(f) & g(t)\,H(f) & W_h(t,f) \end{array}$ 

 Successful uses in biomedical applications, in particular HRV and the quantification of LF vs. HF components during nonstationary events (see Mainardi, '09)

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## SPWVD quantification of HRV



Figure 3. (a) (i) RR interval series obtained for a normal volunteer during stress testing, (ii) the TFR obtained by SPWV and (iii) trend of LF power. (b) (i) RR series, (ii) tracking of LF and HF frequencies and (iii) trend of HF power. Note that the decrease in LF power during stress (related to reduction in the overall HRV during effort) is accompanied by the persistence of the HF component even at a higher workload. The RR stress data were collected during the study by Bailón et al. (2006b) and kindly provided by the authors.

(from Mainardi, Phil. Trans. R. Soc. A, '09)

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## TF trade-offs

Back to Cohen's class — Given the smoothing relation

$$C_x(t,f) = \iint W_x(s,\xi) \Pi(s-t,\xi-f) \, ds \, d\xi,$$

one is faced with two types of trade-offs:

- a geometrical trade-off between auto-terms localization and cross-terms interference for deterministic signals (C<sub>x</sub> as a TFD)
- a statistical trade-off between bias and variance for stochastic signals (*C<sub>x</sub>* as an estimator of the WV spectrum defined as E{*W<sub>x</sub>*(*t*, *f*)})

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## Geometrical trade-off: TF reassignment

#### Idea

Replace the **geometrical** center of the smoothing TF domain by the **center of mass** of the WVD over this domain, and **reassign** the value of the smoothed distribution to this local centroïd

$$C_{\mathbf{X}}(t,f)\mapsto \iint C_{\mathbf{X}}(s,\xi)\,\delta\left(t-\hat{t}_{\mathbf{X}}(s,\xi),f-\hat{f}_{\mathbf{X}}(s,\xi)
ight)\,ds\,d\xi$$

#### Remark

Reassignment has been first introduced for the only spectrogram (Kodera et al., '76), but its principle has been further generalized to **any** distribution resulting from the smoothing of a localizable mother-distribution (Auger & F., '95)

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## Reassignment



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## Reassignment



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## Reassignment



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## Reassignment



time





time

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# Reassignment in action

#### Pros

- Efficient, implicit algorithms
- Very good properties of localization for chirps (> spectrogram)

#### Cons

High sensitivity to noise (< spectrogram)

#### Aim

Reduce fluctuations while preserving localization

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## Back to spectrum estimation

 Stationary processes — The power spectrum density can be viewed as:

$$\mathbf{S}_{x}(f) = \lim_{T \to \infty} \mathbb{E} \left\{ \frac{1}{T} \left| \int_{-T/2}^{+T/2} x(t) \, e^{-i2\pi f t} \, dt \right|^{2} \right\}$$

 In practice — Only one, finite duration, realization ⇒ crude periodogram (squared FT) = non consistent estimator with large variance

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# Classical way out (Welch, '67)

Principle

Method of averaged periodograms

$$\hat{\mathbf{S}}_{x,K}^{(W)}(f) = \frac{1}{K}\sum_{k=1}^{K}S_{x}^{(h)}(t_{k},f)$$

with  $t_{k+1} - t_k$  of the order of the width of the window h(t)

#### Result

**Bias-variance trade-off** — Given T (finite), increasing  $K \Rightarrow$  reduces variance, but increases bias

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# Multitaper solution (Thomson, '82)

Principle

Compute

$$\hat{\mathbf{S}}_{x,K}^{(T)}(f) = rac{1}{K} \sum_{k=1}^{K} S_x^{(h_k)}(0,f)$$

with  $\{h_k(t), k \in \mathbb{N}\}\$  a family of orthonormal windows extending over the whole support of the observation  $\Rightarrow$  **reduced variance, without sacrifying bias** 

Nonstationary extension — Multitaper spectrogram

$$\hat{\mathbf{S}}_{x,K}^{(T)}(f) 
ightarrow S_{x,K}(t,f) := rac{1}{K} \sum_{k=1}^{K} S_x^{(h_k)}(t,f),$$

with localization controlled by most spread spectrogram

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# Geometrical & statistical trade-offs: multitaper reassignment (Xiao & F., '06)

#### Idea

Combine the advantages of reassignment (w.r.t. localization) with those of multitapering (w.r.t. fluctuations)

$$\mathcal{S}_{x,K}(t,f) 
ightarrow \mathcal{RS}_{x,K}(t,f) := rac{1}{K} \sum_{k=1}^{K} \mathcal{RS}_{x}^{(h_{k})}(t,f)$$

- coherent averaging of chirps (localization independent of the window)
- incoherent averaging of noise (different TF distributions for different windows)

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#### Illustration



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# HRV example (RR intervals)

spectrogram



4-taper spectrogram



reassigned spectrogram



reassigned 4-taper spectrogram



time

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# A brief summary on quadratic TFDs

#### Pros

- versatile tools for exploratory data analysis
- well-established theory, amenable to bivariate signals: TF coherence (Orini et al., '09)
- allow for decision tasks
  - feature extraction: NNMF (Ghoraani & Krishnan, '09)
  - information measures: Rényi entropies (Baraniuk & al., '01 + Tong et al., '05)
  - classification: TF machines (Honeine et al., '07)

#### Cons

 no easy way back from TF to signal ⇒ from energy distributions to signal decompositions?

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# Discrete Wavelet Transform (DWT)



(Meyer, 85 + Mallat, '86 + Daubechies, '87 + ...)

- separation "approximation vs. detail" based on a priori (dyadic) filtering
- "global" analysis
- other, data-driven, schemes?

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# Empirical Mode Decomposition (EMD) as an alternative



(Huang et al., Proc. Roy. Soc. A., '98)

- separation "fast vs. slow" data driven
- "local" analysis based on extrema
- still open question: which theoretical framework?

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# EMD algorithm

- identify local maxima and local minima
- deduce an upper envelope and a lower envelope by interpolation (cubic splines)
  - subtract the mean envelope from the signal
  - ② iterate until "mean envelope = 0" (sifting)

subtract the obtained mode from the signal

④ iterate on the residual

$$\begin{array}{rcl} x(t) &=& c_1(t) + r_1(t) \\ &=& c_1(t) + c_2(t) + r_2(t) \\ &=& \dots &=& \sum_{k=1}^{K} c_k(t) + r_K(t), \end{array}$$

with the  $c_k(t)$ 's referred to as **Intrinsic Mode Functions** (IMFs)

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## EMD algorithm in action





#### IMF 1; iteration 0

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## **EMD** features

- Locality The method operates at the scale of one oscillation
- Adaptivity The decomposition is fully data-driven
- Multiresolution The iterative process explores sequentially the "natural" constitutive scales of a signal
- Oscillations of any type No assumption on the (e.g., harmonic) nature of oscillations ⇒ 1 nonlinear oscillation = 1 mode
- Instantaneous frequency By construction, IMFs are zero-mean time-varying waveforms ⇒ Hilbert transform analysis (so-called "Hilbert-Huang Transform")

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# EMD vs. wavelets

 similarity: both achieve a decomposition into "fluctuations" and "trend"

$$\begin{aligned} x(t) &= \sum_{k} c_{k}(t) + r_{K}(t) \qquad (\text{EMD}) \\ &= \sum_{k} d_{k}(t) + a_{K}(t) \qquad (\text{DWT}) \end{aligned}$$
with  $d_{k}(t) &= \sum_{n} \langle x, \psi_{kn} \rangle \psi_{kn}(t)$   
and  $a_{K}(t) &= \sum_{n} \langle x, \varphi_{Kn} \rangle \varphi_{Kn}(t)$ 

2 difference: scales are **pre-determined** for DWT  $(\{\varphi, \psi\}_{kn}(t) = 2^{-k/2} \{\varphi, \psi\} (2^{-k}t - n))$  and **adaptive** (data-driven) for EMD

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# HRV analysis

- Sympatho-vagal balance quantified by comparing the low-frequency (LF) and high-frequency (HF) components of RR intervals
- Frequency bands usually fixed a priori (LF = 0.04-0.15 Hz and HF = 0.15-0.4 Hz) ⇒ use of pre-determined, time-invariant filters
- EMD data-driven ⇒ automatic, adaptive selection of time-varying frequency bands ⇒ possibility of dealing with postural changes in tilt tests

#### Idea

HF vs.  $LF \rightarrow$  fast vs. slow oscillations + locality

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## HRV analysis. Example 1







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# HRV analysis. Example 2 (Souza Neto et al., '02)



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# Extensions and uses

- Some extensions
  - Ensemble EMD Increased robustness by adding controlled noise to data (Wu & Huang, '09)
  - Bivariate and multivariate EMD Analysis of bivariate or complex-valued signals (oscillations → rotations) (Rilling et al., '07) + Rehman & Mandic, '10
  - **Synchrosqueezing** Variant of (wavelet-based) reassignment performing an EMD-like decomposition (Daubechies *et al.*, '09)
- Some uses
  - Pre-processing Baseline removal, signal disentanglement, selection of significant IMFs
  - Post-processing Hilbert transform of IMFs, grouping of significant IMFs, (local) trend removal, denoising from partial coarse-to-fine reconstruction, scaling analysis

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# Some biomedical EMD applications

- HRV and baroreflex (Souza Neto et al., '02-'04-'07; Magagnin et al., '08-'09; Ihlen, '09; Yeh et al., '10) + ECG: baseline removal (Lemay & Vesin, '06; Pan et al., '07) + QRS detection and ventricular fibrillation (Hadj Slimane & Naït-Ali, '09) + Sleep apnea (Corthout et al., '08) + Cardiorespiratory synchronization (Wu & Huang, '09)
- EEG: seizure detection and ocular artifacts (McKeown *et al.*, '05; Pachori, '08; Raghavendra & Dutt, '07) + Event-Related
   Potential classification (Liang *et al.*, '05; Williams *et al.*, '09)
- Postural stability analysis (Amoud et al., '08)
- Laser-Doppler flowmetry (Roulier et al., '05)
- Esophageal data analysis (Liang et al., '05)

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# Nonstationarity?

- In Nonstationarity is a non-property ⇒ no unique form, but infinite number of possibilities
- Onstationarities to be contrasted with stationarity

#### Observation

Although well-defined in theory, stationarity **doesn't exist** in practice  $\Rightarrow$  dealing with nonstationarity/ies cannot be disentangled from revisiting stationarity in some **operational sense** 

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#### Back to the speech example



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#### Nonstationary



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# Stationary



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?







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## Nonstationary again!



--25 mi

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# **Relative stationarity**

#### Form of invariance, with respect to

- time and/or space evolutions
- more general transformations (e.g., self-similarity)
- Pelative concept, depending on "scale"
- ③ Could be stochastic (e.g., mean or variance) as well as deterministic (e.g., AM/FM)

#### Idea

Use Time-Frequency (TF) or Time-Scale (TS) as a unified framework

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## Relative stationarity in the TF plane



time

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# Testing for stationarity: local = global?

- test calls for a stationary reference: how?
  - nonstationarity encoded in time evolution or, equivalently, in spectrum phase
  - stationarization via spectrum phase randomization
- new use of surrogate data technique (Theiler et al., '92)
- basic algorithm:

1 
$$\hat{x} = FFT(x)$$
 %  $x =$  original data

2 draw WGN  $\epsilon(t)$  and compute  $\hat{\epsilon} = FFT(\epsilon)$ 

$$\hat{x} \leftarrow |\hat{x}| \exp\{i \arg \hat{\epsilon}\}$$

4  $y = \mathsf{IFFT}(\hat{x}) \$ %  $y = \mathsf{surrogate data}$ 

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## Stationarization via surrogates 1.





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# The proposed approach

#### Principle

- ① compute, from the data, a set of stationary surrogates
- attach to both data and surrogates a series of features aimed at comparing local vs. global behaviors
- ③ construct a test based on the empirical statistical characterization of such features for surrogates (null hypothesis of stationarity)

(Xiao et al., EUSIPCO'06]; Xiao et al., IEEE-SSP'07; Borgnat et al., IEEE-TSP'10)

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#### **Two variations**

#### Approach 1

Compute a **distance** between global and local spectra, and construct a one-sided test based on the **surrogates distribution** 

Approach 2

Consider surrogates as a stationary **learning set**, and construct an outlier detection test by using the machinery of **one-class SVM** 

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#### Variation 1: "local-global" distance



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## Variation 2: one-class SVM

- **rationale**: determine the minimum volume hypersphere that encloses (most of) the training points, up to a small fraction of data excluded from the domain.
- optimization: trade-off between minimizing the radius r\* of the enclosing hypersphere and controlling the sum of the slack variables ξ<sup>\*</sup><sub>i</sub> associated with each outlier.



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### Variation 2: one-class SVM



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# Concluding remarks



- TF/TS, decompositions, models
- from exploratory data analysis to processing and decisions
- From theory to applications, and back
  - well-established standard methodologies, equipped with algorithms, freewares, ... ⇒ improved toolkit for biomedical signals
  - specific biomedial problems ⇒ sources of inspiration for new dedicated tools!